



# RECREATION CONNECTION

Wasatch Recreation Center  
345 West 600 South, Heber  
(435) 657-3240  
www.wasatchparksandrec.com

Hours:  
Monday through Friday 5:30 a.m.—8:00 p.m.  
Saturday: 7:00 a.m.– 5:00 p.m.  
CLOSED Sunday

September 2024

## FALL SOCCER 2024

**Fall Soccer registration** will be May 20-Aug 18. The cost is \$45 and is open to all children ages 3 -12 years old. Registration may not be available after August 18 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee. Please register your child according to their grade as of Fall 2024.

**Requests** (read carefully!) Requests will be taken for siblings in all age groups, and for children in Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child NOTE: the requested player must also request to be with your child. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after Aug 18.

**Registration includes:** 2 player clinics September 18, September 25 and 8 League games.

**Games:** Fall soccer games will be played on Tuesdays and Saturdays, Sept 7 – Oct 1. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (U6 game times are slightly different, with 45 min between games) Game locations will be determined after registration closes.

**Uniform:** Reversible soccer shirts are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

**Volunteer Coaches** are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment. During the registration process, please mark "yes" to the question "would you like to coach?" if you are interested in coaching your child's team.

**Soccer Referees:** Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended. To be a referee or for any additional information, call Kylee at 435-657-3240.

## FLAG FOOTBALL

For youth in grades 2-6 for the 2024/2025 school year. This league will give participants an exciting opportunity to play 7 on 7, non-contact flag football. Register May 6th – August 25th at the Rec Center or Online. League starts on September 7<sup>th</sup> and will run through October 1st. Games will be played on Tuesday evenings at 5 or 6 pm and Saturday mornings at 9 or 10 am. Registration cost is \$45. Players will wear the reversible black or gold jersey that is also used for soccer. Volunteer coaches are always needed and appreciated. Jerseys are sold at the Rec. Center for \$15.00.



## GAME ON! SPORTS 4 GIRLS

Join Game On! Sports 4 Girls for the Fall session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every 1-3 weeks. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play – no sandals, bare feet or boots allowed.

**Schedule:** Wednesdays October 2– November 13  
(No class October 16)  
**Time:** 4:00– 5:00pm at the Rec. Center  
**Cost:** \$84  
For girls in K– 4th grade

## SUPPORTING LOCAL to support our locals

We love our community and can't do it without YOU. Sponsorships are a big part of what we do and how we're able to facilitate programs within Parks & Rec:

Advertise today at the Wasatch County Recreation Center or inquire about other available opportunities with Jen Bowman at  
435-657-3229 or  
[jbowman@wasatch.utah.gov](mailto:jbowman@wasatch.utah.gov)

## WHS GIRLS BASKETBALL FALL CLINIC

Clinic is designed to elevate all athletes' basketball skills, regardless of starting point. Our clinic includes **Guards/Post skill development**, dribbling skills, shooting skills, passing skills, defensive skills, agilities, and lots of fun!

Sign up at [www.myschoolfees.com](http://www.myschoolfees.com). Camp is held at Rocky Middle School Gyms. Questions contact Coach Hull 435-654-0640 ext. 3753

**K- 3<sup>rd</sup> Grade- (Boys may attend this session) Cost: \$80**  
Monday & Thursday Times: 4:00- 5:00pm  
Saturday Time: 9:00- 10:00am  
September 16<sup>th</sup>, 19<sup>th</sup>, 21<sup>st</sup>, 23<sup>rd</sup>, 26<sup>th</sup>, & 28<sup>th</sup>

**4<sup>th</sup>- 8<sup>th</sup> Grade- Cost: \$120**  
Monday & Thursday Times: 5:15- 6:45pm  
Saturday Time: 10:15- 11:45am  
September 16<sup>th</sup>, 19<sup>th</sup>, 21<sup>st</sup>, 23<sup>rd</sup>, 26<sup>th</sup>, & 28<sup>th</sup>

## GYMNASTICS

October Session: October 3– October 31  
 \*No class October 17  
 All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
Preschool Boys and girls 3-5 years old	Introductory	<b>Thursday</b> 4:00– 4:50pm, 5:00– 5:50pm <b>COST: \$75</b>
Kindergarten Boys and girls 5-6 years old	Introductory	<b>Thursday</b> 4:00– 5:00pm, 5:00– 6:00pm <b>COST: \$85</b>

## ADAPTIVE RECREATION

Come join our unified community Special Olympics team for year-round sports fun!

Our program is FREE to participate.

We offer sports programs for Bocce, Bowling, Cycling, Alpine Skiing, Pickleball, Soccer, and much more!

For more information, visit our website by scanning the QR code below, or e-mail us at [so.wasatch.heber@gmail.com](mailto:so.wasatch.heber@gmail.com).



Ages 8 and up  
(no age cap)!

No experience required.



## ART CLASSES

We have planned engaging projects that will introduce your children to a variety of art mediums, including watercolor, acrylics, crayons, and markers. These projects are specifically designed for children aged 5-12 years old. I will be present throughout the class to assist them with step-by-step guidance. Taught by Bailey Tillotson with Kreative Haven.

Dates/ Time: 10/2, 10/9, 10/22, and 10/29 4:00PM

Price: \$70

## SPEED & AGILITY

Wasatch PT is putting on a speed & agility clinic. The clinic is designed to help young athletes develop the physical skills and athletic abilities they need to succeed in a wide range of sports. We'll focus on improving strength, agility, and speed through a variety of exercises and drills. This clinic will be held at the Wasatch PT Sports Performance facility. Spots are limited, sign up today!

Ages: 11-15

October Class: Tuesday/ Thursday October 1st – October 24th

November Class: Tuesday/ Thursday November 5th– December 3<sup>rd</sup> (No class November 28<sup>th</sup>)

Time: 4:00-5:00pm

Cost: \$95

Location: Wasatch PT Sports Performance facility (476 N Main St.) For additional information and to register go to [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) or by phone at 435-657-3240

## FUTSAL

A fun indoor 5 vs 5 play beginning November 6<sup>th</sup>. Games will be Wednesday and Thursday, and possibly Friday depending on the amount of players we have registered, and games will begin at 5PM. For youth in 1<sup>st</sup>-8<sup>th</sup> grade. Registration cost is \$45. Players will wear the reversible black or gold jersey that is also used for soccer. Registration will be from August 26<sup>th</sup>- October 27th. Register at the Rec. Center or at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)

## PICKLEBALL CLINIC

Discover the exciting game of pickleball at our camp! Whether you're a beginner or aiming to refine your skills, we have something for everyone. Our older age group will concentrate on perfecting dinks, drops, and drives, while younger groups will focus on understanding the rules and gaining practical game experience. Join us for a fun and educational experience tailored to all skill levels.

October 28,30, November 4,6

9-11 year olds: 6pm-7pm

12-16 year olds: 7pm – 8pm

18+ : 8pm – 9pm

\$65

## NOVEMBER 1ST & 2ND, 2024



## WILDERNESS

### CIRCUIT FINALS RODEO

*Heber City, Utah*

Located in the Indoor Arena at the Event Complex, there will be vendors, concessions, and you'll get to see some of the most fantastic and talented contestants around.

**Purchase your tickets today!**



## CERAMICS PAINTING

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on September 18th and October 23rd from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) to reserve your spot.