## **Crossroads of America Invitational**

Friday & Saturday, January 24 & 25, 2025

Please refer to the Indiana State Fairgrounds Indoor Track & Field 2024 – 2025 pdf regarding meet access. Entreis open on Monday, January 13 at 8am and close on Tuesday, January 21 at 2pm (all times EST).

Day 1 – Friday, January 24	Day 2 - Saturday, January 25
Field Events	Field Events
4:00pm Implement Inspection	10:00am Implement Inspection
5:00pm W Weight Throw	11:00am W Shot Put
5:00pm W Long Jump, 3m board	11:00am W Triple Jump, 11m board only
6:00pm M Pole Vault, increments tha	11:30pm W Pole Vault, increments tha
7:00pm M Weight Throw	1:00pm M Shot Put
7:00pm M Long Jump, 3m board	1:00pm M Triple Jump, 13m board only
7:10pm W High Jump, increments tha	
7:10pm M High Jump, increments tha	<u>Track Events</u>
	11:00am W 60m Hurdles, Finals
Track Events	11:10am M 60m Hurdles, Finals
6:00pm W 60m Hurdles, Trials	<b>11</b> :20am W 60m, Finals
6:10pm M 60m Hurdles, Trials	<b>11</b> :30am M 60m, Finals
6:20pm W 60m, Trials	<b>11:45</b> am W Mile
6:30pm M 60m, Trials	12:00pm M Mile
6:50pm W 600m	12:15pm W 400m
7:05pm M 600m	<b>12:30pm M 400m</b>
7:20pm W 5000m	12:45pm W 800m
7:45pm M 5000m	1:00pm M 800m
8:10pm W 200m	1:15pm W 3000m
8:25pm M 200m	1:40pm M 3000m
8:40pm W Distance Medley Relay	2:05pm W 4 x 400m
8:55pm M Distance Medley Relay	2:25pm M 4 x 400m

