



Recreation Connection

Wasatch Recreation Center

345 West 600 South, Heber

435-657-3240

www.wasatchparksandrec.com

Hours:

Mon -Thurs 5:30 am— 10:00 pm

Friday—5:30 am—8:00pm

Saturday 7:00 am—8:00 pm

Closed Sunday

January 2025

LACROSSE CLINIC

E-NEWSLETTER

No more digging through your students backpack. Get your issue of the Recreation Connection as soon as it is available. Parks & Recreation has made the newsletter available in multiple digital locations. Just email: kgeary@wasatch.utah.gov and put e-newsletter in the subject line to be added to our mailing list and you will receive the next issue of the Recreation Connection directly to your email.

Come learn the skills and drills of lacrosse!

Session runs Tuesdays and Thursdays February 25 & 27 March 4 & 6 2025.

Clinics are for anyone in 1st - 4th grade, and 5th - 8th grade who's interested in lacrosse.

5th - 8th grade 3:30 to 4:30pm
K - 4th grade 4:30 to 5:30pm

Some equipment will be provided, but please bring your own stick and Helmet if you have them

Cost for Clinic is \$40. (Clinic will be held at the Rec Center).

INTRODUCTORY VOLLEYBALL PROGRAM

Volleyball will begin on January 7 and run through February 27, 2025. The Stingers program is for all 3rd - 8th graders who are interested in developing their volleyball skills. Practice days and times are set for Tuesdays and Thursdays from 4:00 - 5:30 pm. Players will be divided into grades and skill level, depending on the number of registrations.

The cost is \$95 which includes:

- 90 min practice sessions 2 days per week January 7 - February 27
- Intra/inter Squad Scrimmages, (when friendly head-to-head matches can be arranged)
- Tee shirt

Wasatch Recreation Center Reservation Policy

Facility reservations (other than the party room or classrooms) may be made up to 7 days in advance by Wasatch County residents, 5 days in advance for non-residents, and a minimum of 2 hours prior to desired usage. Reservations being made seven days in advance will only be taken after 9am. Cancellations must be made 24 hours prior to reservation time in order to obtain a refund or credit. For memberships, reservations, and daily fee purposes, a resident is defined as someone who lives or owns property within the boundaries of Wasatch County and can verify the address (including zip code) of the home or property. All others are considered non-residents.

PRINCESS TEA PARTY

Calling all Princesses ages 3-10! You are cordially invited to attend our annual Princess Tea Party! Come enjoy music, dancing, storytelling, crafts and treats with Miss Wasatch County, Miss Heber Valley and their royalty. The party will be held Saturday, February 15th from 10:30am-12pm or 1-2:30 pm at the Wasatch Recreation Center. Register online for \$15 per child. Wear your favorite princess gown and join us for a magical experience!

GAME ON! SPORTS 4 GIRLS

Join Game On! Sports 4 Girls for the Winter session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every 1-3 weeks. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play - no sandals, bare feet or boots allowed.

Schedule: Wednesdays February 26- March 26

Time: 4:00- 5:00pm at the Rec. Center

Cost: \$70

For girls in K- 4th grade



SKIJORING UTAH
FEBRUARY 14-15, 2025
GET YOUR TICKETS NOW!

Purchase Tickets at: skijoringutah.com

SPRING SOCCER

Spring Soccer registration will be January 27– March 23. The cost is \$45 and is open to all children ages 3 - 12 years old. Registration may not be available after March 23 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee.

Requests (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 23.

Games: Spring Soccer games will be played on Tuesdays and Saturdays, April 12 –May 6. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and U6 games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child's coach will call with information regarding the team and game time. If you haven't heard from a coach by April 11 call 435-657-3240 for the information.

Uniform: Reversible soccer shirts and shin guards are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

Volunteer Coaches are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

Soccer Referees: Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

HUNTER SAFETY

A Hunter Safety class will be offered on Mondays starting, January 13 and run through February 24 from 6 – 8 pm. Class will be held at the Wasatch Co. Rec Center. East Class Room. Shoot day will be Saturday February 22. Please keep these days open.

To register for the class you must:

- 1st** - You must register at the Rec Center for the Hunter Safety Class Cost is (\$25).
- 2nd** - You will need to Register on line at Utah division of wildlife Recourses, Hunter Safety course in person class, Wasatch Rec Center with Ed Mason, you will need class number and customer ID number from your Voucher to register for the class on line at the DWR web site.
- 3rd** –You Must purchase a Hunter Education Voucher from Sportsman Ware house or Timberline or a licensed agent or online at wildlifeutah.gov (\$10). We prefer you do not buy on line.

SPEED & AGILITY CLINIC

Wasatch PT is putting on a speed & agility clinic. The clinic is designed to help young athletes develop the physical skills and athletic abilities they need to succeed in a wide range of sports. We'll focus on improving strength, agility, and speed through a variety of exercises and drills. This clinic will be held at the Wasatch PT Sports Performance facility. Spots are limited, sign up today!

Ages: 11-15

January Class: Tuesday/ Thursday January 7th – January 30th

February Class: Tuesday/ Thursday February 4th – February 27th

Time: 4:00-5:00pm

Cost: \$95

Location: Wasatch PT Sports Performance facility (476 N Main St.) For additional information and to register go to www.wasatchparksandrec.com or by phone at 435-657-3240

GYMNASTICS

February Session: February 6– February 27
All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
Preschool Boys and girls 3-5 years old	Introductory	Thursday 4:00–4:50pm, 5:00–5:50pm COST: \$75
Kindergarten Boys and girls 5-6 years old	Introductory	Thursday 4:00–5:00pm, 5:00–6:00pm COST: \$85

CERAMICS PAINTING CLASS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on January 14, January 28 from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at www.wasatchparksandrec.com to reserve your spot.

JORDAN
WORLD CIRCUS

WEDNESDAY
January 29

&
THURSDAY
January 30

6:30pm nightly
at 415 Southfield Road

tickets can be purchased at
the door or by visiting
jordancircus.com