

Home Arts Division 12

Preserved Foods (Adults)

September 5 – 15, 2024

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Entry Fee: \$5.00
Fees are Non-Refundable

The \$5.00 fee applies per exhibitor, **not** to each item being entered.

Entries in this department are limited to residents of New Mexico.

Entries in Preserved Foods will be received in Home Arts located inside the Home & Creative Arts Building directly south of the Manuel Lujan Building.

All exhibitors <u>must</u> be amateurs (unless otherwise stated in certain classes). This requirement is met through exhibitors' honesty. If it comes to the attention of any employee that an item <u>not</u> placed in a professional class is indeed made by a professional, defined as a person making over \$500 a year and who sells such work as the item entered, that particular entry will be disqualified. Any other entries made by that exhibitor will then be thoroughly examined in our attempt to keep our contests fair and valid.

Entry Dates

Friday, August 23, 2024 Saturday, August 24, 2024

9:00AM to 5:00PM Entries close promptly at 5:00PM

Judging

Tuesday, August 27th: 9:00AM to 5:00PM

Quick Section Reference

Section #	Section Title	Group
174	Butter, Conserves, Jams & Marmalades	В
175	Canned Fancy Pack Foods	А
176	Canned Fruits	В
177	Canned Vegetables	Α
178	Dried Foods	Α
179	Jellies & Syrups	В
180	Pickles	Α
181	Preserves	В
182	Relishes	Α
183	Sauces	Α

Rules

- Please refer to Home Arts General Rules.
- Entries in Preserved Foods will be labeled by class name by an employee in Home Arts. These labels may be removed after the State Fair.
- All canned items must be processed and exhibited in regulation canning jars (in the sizes stated in each section) with cap and ring. No other containers will be excepted.
- Tattler reusable canning lids have not been approved by the USDA and therefore will not be accepted.
- Exhibitors are allowed only one (1) entry per class and may not enter more than 25 items in total.
- Sections are placed into two (2) separate groups. "Group A" consists of Dried Foods, Fancy Pack Foods, Canned Vegetables, Pickles, Relishes & Sauces. "Group B" consists of Butters, Conserves, Jams, Marmalades, Canned Fruit, Jellies & Syrups and Preserves. Best of Show in each Section will receive a Gold Rosette. Best of Show Overall will receive a Purple Rosette in each Group.
- Recipes are required for every entry.
- There are separate sections for Juniors in Preserved Foods (ages 17 years and younger).

Process Adjustment at High Altitudes

ALTITUDE CHART

For Boiling Water Processing

If you are preserving at an
altitude higher than 1,000
feet above sea level, adjust
boiling water processing
time as indicated.

Altitude Feet	Processing Time	
1,001-3,000	5 minutes	
3,001-6,000	10 minutes	
6,001-8,000	15 minutes	
8,001-10,000	20 minutes	

ALTITUDE CHART

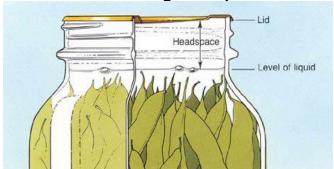
For Pressure Canning

If you are preserving at an altitude higher than 1,000 feet above sea level, adjust pressure pounds as indicated.

Weighted Gauge	Dial Gauge
10	11
15	11
15	12
15	13
15	14
15	15
	10 15 15 15 15

Using the process for canning food at sea level may result in spoilage if you live at altitudes of 1,000 feet or more. Water boils at lower temperatures as altitude increases. Lower boiling temperatures are less effective for killing bacteria. Increasing the process time or canner pressure compensates for lower boiling temperatures. Therefore, when using the guides above, select the proper processing time or canner pressure for the altitude where you live. If you do not know the altitude, contact vour local county Extension Agent. An alternative source of information would be the local district conservationist with the Soil Conservation Service. Additionally, you may find the altitude for where you live through the National Weather Service at: www.weather.gov or at www.whatismyelevation.com

Controlling Headspace



The unfilled space above the food in the jar and below its lid is termed headspace. Directions for canning specify leaving 1/4-inch for jams and jellies, ½-inch for fruits and tomatoes to be processed in boiling water, and from $1 - 1\frac{1}{4}$ inches in low acid foods to be processed in a pressure canner. SEE PICTURE ABOVE. Submissions that do not clearly meet these specifications will not be judged. This space is needed for expansion of food as jars are processed, and for forming vacuums in cooled jars. The extent of expansion is determined by the air content in the food and by the processing temperature. Air expands greatly when heated to high temperatures. The higher the temperature, the greater the expansion. Foods expand less than air when heated.

Section 174

Butter, Conserves, Jams, & Marmalades

- Entries must be exhibited in a regulation canning jar (½-pint or larger) with cap & ring and processed in a boiling water bath.
- Entries will be tasted.
 - Butters: Should jell, be smooth, not too thick and have appropriate coloring.
 - Conserves: Should have 2 or more fruits cooked with sugar until thick. Nuts & raisins may be added or omitted from recipes.
 - Jams: Should have soft fruit, an appropriate & bright colored syrup, be thick with a good consistency, and have no pieces of fruit too large.
 - Marmalades: Marmalade should have small pieces of fruit suspended in soft, transparent jelly. Coloring should be bright and appropriate for the type of fruit(s) used.

Class 1 - 27 & Item

- 1. Apple Butter
- 2. Apricot Conserve
- 3. Apricot Jam
- 4. Apricot/Pineapple Jam
- 5. Blackberry Jam
- 6. Blueberry Jam
- 7. Cherry Jam
- 8. Grape Jam
- 9. Green Chili Jam
- 10. Mixed Berry Jam
- 11. Nectarine Jam
- 12. Orange Marmalade
- 13. Peach Butter
- 14. Peach Conserve
- 15. Peach Jam
- 16. Pear Butter
- 17. Pear Conserve
- 18. Pear Honey
- 19. Plum Butter
- 20. Plum Jam
- 21. Raspberry Jam
- 22. Strawberry Conserve
- 23. Strawberry Jam
- 24. Fruit Butter: Any other not listed
- 25. Fruit Conserve: Any other not listed
- 26. Fruit Jam: Any other not listed
- 27. Marmalade: Any other not listed

Ribbons awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Butters,

Conserves, Jams & Marmalades

Section 175 Canned Fancy Pack Foods

 Fancy Packs should show artistic design by use of color(s) and placement of food.

Class 28 - 32 & Item

- 28. Dried
- 29. Fruit Pie Filling
- 30. Fruits
- 31. Pickles
- 32. Vegetables

Ribbons awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: Fancy Pack Foods

Section 176 Canned Fruit

- Each entry must be in a regulation canning jar (quart or pint) with cap & ring and processed in a boiling water bath.
 Remember, Tattler reusable canning lids are not permitted.
- Canned fruit to be scored as excellent should be selected carefully and in perfect uniformity as possible.
- A solid economical and attractive pack is desirable with only enough clear syrup to fill spaces.
- Containers must be neat and clean.
 - o Color: Natural color of fruits
 - Condition of Liquid: Clear
 - o Condition of Solids: Firm yet tender
 - o Pack: Economical and uniform
 - Selection: Uniform size, shape & ripeness

Class 33 - 42 & Item

- 33. Apples
- 34. Applesauce
- 35. Apricots
- 36. Cherries Sour Red and Pitted
- 37. Cherries Sweet
- 38. Nectarines
- 39. Peaches
- 40. Pears
- 41. Plums
- 42. Fruit: Any other **not** listed

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Canned Fruits

Section 177 Canned Vegetables

- Each entry must be in a regulation canning jar (quart or pint) with a cap & ring and processed in a pressure canner.
 Remember, Tattler reusable canning lids are not permitted.
 - Color: Natural color of vegetables
 - o Condition of Liquid: Clear
 - o Condition of Solids: Firm yet tender
 - o Pack: Economical and uniform
 - Selection: Uniform size, shape and ripeness

Class 43 - 54 & Item

- 43. Asparagus
- 44. Beets
- 45. Carrots
- 46. Chili (½-pint jar or larger)
- 47. Corn Whole Kernel
- 48. Green or Wax Beans
- 49. Okra
- 50. Pinto Beans
- 51. Tomato Juice
- 52. Tomatoes
- 53. Tomatoes Stewed
- 54. Vegetables: Any other not listed

Ribbons will be awarded in all classes unless otherwise stated.

<u>Best of Show-Gold Rosette:</u> In Canned Vegetables

Section 178 Dried Foods

 Entries are to be shown in jars (the size appropriate for the item displayed but not to exceed 1-quart) with good quality lids.

Class 55 - 83 & Item

- 55. Apples
- 56. Apricots
- 57. Bananas
- 58. Beans
- 59. Bell Peppers
- 60. Carrots
- 61. Chili
- 62. Corn
- 63. Fruit Leather
- 64. Fruit Powder
- 65. Jerky
- 66. Mint
- 67. Mushrooms

- 68. Onions
- 69. Parsley
- 70. Peaches
- 71. Pears
- 72. Pineapple
- 73. Raisins
- 74. Root Vegetables
- 75. Rosemary
- 76. Sage
- 77. Summer Squash
- 78. Tomatoes
- 79. Vegetable Chips Seasoned
- 80. Vegetable Powder
- 81. Fruits: Any other not listed
- 82. Herbs: Any other not listed
- 83. Vegetables: Any other not listed

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Dried Foods

Section 179 Jellies & Syrups

- Each entry must be in a regulation canning jar (½-pint or larger). Must be processed with a cap & ring and processed in a boiling water bath. Remember, Tattler reusable canning lids are not permitted.
- Jellies will be tasted.
 - Clearness & Color: Entry should be free from cloudiness and the color should be consistent with the type of fruit used.
 - Consistency: Entry should retain its shape when removed from container and should quiver and be tender.
 - Flavor: The flavor should be pronounced and correspond to the natural flavor of the fruit(s).
 - Texture: The texture should be smooth and free of any graininess, which will be determined by "feel in mouth".

Class 84 - 96 & Item

- 84. Apple Jelly
- 85. Cactus Jelly
- 86. Cherry Jelly
- 87. Chili Jelly
- 88. Chokecherry Jelly
- 89. Crabapple Jelly
- 90. Grape Jelly
- 91. Mint Jelly
- 92. Peach Jelly

- 93. Plum Jelly
- 94. Syrup
- 95. Wine Jelly
- 96. Fruit Jelly: Any other not listed

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Jellies & Syrups

Section 180 Pickles

- Each entry must be in a regulation canning jar (½-pint or larger) with a cap & ring and processed in a boiling water bath.
- Pickles will be tasted.

Class 97 - 113 & Item

- 97. Apple Pickles Spiced
- 98. Beet Pickles
- 99. Bread & Butter Pickles
- 100. Dill Green Bean Pickles
- 101. Dill Pickles
- 102. Green Tomato Pickles
- 103. Kosher Pickles
- 104. Mixed Pickles
- 105. Mustard Pickles
- 106. Okra Pickles
- 107. Peach Pickles Spiced
- 108. Pickled Peppers
- 109. Sweet Cucumber Pickles slices or chips
- 110. Sweet Cucumber Pickles whole
- 101. Watermelon Pickles
- 102. Zucchini Pickles
- 103. Pickles: Any other **not** listed

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Pickles

Section 181 Preserves

- Each entry must be in a regulation canning jar (½-pint or larger) with cap & ring and processed in a boiling water bath.
- Preserves will be tasted.
 - Clearness & Color: Fruit should be of a natural color.
 - Consistency: Fruit pieces should hold their shape. Syrup should be thick.
 - o **Texture**: Fruit should be plump and tender.

Class 114 - 123 & Item

- 114. Apricot Preserves
- 115. Blackberry Preserves
- 116. Cherry Preserves
- 117. Peach Preserves
- 118. Pear Preserves
- 119. Plum Preserves
- 120. Raspberry Preserves
- 121. Strawberry Preserves
- 122. Tomato Preserves
- 123. Fruit Preserves: Any other **not** listed

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Preserves

Section 182: Relishes

- Each entry must be in a regulation canning jar (½-pint or larger) with cap & ring and processed in a boiling water bath.
- Relishes will be tasted.

Class 124 - 131 & Item

- 124. Beet Relish
- 125. Chow Chow or Piccalilli Relish
- 126. Chutney
- 127. Corn Relish
- 128. Cucumber Relish
- 129. Pepper Relish
- 130. Zucchini Relish
- 131. Relish: Any other **not** listed

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Relishes

Section 183 Sauces

- Each entry must be in a regulation canning jar (½-pint or larger) with cap & ring and processed in a boiling water bath.
- Sauces will be tasted.
- To protect the judges due to health and safety reasons the <u>Salsa</u> category has been discontinued. Salsa is to be entered in the Chili Contest listed under the Food Preparation category.

Class 132 - 136 & Item

- 132. Barbecue Sauce
- 133. Chili Sauce
- 134. Condiments (ketchup, mustard, etc.)
- 135. Spaghetti Sauce
- 136. Tomato Sauce

Ribbons will be awarded in all classes unless otherwise stated.

Best of Show-Gold Rosette: In Sauces

Best of Show Overall

Best of Show Overall: Purple Rosette

<u>Group A</u> will be selected from the Gold Rosette winners in:

 Dried Foods, Canned Fancy Packs, Canned Vegetable, Pickles, Relishes, Sauces.

Best of Show Overall: Purple Rosette

Group B will be selected from the Gold Rosette winners in:

 Butters, Conserves, Jams, Marmalades, Canned Fruits, Jellies, Syrups, Preserves.