and their uses 27 Poster of metalworking safety Display of 3 welds (t-joint, butt weld, lap weld) using TIG, arc

or wire welder. Joints may be no longer than 3".

DEPARTMENT 25J FOODS & NUTRITION

Superintendent & Jr. Fair Board Representative: Kitty Bymers, 715-384-7989

Assistant Superintendent: Amanda Budtke

Check General Rules found in the front of the book.

Judging for Classes A-G will take place on Tuesday. Danish judging for Class B-F will begin at 9am. Members do not need to be present. Conference judging for Class A will begin at 1pm, followed by Class G. Members in Class A and G should be present. Class H and I are pre-fair events, see descriptions before those classes for info.

Foods will not be released from buildings; only ribbons will be released to exhibitor

- Members of the same family cannot exhibit under the same lot number in the same Class. Exceptions: all non-food lots, all of Class F and G. (Example: siblings could exhibit in Class A. Both cannot exhibit brownies, but both could make a sack lunch).
- No nuts in any food produce except granola, peanut brittle, nationality & quick bread classes.
- No frosting, sugaring or toppings, except Class G or where noted.
- No mixes to be used.
- Size of pans to be used: breads: 9"x5" or 8"x4" loaf pan; pies in disposable pie plates.
- · Cool all baked goods thoroughly before covering and bringing to the fair.
- Food should be placed on an appropriate sized disposable plate, in plastic zipper food storage bags, accompanied by entry tag attached to outside of bag.
- Posters shall be 14" x 22".

BEST OF SHOW	ROSETTE
Blue	\$2.00
Red	\$1.75
White	\$1.50
Pink	\$1.25

CLASS A: GRADES 4-5

Lot

- 1. Brownies (plate of 3, 2x2)
- Chocolate chip cookies (plate of 3)
- Oatmeal cookies (plate of 3)
- 4. Snickerdoodles, may be sugared, (plate of 3)
- 5. No-bake bars, may have topping (plate of 3, 2x2)
- 6. Yellow cupcakes (plate of 3)
- 7. Chocolate cake (corner piece, 4x4)
- 8. Muffin made with fruit (plate of 3)
- 9. Granola bars (plate of 3)
- 10. White bread, bread machine (½ loaf)
- 11. Gluten-free cookie
- 12. Gluten-free muffin
- 13. A nutritious sack lunch; bring sack decorated with contents of lunch inside; **DO NOT BRING FOOD**
- 14. Poster on how to read food labels
- 15. Poster exhibit or mobile teaching the Food Plate Guide
- 16. Collection of 5 nutritious snack recipes that exhibitor can make.

CLASS B: GRADES 6-8

Lot

- 1. Peanut butter cookies (plate of 3); may be sugared
- 2. Cranberry/Craisin cookies (plate of 3)
- 3. M & M cookies (plate of 3)
- 4. Snickerdoodles, may be sugared (plate of 3)
- 5. Chocolate chip bars (plate of 3, 2x2)
- 6. Pumpkin bars (plate of 3, 2x2)
- 7. Yellow cakes (corner piece, 4x4)
- 8. Chocolate cake (corner piece, 4x4)
- 9. Muffins made with fruit (plate of 3)
- 10. Quick bread, containing no yeast (1/2 loaf); list type of bread
- 11. Baking powder biscuit; made from scratch (plate of 3)

- 12. Single whole pie crust
- 13. Wheat bread, bread machine (1/2 loaf)
- 14. Gluten-free cookie
- 15. Gluten-free cake
- 16. Gluten-free quick bread
- 17. A nutritious sack lunch; bring sack decorated with contents of lunch inside; **DO NOT BRING FOOD**
- 18. Poster on food safety rules
- 19. Poster showing importance of food & fitness
- 20. Collection of 6 recipes that are your family favorites which may be added to previous year's collection of recipes. Goal is to have own cookbook.

CLASS C: GRADES 9-13

Lot

- Chocolate chip cookies (plate of 3)
- 2. Gingersnaps, may have sugaring (plate of 3)
- 3. Cut-out cookies, no frosting (plate of 3)
- 4. Spritz cookies (plate of 3)
- Nationality cookie; include nationality and full recipe (plate of 3)
- 6. Any other cookie (plate of 3) LIST TYPE
- 7. Banana, carrot or zucchini bars (plate of 3, 2x2)
- 8. Lemon bars, sugar topping allowed (plate of 3)
- 9. Blueberry muffins (plate of 3)
- 10. Quick bread, containing no yeast (½ loaf); list type of bread
- 11. Yeast bread, no bread machine (½ loaf)
- 12. Yeast bread, using bread machine (½ loaf)
- 13. Breadsticks or pretzels made with yeast (plate of 3)
- 14. Yeast dinner rolls (plate of 3 different shapes)
- 15. Cinnamon rolls, no frosting (plate of 3)
- 16. Granola with recipe (1 cup in a closed container)
- 17. Single whole pie crust
- 18. Double crust fruit pie (1/6 of pie)
- 19. Gluten-free cookie
- 20. Gluten-free cake
- 21. Gluten-free quick bread
- 22. Gluten-free yeast bread
- 23. Poster on healthy eating in a restaurant
- 24. Arrange a nutritional meal on a paper plate in

- regard to MyPlate nutrition. Use clip art or other pictures; do not use real food.
- 25. Theme gift basket. Creative gift presentation using at least 2 food products. No perishable foods may be used, baskets to be wrapped in clear plastic wrap. Basket size not to exceed 11 x 16 x 15 in size. Attach 3 x 5 card explaining theme and listing items included.
- 26. Collection of 10 recipes that are your family favorites which may be added to previous year's collection of recipes. Goal is to have own cookbook.

CLASS D: CANDY MAKING

(Open to all grade levels)

Lot

- 1. Fudge (plate of 3, 1x1)
- 2. Caramels (plate of 3, 1x1)
- 3. Peanut Brittle (plate of 3, approx. 2x2)
- 4. Hard Candy (plate of 3)
- 5. Molded Candy (plate of 3)
- Any other homemade candy not listed above (plate of 3); list type of candy

CLASS E: MICROWAVE

(Open to all grade levels)

Lot

- 1. Cake, corner piece, (4x4, or ¼ of ring)
- 2. Pumpkin bars, (plate of 3, 2x2)
- 3. Cupcakes or muffins (plate of 3)
- 4. Any no-bake bar (plate of 3, 2x2)
- 5. Coffee cake (4x4 corner or ¼ of ring)
- 6. Cookies, any type (plate of 3)
- 7. Gluten-free item; list gluten-free substitution
- Poster on how to convert traditional cooking to microwave cooking

CLASS F: FOOD PRESERVATION

All foods should be processed according to method and times listed in the most current University of Wisconsin Safe Food Preservation Series publications. Available online at learningstore.extension.wisc.edu/collections/food-preservation-and-safety. Be sure you are using the current versions.

TITLE BOOK YOU	NO.	YEAR
Tomatoes Tart & Tasty	B2605	2021

Canning Vegetables Safely			
Capping Sal	B1159	2008	
Canning Salsa Safely	B3570	2008	
Canning Fruits Safely	B0430	2008	
Homemade Pickles & Relishes	B2267	2008	
Making Jams & Jellies			
Canning Meat, Wild Game	B2909	2008	
Poultry & Fish Safely	B3345	2014	
0 1			

- Only standard quart and pint jars will be accepted. (Jar with manufacturer's name blown in glass.) Jams and Jellies should use a standard 1/2 pint jar or pint jar.
- Only self-sealing lids allowed. (No paraffin, zinc, freezer jams or jellies, refrigerator pickles).
- Metal screw rings are to be removed from all jars prior to entry at the fair by exhibitor.
- All dehydrated goods should be placed in plastic zipper food storage bags.
- Prior to the fair each exhibitor will receive an entry tag (sample below). Each item must have this filled out entry tag attached.

Exhibitor Number	
LotDescription	
Date Processed	
Check those that apply:	10.1
Elevation Above 1,000ftBelow 1,000ft	
Boiling water bath or	
Pressure Canner Number pounds	
Hot pack Raw pack	
Time processed	
<u>Dehydration</u> : Method	

Lot

- 1. Applesauce
- 2. Any berry or cherry
- 3. Peaches
- 4. Pears
- 5. Rhubarb
- 6. Marmalade or conserve
- 7. Raspberry Jam
- 8. Strawberry jam
- 9. Any other jam -identify type
- 10. Apple jelly

- 11. Grape jelly
- 12. Any other jelly –identify type
- 13. Any pie filling -identify type
- 14. Corn
- 15. Beans
- 16. Carrots
- 17. Peas
- 18. Beets
- 19. Vegetable mixture
- 20. Relish
- 21. Sweet pickle
- 22. Dill pickle
- 23. Any other pickled vegetable
- 24. Tomato juice
- 25. Any other juice identify type
- 26. Tomatoes, whole or quartered
- 27. Salsa
- 28. Spaghetti sauce
- 29. Canned meat
- 30. Sauerkraut
- 31. Dehydrated banana chips, 1/2 cup
- 32. Dehydrated peach slices, ½ cup
- 33. Dehydrated pear slices, ½ cup
- 34. Dehydrated apple slices, ½ cup
- 35. Dehydrated fruit leather, 4"x4" strip
- 36. Dehydrated any other fruit, ½ cup; identify type
- 37. Dehydrated herb; ¼ cup; identify type
- 38. Dehydrated jerky, 2 sticks
- 39. Dehydrated carrots, 1/2 cup
- 40. Dehydrated peas, ½ cup
- 41. Dehydrated onions, 1/2 cup
- 42. Dehydrated other vegetables, ½ cup, identify

CLASS G: CAKE DECORATING

- All cakes should be on disposable cardboard or tray.
- 2. Cakes are judged on appearance only.
- 3. Cake shaped forms (cardboard, Styrofoam, etc.) may be used instead of real cake.
- Remember to follow the criteria for decorations in each of the three sections.

BEST OF SHOW	ROSETTE
Blue	\$3.00

Red	\$2.75
White	
Pink	\$2.25

Decorated using frosting only

No fondant allowed; no other decorations; frosting only.

Grades	Grades	
4-6	7 & up	
1	25	Three (3) decorated cookies
2	26	Three (3) decorated cupcakes
3	27	Molded character cake
4	28	Flat, one-layer cake
5	29	Multi-tiered cake
6	30	Structured item, such as gingerbread house

Decorated using frosting & edible decorations only

No fondant allowed; everything on item MUST BE edible.

Grades	Grades	
4-6	7 & up	
7	31	Three (3) decorated cookies
8	32	Three (3) decorated cupcakes
9	33	Molded character cake
10	34	Flat, one-layer cake
11	35	Multi-tiered cake
12	36	Structured item, such as gingerbread house

Decorated using frosting and any other decorations

No fondant allowed; other decorations do not need to be edible.

Grades	Grades	
4-6	7 & up	
13	37	Three (3) decorated cookies
14	38	Three (3) decorated cupcakes
15	39	Molded character cake
16	40	Flat, one-layer cake
17	41	Multi-tiered cake
18	42	Structured item, such as
		gingerbread house

Decorated using fondant

Other edible or non-edible decorations are allowed.

Grades	Grades	
4-6	7 & up	
19	43	Three (3) decorated cookies
20	44	Three (3) decorated cupcakes
21	45	Molded character cake
22	46	Flat, one-layer cake
23	47	Multi-tiered cake
24	48	Structured item, such as
		gingerbread house

PRE-FAIR REVUES

Foods Revue and Dessert Revue are open to any Junior Fair youth grades 4-13 and are held prior to the fair. Younger members in grades K-3 are also eligible to participate. Grades K-2 will receive a participation ribbon. Grade 3 will receive a placed ribbon. This does not count as one of their numbered projects for the fair. Separate registration is required. In order to receive premium for these classes, entries must be entered on FairEntry. Judging is done conference style.

CLASS H: FOODS REVUE

Lot

- 1. Grades 3-5
- 2. Grades 6-8
- 3. Grades 9-13

CLASS I: DESSERT REVUE

Lot

- 1. Grades 3-5
- 2. Grades 6-8

DEPARTMENT 26J CLOTHING

Superintendent: Margaret Lingford, 715-897-2553

Jr. Fair Board Representative: Laura Strigel

Check General Rules found in the front of the book.

- Face-to-Face Judging will be followed.
- Garments may be worn before the fair, but are to be clean, well pressed and in good repair when brought for exhibit.
- All garments should be pinned on wire hangers.