

JUNIOR FOODS & NUTRITION EXHIBITS - DEPARTMENT 125

JUDGING DAY: TUESDAY of Pre-Fair Judging Week, North Hall

2023 Walworth County Fair overall Rules & Regulations apply and are at: walworthcountyfairgrounds.com

RULES GOVERNING FOODS & NUTRITION EXHIBITS

1. Champion & Reserve Champion Awards will be given per judges' discretion per department, division, or class.
2. **Champion & Reserve Champion ribbons should be given to Leaders directly after judging, to be held for display during the Walworth County Fair. Please put your name, grade, and club, along with food entry item on back of ribbon tag.**
3. Age classification is based on your age as of January 1, of the current year.
4. Exhibits will be judged by conference method
5. Entries for all divisions may be made from suitable recipes found by exhibitor. Mixes are not allowed for **any** entries, unless otherwise stated.
6. All exhibits will be released immediately following judging. Any entry in the fair book with a * (star) in front of it must be returned for exhibit during the fair on Tuesday, week of fair between 3:00 and 7:00 pm at the Junior Exhibit building. **This must be done to receive your premium money.**
7. Taste testing is at the judge's discretion.
8. Provide hard copy of the recipe for each entry **including frostings.**
9. Exhibitors in Divisions E & F will display their entries on a plain **white plate or bowl** furnished by the exhibitor **and are not allowed to garnish their entry.** Exhibitors in Division H - O will furnish their own plate or tray for displaying their entries for judging **and are encouraged to garnish their entry.**

PREMIUMS: 1st - \$2.25 2nd - \$2.00 3rd - \$1.75 4th - \$1.50

Division Letter: D. Cake Decorating, Age 8-9 – Judging 9:00 a.m.

Class #:

1. *3 Decorated cupcakes, each decorated differently.
2. *3 Decorated Cookies, each decorated differently
3. Character Cake – use molded pan and must be a real cake

Division Letter: E. Foods and Nutrition I, Age 8, judging time – 9:15 a.m.

Division Letter: F. Foods and Nutrition I, Age 9, judging time – 9:15 a.m.

Class #:

1. Snack Fruit Pizza, 3" to 6" in diameter, cold, (can use homemade dough or purchased cookie dough)
2. Monkey Bread
3. My Favorite Food
4. *One Mini Loaf Bread, any variety
5. *Peanut Butter Cookies, 3
6. *Chocolate Chip Cookies, 3
7. *Any Other Cookie not listed above, 3
8. *Any Muffins, no cupcake liners, 3
9. *Coffee Cake with streusel topping. 4" x 4" square, must include a corner
10. *Plain Chocolate Brownies, 3 pieces, one from corner (no nuts or frosting)
11. Charcuterie Board. Must include at least 3 homemade items and at least 6 items total.
12. *Recipe Collection in a box, binder or album. All food categories. Age 8 - minimum of 10 recipes.
Age 9 - minimum of 15 recipes.

Division Letter: G. Cake Decorating, Age 10-11 – Judging 9:00 a.m.

Class #:

1. *One Layer Decorated Theme Cake (Use a dummy cake no larger than 10" x 10" x 5" H, Bring cake on a covered cardboard. No larger than 12"x12". No Candy, only frosting decoration)
2. Character Cake – use molded pan and must be a real cake
3. *Gingerbread House (may use a kit)

Division Letter: H. Foods and Nutrition II, Age 10, judging time – 9:15 a.m.

Division Letter: I. Foods and Nutrition II, Age 11, judging time – 9:15 a.m.

Class #:

1. Hot Dish with cheese as a main ingredient (in baking dish)
2. Homemade Soup, Hot
3. Beverage featuring dairy product
4. My Favorite Food - Can be any food as long as it isn't already listed or entered.
5. Nutritious dip, may use a dry soup mix as an ingredient
6. *Quick Coffee Cake, whole cake in pan
7. *Quick Bread, 2 varieties/whole loaves, no mini loaves
8. *Homemade Biscuits, 2
9. *Bar Cookies plate of three (3)
10. Charcuterie Board. Must include at least 3 homemade items and at least 6 items total.
11. *Whole Cake made from scratch, frosted or unfrosted, No larger than 9" x 13", not in a pan.
12. *One Crust Pie
13. *Homemade healthy grab & go snack
14. *Recipe collection in box, binder or album. All food categories. Age 10 minimum of 20 recipes
Age 11 minimum of 25 recipes

Division Letter: J. Cake Decorating, Age 12 -14, judging time – 1:15 p.m.

Class #:

1. *Creatively Decorated Multi-Tier Cake, tiers must be different sizes. (Use a dummy cake. Cake to be no larger than 12" x 12" x 14" H. Bring cake on **covered cardboard** no larger than 14"x14". No Candy, only frosting decoration. May use pillars, wires, etc.)
2. *Gingerbread house, no kit, recipe included
3. Cake Decorated for any holiday. Cake to be no larger than 14" x 14". Bring cake on a covered cardboard, no larger than 14" x 14" and must be a real cake

Division Letter: K. Foods and Nutrition III, Age 12, judging time – 1:30 p.m.

Division Letter: L. Foods and Nutrition III, Age 13, judging time – 1:30 p.m.

Division Letter: M. Foods and Nutrition III, Age 14, judging time – 1:30 p.m.

Class #:

1. Food Featuring a Wisconsin Food Product, hot
2. Food Featuring a Wisconsin Food Product, cold
3. *Food for Gift basket or container, no more than 2 different homemade food items and no more than 2 store bought items (no alcoholic beverages, no cellophane)
4. *Homemade pastry -2
5. Single crusted whole pie. Crust must be homemade.
6. Meal on a Budget
7. *Three (3) varieties of Cookies, no drop cookies, 2 of each type, know the name of cookies
8. *Ethnic Cookie – 3
9. *Angel Food Cake
10. Create a dish for a person who has a dietary restriction. (ex. Gluten, eggs, nuts, dairy, fruit, etc.) Bring the original recipe, the new recipe, and a paragraph listing how it would have affected the person with the food allergy if the recipe had not been changed.
11. Charcuterie Board. Must include at least 5 homemade items and at least 13 items total
12. Favorite food item not listed above
13. *Recipe Collection in box, binder or album. All food categories. **Age 12** minimum of 30 recipes.
Age 13 minimum of 35 recipes.
Age 14 minimum of 40 recipes.

Division Letter: N. Cake Decorating, Members in Age 15 & up, judging time – 1:15 p.m.

Class #:

1. *Creatively Decorated Multi-Tier Cake, tiers must be a different size (Use a dummy cake, no larger than 12" x 12" x 14" H. Bring cake on a **covered cardboard** that is no larger than 14"x14". No Candy, only frosting decoration. May use pillars, wires, etc.)
2. *Gingerbread house, no kit & include recipe card
3. *Multi-tiered cake (different size tiers) decorated using the fair theme. (Use a dummy cake, no larger than 12" x 12" X 14" H. Bring cake on a covered cardboard that is no larger than 14" x 14".)

Division Letter: O. Foods and Nutrition IV, Age 15 & up, judging time – 1:30 p.m.

Class #:

1. International, Ethnic, or Regional Dish, whole dish, hot or cold
2. Vegetarian Dish, whole dish, hot or cold
3. An Instant Pot Dish
4. Healthy sack lunch plate, include all food groups.
5. Neapolitan Cake or Tiramisu
6. Holiday Food Item
7. Appetizers, 3 different varieties, 2 pieces of each on a plate
8. *Food for Gifts, basket or container, containing no more than 3 different homemade food products and no more than 3 store bought items (no alcoholic beverages, no cellophane)
9. Charcuterie Board. Must include at least 5 homemade items and at least 13 items total.
10. Any 2 crusted whole pie, may be a pot pie. Crust and filling must be homemade.
11. Yeast Item – 3 on a plate, example: dinner rolls, cinnamon rolls, donuts, bread, etc.
12. Create a dish for a person who has a dietary restriction. Bring the original recipe, the new recipe altered, and a paragraph listing how it would have affected the person with the food allergy if the recipe had not been changed.
13. College weekly meal plan with cost & recipes. Provide one entrée for judging.
14. *Recipe Collection in a box, album or binder. All food categories. **Age 15** minimum of 45 recipes.
Age 16 minimum of 50 recipes.
Age 17 minimum of 55 recipes.
Age 18 minimum 60 recipes.

DELICIOUS DAIRY DISH

The Walworth County Farm Bureau Dairy Committee will sponsor one **\$50.00** award in the Delicious Dairy Dish Competition. The recipe must accompany the prepared entry and must include at least 2 or more REAL Dairy products.

The entry will be judged on the variety of dairy products used, flavor, texture, and appearance.

This dish can only be used once in this competition and not as any other entry.

This dish will be judged at approximately 1:00 pm, by one of the Walworth County Fair judges. Placings, Champion & Reserve Awards will be given per the judges' discretion. All first-place winners will be judged to receive **the Best of Show & \$50.00**.

This contest is open to youth Age 14 & up, enrolled in the Junior Foods & Nutrition.

Youth cannot win "Best of Show" two years in a row.

Division Letter: P.

Class #: 1. Delicious Dairy Dish

1st Prize - \$2.25 2nd Prize - \$2.00 3rd Prize - \$1.75 4th Prize - \$1.50