## Tug-Of-War Competition

Sponsored by Gas Workers 11-6 & Tri-County Labor Club

## Prize Payout for Top 3 Adult Male & Female Teams 1st Place: \$250.00 2nd Place: \$150.00 3rd Place: \$100.00

## Prize Payout for Top 3 co-ed Youth Teams

1st Place: \$150.00 2nd Place: \$90.00 3rd Place: \$60.00

## Rules:

- 1. 3 categories of Tug-Of-War teams:
  - 1. Adult male with a maximum of 5 males (13+ years old) with a maximum weight of 1,250lbs.
  - 2. Adult female with a maximum of 5 females (13+ years old) with a maximum weight of 1,250lbs.
  - 3. Youth females and/or males with a maximum of 5 participants (6-12 years old) with a maximum weight of 600lbs.
    - \*\*Team composition may not be changed during competition. \*\*
- 2. Individuals may wear long-sleeved shirts, tape hands, gloves and shoes with cleats.
- 3. Holes may not be dug into ground.
- 4. DISQUALIFICATIONS WILL RESULT FROM THE FOLLOWING:
  - 1. SITTING ON THE GROUND OR ANY OTHER TEAMMATE.
  - 2. SHOULD A PERSON FALL OR LOSE BALANCE, HE/SHE MUST RECOVER AT ONCE.
  - 3. A CAUTION AGAINST ONE PERSON IS A CAUTION AGAINST THE ENTIRE TEAM.
  - 4. LETTING GO OF ROPE BEFORE A PULL HAS BE COMPLETED.
- 5. At the start of the pull, each team lines up behind a line in its area. Each pull is conducted by the referee as follows: "Take up Rope"- Each team picks up the rope. "Take up Slack"- both teams take up slack without pulling. When the rope is completely steady, the referee will say "GO" and pulling may begin.
- 6. Only the last person may wrap the rope around the body.
- 7. A team is considered defeated when the white marker crosses the line farthest from that team. The referee will signal the end of the pull. 3-minute rounds, winner will advance to next round.
- 8. Weigh-ins for all teams will be from 5:30 PM to 6:00 PM on Friday night July 26th, 2024 (NO EXCEPTIONS). All teams' members must be present to weigh.
- 9. All registration waivers must be signed at weigh-in. ALL participants under the age of 18 must have a parent or legal guardian sign the wavier. If a parent or legal guardian cannot be present at the weigh-in, please sign the waiver on the website and have the child bring it to the Tug-Of-War weigh-in.