# Menu

**HCC** Dining Services Tammy Dowell General Manager Phone: 443-412-2216

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#### LUNCH

All lunch selections served with choice of beverage and Cookies. Beverages include coffee, hot tea, soda, juice, iced tea, lemonade and bottled water.

Salad Buffet ......\$18.10 per person

Pasta Salad Tuna Salad Chicken Salad
Egg Salad
Tuna Salad
Garden Salad Seasonal Fresh

Fruit Assorted Rolls & Crackers

Vegetarian Special ......\$17.05 per person

- Portabella Mushroom with Havarti Cheese and Fire Roasted Red Peppers Served on a Whole
- Strawberry Salad (Spring Mix, Strawberries, Mandarin Oranges, Walnuts and Coconut served with Raspberry Walnut Dressing)
- Beyond Burger available for additional \$ 4.25 per person

- Turkey, Roast Beef, and Baked Ham
- American and Swiss Cheese
- Potato Salad
- Pasta Salad
- Tomato and Lettuce
- Condiments
- Assortment of Breads and Rolls

Sandwich Platter with choose of bread or wrap......\$ 17.05 per person

- Turkey, Roast Beef, Ham, Italian and Roasted Vegetable Vegetarian Option
- Tossed Salad
- Pasta Salad
- Potato Chips

Specialty Sandwich with choose of bread or wraps...... \$19.15 per person

### Choose Three Options:

- Portobello Caprese, Roasted Vegetable, Grilled Chicken BLT, Chicken Salad Veronique, Jerk Chicken or Tuscan Turkey
- Strawberry Walnut Salad (Spring Mix, with Mandarin Oranges Dried Cranberries, and Walnuts served with Walnut Raspberry Vinaigrette)
- Sun Chips Shrimp Salad can be substituted for one of the chooses for a additional \$1.00 per person

Sandwich Slider 

### Choose Four Options:

- Salad Combo: Chicken, Egg, Tuna,
- Deli Combo: Turkey, Ham, Roast Beef
- Roasted Vegetable
- Tossed Salad
- Pasta Salad
- Potato Chips Substituted one of the chooses for Shrimp Salad for an additional \$1.99 per person

Enchilada Combo......\$16.49 per person

- Beef, Chicken, Cheese or Vegetarian
- Spanish rice
- Black Beans or Refried Beans

Stir Fry Combo......\$16.49 per person

## **Choose One Option:**

- General TSO, Teriyaki Chicken, Orange Chicken, Beef and Broccoli
- Shredded Lettuce and Diced Tomatoes
- Vegetable Fried Rice or White Rice
- Stir Fried Vegetables
- Vegetable Egg Rolls

Vegan Protein available for an additional \$1.00 per person

- Lamb and Beef Combo Or Chicken
- Lettuce, Tomato, Red Onion Feta Cheese and Tzatziki Sauce
- Greek Salad
- Garden Pasta Salad

Pizza Combo .......\$14.89 per person

- Cheese, Pepperoni, Sausage, Vegetarian
- Garden Salad or Caesar Salad
- Vegan Pizza available upon request

- Buffalo Chicken, BBQ Chicken or Margarita
- Caesar Salad

- Beef Strips or Spicy Chicken Strips (Shrimp available for an additional \$3.25 perperson)
- Red & Green Pepper Strips, Onions, Guacamole, Sour Cream
- Refried Beans
- Spanish Rice

Vegan Protein option available for additional \$1.00 per person

- Ground Beef, Ground Turkey, Vegan protein
- Shredded Lettuce, Tomatoes, Sour Cream and Shredded Cheddar Cheese served with a Soft Taco Shell
- Southwest Corn Salad
- Fruit Salad

Mahi Mahi available for additional \$1.00 per person

Baked Potato Bar ......\$14.89 per person

- Bacon, Sour Cream, Cheddar Cheese, Butter, Scallions, Broccoli
- Caprese Spinach Salad
- Fresh Fruit Salad
   Add Chili for Additional \$2.00 per person

## • Choose One Salad Selection

- o <u>Southwest Salad</u>: Romaine Lettuce, Black Beans, Cucumber, Corn, Tomatoes, Tortilla Strips and Grilled Chicken Strips served with Southwest Dressing
- o **Cobb Salad**: Iceberg, Romaine Lettuce, Bacon, Boiled Eggs, Tomatoes, Bleu Cheese, Avocado Green Onions Served with Ranch Dressing
- o <u>Strawberry Salad</u>: Spring Mix, with Mandarin Oranges Dried Cranberries, Walnuts and Grilled Chicken Strips served with Walnut Raspberry Vinaigrette
- o <u>Chicken Caesar Salad</u>: Romaine Lettuce, Shredded Parmesan Cheese, Croutons, Grilled Chicken Served with Caesar Dressing
- o <u>Asparagus, Tomato, & Feta Salad</u>: Romaine lettuce topped with blanched asparagus, ripe tomatoes, grilled chicken and crumbled feta cheese with Dijon vinaigrette.
- o <u>Mediterranean Salad</u>: Romaine lettuce with chickpeas, cucumber, red bell pepper, red onion, Kalamata olives, grilled chicken, feta, and dill. Topped with red wine vinaigrette.
- o <u>Maple-Balsamic Pear Salad</u>: Mixed greens topped with sliced pears, candies pecans, dried cherries, grilled chicken and goat cheese. Tossed in a Maple-balsamic dressing.
- o <u>Spa Salad</u>: a mix of Spring Mix and Kale, Chickpeas, Asparagus, Fresh grains, Seasonal Berries, Strawberries Avocado Served with a Blood Orange shallot Vinaigrette.
- o <u>Asian Chicken Salad</u>: Cabbage, Spring Mix, Carrots Onions, Bell Peppers, Crispy Wontons, Cilantro, Grilled Chicken severed with Mandarin Orange Sesame Vinaigrette dressing
- Fresh Fruit Salad
- Artisan Rolls

Vegan Protein option available for additional \$1.00 per person

Pasta Salad Combo .......\$14.89 per person

- Choose one Salad
  - o <u>Asian Noodle Salad</u>: rice or lo main noodles tossed with sesame oil, soy sauce, vinegar, green onion, red bell pepper, and sesame seeds.
  - o <u>Greek Tortellini Salad</u>: Cold cheese stuffed tortellini mixed with tomatoes, cucumber, bell pepper, olives, red onion, & feta cheese in a red wine vinaigrette.
  - o <u>Garden Pasta Salad</u>: Tri-colored rotini pasta mixed with squash, zucchini, tomato, olives, onion, bell pepper in a sundried tomato & basil dressing.
  - o <u>Pesto Pasta Salad:</u> Bowtie pasta mixed with basil pesto, tomato, black olive, green onion, parmesan cheese.
  - o <u>Caprese Pasta Salad</u>: Rotini pasta with fresh mozzarella, cherry tomato, and fresh basil tossed in balsamic vinaigrette and parmesan.
  - o <u>Lemon Herb Mediterranean Pasta Salad</u>: Penne pasta with cucumber, olives, sundries tomato, feta cheese, romaine, red onion, and avocado tossed in a lemonherb vinaigrette.
- Tossed Salad
- Fresh Fruit Salad
- Artisan Rolls

Add Chicken for an Additional \$2.00 per person

Soup & Sandwich Combo ......\$18.10 per person

- Choose Three Sandwich Selections -
- Turkey, Ham, Roast Beef, Chicken Salad, Tuna Salad or Roasted Vegetable
- Choose Bread -
- Focaccia Bread or Croissant
- Choose One Soup Selection -
- Vegetarian Vegetable, Chicken Noodle, Tomato Florentine, Cream of Crab, Maryland Crab, Cream of Broccoli or Roasted Red Pepper and Gouda Soup

- <u>Choose One Soup</u> Vegetarian Vegetable, Chicken Noodle, Tomato Florentine, Cream of Crab, Maryland Crab, Cream of Broccoli or Roasted Red Pepper and Gouda Soup
- Build your own Salad Bar: Spinach- Spring Mix- Romaine Chopped Eggs-Tomatoes-Cucumbers- Carrots Craisins-Croutons-Bacon- Feta Cheese

Dressing: Ranch-Italian-Sundried Tomato Vinaigrette and Balsamic Vinaigrette

Bread Stick

**Lasagna** .......\$18.10 per person

- Lasagna (Beef or Vegetarian)
- Caesar Salad
- Garlic Bread

- Choose Sandwich Turkey and Provolone, Ham and Swiss, Roast Beef and Cheddar Chicken Salad, Tuna Salad, Vegetarian served with lettuce and tomato
- Chips
- Apple
- Cookies
- Soda

Specialty Boxed Lunch .......\$17.00 per person

- Choose Sandwich Turkey and Gouda, Classic Italian, Club Sandwich, Curry Chicken Salad, Cajun Tuna Salad, Turkey Salad Roasted Vegetable served with lettuce and tomato Pasta Salad
- Fruit Salad Cup
- Sun Chips
- Cookies
- Soda or Water Substituted one of the chooses for Shrimp Salad for an additional \$1.00 per person

#### Bread

d Deluxe Bread White upgrade for \$1 each

Wheat Croissant
Rye Ciabatta
12 Grain Focaccia
White or Wheat Kaiser Roll Brioche

Naan Bread

Add bacon to any sandwich \$1.10 each

## A la carte:

#### Whole Pizza

- Cheese \$15.99
- Pepperoni \$17.00
- Vegetable \$17.00
- Sausage \$18.10
- Sausage and Pepperoni \$19.15

Chicken Tenders \$ 4.90

French Fries \$2.89

Soup \$ 6.59

#### **LINENS**

All breakfast, lunch and snack selections served with paper products. China is available for an additional charge.

posted are subject to change.