

# HEALTH, SOCIAL AND POLITICAL SCIENCES Department 34

## Check-In

Tuesday, 1 - 7 p.m., Exhibition Hall

## Judging

Tuesday, 1 - 7 p.m., Individual Conference, Exhibition Hall

## Department Chairperson

Jamie Morris - (608) 620-4693

## Eligible 4-H Project Areas

History & Heritage, Citizenship, International, Intergenerational Programs, Health, Service Learning, Personal Finance, Fun & Fitness

## Regulations

1. A project may be a mobile, a model, photo, something moving, actual articles, posters (22"x28"), reports or a combination of any display methods.
2. Entry tag must be securely attached to the exhibit or display.
3. The Fair will attempt to provide security for all projects. However, exhibitors are cautioned that they exhibit projects at their own risk.
4. It is the exhibitor's responsibility to note on their entry form the amount of floor space needed for large exhibits as well as case display space needed for valuable exhibits.
5. **All projects entered should be the result of the exhibitor's work during the current 4-H year.**
6. Please refer to the Individual Conference judging rules listed in the front of the premium book, under Rules & Regulations, item 11a.
7. Judge's decision is final.

## Premiums

<u>Blue</u>	<u>Red</u>	<u>White</u>	<u>Pink</u>
\$1.75	\$1.50	\$1.25	\$1.00

## **CLASS A. History and Heritage**

### **Family**

- 1) Family tree properly recorded (may include pictures)
- 2) Written account of an interview of a family member (may include pictures)
- 3) Biography of an ancestor (may include pictures).
- 4) Geographic map(s) and narrative tracing your family ancestor(s) migration from where they originated to present (use an adequate explanation and be creative)
- 5) Exhibit or report about your family's settlement in an area (may include pictures)
- 6) Historical research on family farm or family home (may include pictures)
- 7) Heritage box with old family possessions (identify the possessions and the generations). Exhibitor must set-up (arrange) items in box, basket or similar enclosure before it can be judged
- 8) A written report and collection of genealogical correspondence used in searching for your family roots
- 9) Yesteryear-to-today pictures and explanation of somebody or something related to family history
- 10) Any other exhibit of historical significance

### **Community**

- 11) A picture history (past and present) or written report about historical development of the community in which you live
- 12) Written account of an interview with an older resident(s) of the community (may include pictures)
- 13) An exhibit about early settlers or Native Americans in your area
- 14) An exhibit of early farming or industry in your community which shows methods used for production in the past

- 15) An exhibit of an old art or craft (attach explanation of process and materials used)
- 16) Written report of a current or potential community landmark project
- 17) Any other exhibit of historical significance

## **CLASS B. International**

### **Unit 1**

- 1) Display about the basic elements needed for survival on planet earth
- 2) Display on conserving and maintaining the basic elements needed to ensure future survival
- 3) Display on how the earth is a closed ecosystem with limited resources
- 4) Display showing how geography affects the way people live
- 5) Display showing the importance of water to living things
- 6) Display showing how weather effects our lives
- 7) Display showing different ways we use energy
- 8) Display showing cultural diversity in your community

### **Unit 2**

- 9) Display showing lifestyles of children around the world
- 10) Display showing different ways people greet one another
- 11) Display identifying the origins of foods from around the world
- 12) Display on international clothing
- 13) Display on games children play around the world
- 14) Display on flags of different countries with explanations of flags' symbols

### **Unit 3**

- 15) Display illustrating the concept of global interdependence
- 16) Display designed to develop an understanding of the different aspects of an environmental problem
- 17) Display on the hunger problem
- 18) Display on international health problems
- 19) Display on the international drug situation

## **CLASS C. Intergenerational**

- 1) Display on sensory changes that occur as people age
- 2) Display on ways to help an older person who has physical limitations
- 3) Display on what happens to our bodies as we age
- 4) Display on a new communications skills you have learned
- 5) Display on a new "friendship" you have formed through this project
- 6) Display on something "new" you learned in this project

## **CLASS D: Health**

### **Unit 1: Exploring Your Body**

- 1) Display on body motion
- 2) Family display
- 3) Exhibit on manners (good vs bad)
- 4) Display on food choices
- 5) Exhibit on body works
- 6) Exhibit on bicycle safety

### **Unit 2: Discovering Myself**

- 7) A fitness display
- 8) Display showing how smoking affects the lungs
- 9) Poster that illustrates individual uniqueness
- 10) Display or report on reducing stress
- 11) Study space analysis
- 12) Exhibit on home safety hazards
- 13) A netty pot

### **Unit 3: Fun With Friends**

- 14) Display on calculating target heart rate
- 15) Exhibit on handling sports injuries
- 16) Display on injury and accident prevention
- 17) Exhibit on the effects of alcohol
- 18) A friendship want ad

#### Unit 4: Teen Talk

- 19) Exhibit on the affects media has on self-image
- 20) A physical activity plan
- 21) Exhibit on preventing sexual assault
- 22) Display on teen pregnancy
- 23) Exhibit on AIDS/STDs
- 24) Personal letter written to a legislator

#### Unit 5: Piecing it Together

- 25) Importance of personal and family health history
- 26) Tanning survey and results
- 27) Violence prevention public service announcement
- 28) Exhibit on non-violent ways to resolve conflict
- 29) A personal resume

#### CLASS E. Folk Arts

*For any of these exhibits, the display could be a written report, pictures, poster, mobile, etc.*

- 1) Display on a field trip taken
- 2) Display on a folk art scavenger hunt
- 3) Display showing examples of a variety of folk arts
- 4) Display on the history of a folk art
- 5) Display on a visit with a folk artist
- 6) Display on folk art in your community
- 7) Display of a folk art from your family
- 8) Family folk arts exhibit you created
- 9) Folk art photo story
- 10) Display on a folk art interview conducted
- 11) Display on a folk art exhibit you created
- 12) Display on a folk art celebration you planned
- 13) Folk arts booklet compiled

#### CLASS F. Personal Finance

***\*\*For security purposes, do not use personal/family financial information. Exhibitors must use created/fictitious names and numbers for all lots in this class.\*\****

- 1) My "Needs and Wants" portrait
- 2) Make smart spending goals poster or display
- 3) How to manage a checking account display or booklet
- 4) How to comparison shop for a product
- 5) Any other item not listed above

#### CLASS G. Service Learning

- 1) Poster, collage or model of problems or needs in my community
- 2) Service learning mission newsletter
- 3) A service learning project journal, photo diary or scrapbook
- 4) Any other item not listed above

#### Special Awards and Sponsorships

**Miller & Sons Supermarket** - All ribbons. Award and rosette to Champion and rosette to Reserve Champion of designated classes.

## **\*\*NEW THIS YEAR\*\* EDUCATION & SCHOOL EXHIBITS Department 35**

#### Check-In

Tuesday, 1 - 7 p.m., Exhibition Hall

#### Judging

Tuesday, 7 p.m., Danish Judging, Exhibition Hall  
(Exhibitor presence not needed)

#### Department Chairperson

Pam VanderSanden - (608) 206-4968

<u>Premiums</u>	<u>Blue</u>	<u>Red</u>	<u>White</u>	<u>Pink</u>
Class A	\$75	\$70	\$65	\$60
Class B	\$12	\$10	\$8	\$6

#### CLASS A. School Booth Systems

##### Regulations

1. The exhibit shall consist of a school booth display representing the entire school or a subject taught within the school. Display may not exceed 3'x3'.
2. Each school is limited to one entry under the school booth system.
3. The subject matter for exhibits include any subject taught in the school during the school year.
4. Judging shall be based on factors such as arrangement, theme, entry, eye appeal, and creativeness.
5. Premiums on school booth displays shall be paid to the school.
6. Exhibits will be displayed during the Fair and may be collected on Sunday between 4:30 – 6:30 p.m.

##### **Lots:**

- 1) School booth system

#### CLASS B. Student Group Displays

##### Regulations

1. The exhibit shall consist of a student group other than a student group representing the entire school.
2. The exhibit may not be displayed as part of a school booth exhibit.
3. Exhibits entered under student group displays shall meet all of the following requirements:
  - a. Include school name, teacher's name, name and address of student, and exhibitor number on entry form.
  - b. **Be entered under the name of the school with participating grades listed on the entry form.**
  - c. **Be comprised of schoolwork completed during the current school year.**
4. Student group displays shall be judged on originality, creativeness, quality, subject material, art media, individual and group work, attractive arrangement, and percentage of pupils participation.
5. Premiums on student group displays shall be paid to the teacher or to the school.
6. Displays should be no larger than 22"x28" and can be tri-fold.
7. Exhibits will be displayed during the Fair and may be collected on Sunday between 4:30 – 6:30 p.m.

##### **Lots:**

- 1) Student group display

#### Special Awards and Sponsorships

**Miller & Sons Supermarket** - All ribbons.