Female Overall Winners

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Merrilee	Blackham	39	Ogden UT	0:19:24	0:40:58	1:06:05	2:00:46	**4:07:12**
2	Rochelle	Tyson	33	Ogden UT	0:19:35	0:41:45	1:08:55	2:08:44	**4:18:58**
3	Aimee	Larkin	40	Salt Lake City UT	0:20:11	0:42:00	1:11:08	2:08:59	**4:22:18**

Male Overall Winners

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Cody	Kelley	20	Logan UT	0:17:05	0:35:47	1:00:19	1:53:50	**3:47:01**
2	Jason	Blackham	42	Ogden UT	0:18:49	0:40:32	1:04:46	2:00:40	**4:04:47**
3	Ob	Vincent	28	Layton UT	0:18:05	0:40:13	1:07:44	2:01:23	**4:07:25**

Female Masters Winners

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Aimee	Larkin	40	Salt Lake City UT	0:20:11	0:42:00	1:11:08	2:08:59	**4:22:18**
2	Brittany	Blanchard	41	South Ogden UT	0:22:56	0:50:31	1:24:59	2:29:43	**5:08:10**
3	Rachel	Jolley	43	Nibley UT	0:22:53	0:49:44	1:22:55	2:35:31	**5:11:03**

Male Masters Winners

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Jason	Blackham	42	Ogden UT	0:18:49	0:40:32	1:04:46	2:00:40	**4:04:47**
2	Dan	Hughes	52	Layton UT	0:20:40	0:43:18	1:11:29	2:11:16	**4:26:44**
3	Jose	Garcia	58	West Haven UT	0:21:15	0:44:14	1:14:43	2:16:09	**4:36:21**

MALE 13 - 18

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Caleb	Dredge	17	Mountain Green UT	0:20:21	0:45:56	1:12:52	2:13:46	**4:32:55**
2	Hyrum	Palmer	17	Kaysville UT	0:21:08	0:47:43	1:17:14	2:14:47	**4:40:52**

FEMALE 19 - 24

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Caitlyn	Turner	19	Logan UT	0:27:07	0:58:11	1:38:43	3:15:22	**6:19:22**
2	Daniela	McCroby	21	Ogden UT	0:29:27	1:03:51	1:54:12	3:44:22	**7:11:52**
3	Cassie	Hayes	22	West Haven UT	0:25:46	0:54:48	1:34:36	2:53:39	**5:48:49**
4	Whitney	Titus	24	Morgan UT	0:35:51	1:14:29	2:15:53	4:06:48	**8:13:02**

MALE 19 - 24

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Jayden	Slater	20	Farr West UT	0:22:33	0:48:03	1:25:32	2:43:47	**5:19:55**
2	Tom	Hill	22	Brigham City UT	0:19:10	0:40:21	1:07:21	2:01:13	**4:08:05**
3	Braxton	Stofferahn	22	Ogden UT	0:26:34	0:54:08	1:41:31	3:32:14	**6:34:27**
4	Sam	Dixon	23	Ogden UT	0:22:49	0:48:26	1:30:03	2:46:05	**5:27:24**
5	Colton	Lewis	23	West Point UT	0:25:12	0:52:30	1:27:57	2:58:50	**5:44:29**

FEMALE 25 - 29

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Sarah	McGurl	25	Layton UT	0:32:43	1:11:35	1:55:26	3:52:40	**7:32:23**
2	Kylee	Wayment	29	Farmington UT	0:23:59	0:49:47	1:19:51	2:29:01	**5:02:39**
3	Shanel	Shepherd	29	Ogden UT	0:26:19	0:58:24	1:51:07	3:09:18	**6:25:09**

MALE 25 - 29

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Devan	Radle	26	Ogden UT	0:21:05	0:45:01	1:14:40	2:32:44	**4:53:30**
2	Mike	Hancock	29	Layton UT	0:21:21	0:45:04	1:15:38	2:19:36	**4:41:39**

FEMALE 30 - 34

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Holly	Loveless	30	Orem UT	0:26:02	0:53:41	1:25:49	2:37:29	**5:23:01**
2	Minoushka	Ruiz	30	Ogden UT	0:27:06	0:58:11	1:35:14	3:15:22	**6:15:53**
3	Heidi	Waddoups	31	Roy UT	0:25:18	0:54:11	1:25:31	2:33:55	**5:18:55**
4	Heather	Bailey	31	South Weber UT	0:25:17	1:00:52	1:38:11	3:12:04	**6:16:24**
5	Jasmine	Nakayama	31	Clearfield UT	0:31:35	1:11:02	1:53:44	3:54:41	**7:31:02**
6	Kristin	Babilis	32	Ogden UT	0:27:34	1:05:39	1:36:09	3:03:11	**6:12:33**
7	Rebecca	Shelton	32	Mountain Green UT	0:27:29	1:00:52	1:38:11	3:12:04	**6:18:36**
8	Miriam	Tippetts	32	West Valley City UT	0:28:21	1:09:02	1:44:02	3:11:08	**6:32:33**
9	Jenny	Schaeffer	32	Herriman UT	0:32:13	1:08:51	1:55:59	3:44:36	**7:21:39**
10	Eva	Harris	33	Layton UT	0:24:45	0:51:57	1:31:46	2:53:46	**5:42:14**
11	Emily	Witman	33	Ogden UT	0:25:47	0:58:48	1:35:04	2:45:10	**5:44:50**
12	Jenet	Boring	34	Huntsville UT	0:29:18	0:59:57	1:36:44	2:57:56	**6:03:54**
13	Cassidy	Hamblin	34	Syracuse UT	0:27:35	1:05:39	1:39:39	3:11:12	**6:24:04**
14	Nicole	Lowder	34	Hooper UT	0:31:06	1:05:53	1:46:38	3:45:28	**7:09:05**
15	Brandi	Grant	34	West Valley City UT	0:31:40	1:10:31	1:57:04	3:53:40	**7:32:55**
16	Mindy	Ferguson	34	Bountiful UT	0:33:03	1:10:41	2:03:46	3:46:52	**7:34:22**

MALE 30 - 34

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Jason	Loveless	32	Orem UT	0:24:37	0:53:41	1:23:37	2:43:08	**5:25:03**
2	Daryl	Fluckiger	34	Kaysville UT	0:24:19	0:51:33	1:27:33	2:34:41	**5:18:06**

FEMALE 35 - 39

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Melissa	Watkins	35	West Haven UT	0:28:54	0:59:20	1:37:35	2:56:51	**6:02:40**
2	Leonora	Schaelling	35	Clearfield UT	0:28:20	1:01:01	1:35:28	3:08:23	**6:13:12**
3	Burkell	Cooper	35	Farr West UT	0:29:01	1:01:34	1:39:55	3:13:06	**6:23:36**
4	Korie	Nelson	35	Plain City UT	0:30:27	1:03:52	1:44:47	3:24:44	**6:43:49**
5	Jodie	Richards	36	Kaysville UT	0:24:57	0:54:34	1:32:03	2:57:36	**5:49:10**
6	Laurel	Fedor	36	Ogden UT	0:28:06	1:03:42	1:37:40	3:29:21	**6:38:48**
7	Melissa	Miller	36	West Haven UT	0:36:11	0:52:40	2:07:25	3:57:22	**7:33:37**
8	Crystal	Visser	37	West Point UT	0:31:34	1:02:51	1:41:09	2:54:36	**6:10:10**
9	Amanda	Gagestein	37	Ogden UT	0:41:30	1:16:18	1:58:55	3:35:13	**7:31:56**
10	Ellie	Gist	38	Clinton UT	0:35:27	1:19:06	2:09:40	3:56:01	**8:00:14**
11	Angel	Burton	38	Layton UT	0:44:08	1:30:13	2:26:48	4:23:37	**9:04:45**
12	Anna	Teeples	39	Layton UT	0:25:05	0:55:22	1:29:58	2:53:46	**5:44:11**
13	Melissa	Mangels	39	North Ogden UT	0:27:28	0:57:37	1:36:33	2:46:30	**5:48:08**
14	Cami	Argyle	39	Hooper UT	0:31:40	1:09:12	1:54:24	3:28:51	**7:04:07**

MALE 35 - 39

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Tim	Cottrell	35	Ogden UT	0:21:00	0:46:30	1:18:01	2:33:53	**4:59:24**
2	Gavin	Harry	35	Kaysville UT	0:29:23	1:08:43	1:48:15	3:21:30	**6:47:51**
3	Roger	Carrasquel	35	Kaysville UT	0:31:03	1:08:25	1:53:20	3:34:42	**7:07:31**
4	Robert	Bruderer	37	South Ogden UT	0:22:34	0:45:06	1:14:30	2:23:25	**4:45:35**
5	Brandon	Miller	37	West Haven UT	0:32:16	1:12:52	1:28:48	2:39:51	**5:53:47**
6	Clint	Visser	37	West Point UT	0:31:39	0:59:47	1:31:52	2:52:52	**5:56:10**
7	Aaron	Lowder	37	Hooper UT	0:31:06	1:05:53	1:46:38	3:45:28	**7:09:05**
8	Douglas	Smith	38	Clinton UT	0:19:58	0:43:45	1:09:27	2:11:20	**4:24:29**
9	Jason	Doncouse	38	Ogden UT	0:36:26	1:26:16	2:15:52	4:07:42	**8:26:16**
10	Joey	Wilkinson	39	Perry UT	0:20:31	0:44:31	1:13:53	2:15:16	**4:34:10**
11	Casey	Froerer	39	Ogden UT	0:23:25	0:51:17	1:29:59	2:29:40	**5:14:21**
12	Joey	De Los Reyes	39	Layton UT	0:25:37	0:56:33	1:33:07	3:03:44	**5:59:01**
13	David	Yung	39	Layton UT	0:29:34	1:02:36	1:42:22	3:34:08	**6:48:39**

FEMALE 40 - 44

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Stacy	Bernal	40	Ogden UT	0:32:09	1:08:08	1:52:16	3:23:00	**6:55:32**
2	Melissa	Christensen	40	Salt Lake City UT	0:44:08	1:30:12	2:26:10	4:23:33	**9:04:02**
3	Tamra	Woodland	41	Plain City UT	0:30:09	1:01:21	1:40:33	3:11:09	**6:23:12**
4	Anastasia	Lamb	41	Sandy UT	0:31:48	1:11:32	1:54:28	3:22:25	**7:00:13**
5	Christine	Ipsen	41	Roy UT	0:36:57	1:21:53	2:08:22	4:10:55	**8:18:07**
6	Becky	Weisner	41	Ogden UT	0:39:01	1:22:08	2:12:23	4:09:22	**8:22:54**
7	Kristin	Millard	42	Ogden UT	0:32:20	1:06:44	1:49:07	3:22:46	**6:50:57**
8	Liz	Gundersen	42	Nibley UT	0:33:59	1:12:37	1:59:03	3:53:47	**7:39:26**
9	Margaret	Belko	43	North Ogden UT	0:28:22	1:02:14	1:36:33	3:12:39	**6:19:47**

MALE 40 - 44

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Kory	Heslop	40	Plain City UT	0:22:07	0:45:19	1:15:26	2:16:49	**4:39:41**
2	Jeff	Holman	40	Centerville UT	0:21:57	0:46:24	1:18:50	2:20:08	**4:47:19**
3	Kyle	Gerber	40	Syracuse UT	0:23:40	0:55:39	1:24:25	2:33:25	**5:17:09**
4	Ryan	Smith	40	South Ogden UT	0:27:13	1:02:42	1:26:50	2:41:59	**5:38:44**
5	Jake	Veigel	40	Bountiful UT	0:24:16	0:54:50	1:33:31	3:00:51	**5:53:28**
6	Samuel	Beasley	40	Ogden UT	0:27:43	0:57:57	1:39:19	2:52:10	**5:57:09**
7	Eric	Jensen	41	Farmington UT	0:20:03	0:42:13	1:12:43	2:21:24	**4:36:23**
8	Jeremiah	Shapiro	41	Layton UT	0:24:37	0:52:27	1:26:33	2:43:18	**5:26:55**
9	Ben	Gillespie	41	Ogden UT	0:34:14	1:05:33	1:47:48	3:32:21	**6:59:55**
10	Brian	Williams	41	Ogden UT	0:41:32	1:13:12	1:49:24	3:35:20	**7:19:27**
11	Justin	Ipsen	41	Roy UT	0:35:05	1:13:07	1:57:08	3:42:22	**7:27:42**
12	Jason	Fogarty	41	Roy UT	0:36:39	1:14:47	2:07:37	4:24:35	**8:23:39**
13	Curtis	Nye	42	Clinton UT	0:24:21	0:51:47	1:25:36	2:34:40	**5:16:25**
14	Mark	Quillen	42	Kaysville UT	0:25:40	0:55:41	1:30:26	3:05:19	**5:57:06**
15	Rich	Dallinga	42	Clearfield UT	0:35:04	1:13:07	1:57:08	3:46:56	**7:32:15**
16	Brandon	Mason	42	North Ogden UT	0:34:15	1:13:05	2:04:58	3:47:45	**7:40:02**
17	Brett	Cammack	44	West Haven UT	0:31:39	1:03:56	1:47:48	3:28:02	**6:51:24**

FEMALE 45 - 49

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Jenny	Cole	45	Pleasant View UT	0:25:16	0:53:54	1:28:07	2:41:34	**5:28:52**
2	Heidi	Webb	45	Eden UT	0:26:24	0:54:28	1:28:22	2:40:21	**5:29:35**
3	Mary	Draper	45	Ogden UT	0:30:15	1:02:31	1:47:33	3:11:53	**6:32:12**
4	Bobi	Pace	47	Ogden UT	0:25:46	0:54:31	1:30:35	2:48:28	**5:39:20**
5	Tara	Low	47	Morgan UT	0:28:03	0:58:26	1:53:34	2:49:55	**6:09:59**
6	Denise	Call	47	Ogden UT	0:32:21	1:06:44	1:49:07	3:22:46	**6:50:58**
7	Bev	Smith	48	Kaysville UT	0:26:47	1:03:07	1:37:09	3:14:14	**6:21:17**
8	Kenna	Brown	48	Ogden UT	0:39:39	1:25:07	2:22:33	4:24:40	**8:51:59**
9	Dorothy	Dean	49	Ogden UT	0:25:42	0:56:57	1:35:06	2:51:19	**5:49:04**
10	Susie	Davis	49	Mountain Green UT	0:29:37	1:01:13	1:42:06	3:19:37	**6:32:33**

MALE 45 - 49

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	David	Blanchard	46	South Ogden UT	0:21:23	0:47:44	1:14:50	2:20:16	**4:44:13**
2	Richard	Nef	46	Layton UT	0:23:07	0:49:26	1:19:06	2:24:48	**4:56:27**
3	Brett	Swanson	46	Layton UT	0:25:54	0:55:31	1:28:26	2:40:11	**5:30:02**
4	Rod	Willyerd	46	Farmington UT	0:29:18	0:55:28	1:27:13	2:38:21	**5:30:20**
5	Tim	Hansen	47	West Haven UT	0:29:02	0:58:47	1:40:12	2:59:34	**6:07:35**
6	Rob	Goodwin	48	Riverdale UT	0:30:46	1:08:33	2:03:05	3:42:46	**7:25:10**

FEMALE 50 - 54

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Alison	Corey	50	Ogden UT	0:31:16	1:02:10	1:39:20	3:07:38	**6:20:23**
2	Lorrie	Schaffer	50	Layton UT	0:31:33	1:08:22	1:43:13	3:07:32	**6:30:39**
3	Cindy	McGurl	50	Layton UT	0:34:11	1:14:26	2:10:45	4:06:48	**8:06:10**
4	Ruth	Titus	50	Morgan UT	0:34:11	1:14:31	2:15:50	4:06:07	**8:10:39**
5	Michelle	Wybrow	51	Roy UT	0:29:52	1:04:13	2:09:28	3:17:14	**7:00:48**
6	Mary Ann	Bronson	52	So. Ogden UT	0:25:00	0:52:05	1:28:06	2:57:06	**5:42:17**
7	Jolene	Mortensen	53	Logan UT	0:34:32	1:13:50	2:05:10	4:07:56	**8:01:28**
8	Robin	Palmer	54	Herriman UT	0:31:46	1:06:52	1:53:08	3:45:33	**7:17:19**

MALE 50 - 54

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Troy	Anderson	50	Syracuse UT	0:25:20	0:54:19	1:32:03	2:59:06	**5:50:48**
2	Paul	Fulton	51	Taylorsville UT	0:21:43	0:48:01	1:16:47	2:28:06	**4:54:37**
3	Terry	Foust	54	Kaysville UT	0:26:59	0:57:19	1:32:16	2:45:37	**5:42:11**
4	Wayne	Peterson	54	Riverdale UT	0:28:29	1:03:25	1:38:58	3:20:14	**6:31:06**

FEMALE 55 - 59

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Janet	Parker	56	Ogden UT	0:33:30	1:12:53	1:57:21	3:54:39	**7:38:23**
2	Nan	Schmidt	58	Logan UT	0:24:50	0:54:04	1:25:40	2:37:10	**5:21:44**

MALE 55 - 59

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Dave	Donaldson	55	Morgan UT	0:27:17	0:58:24	1:29:38	2:53:06	**5:48:24**
2	Brent	Dicou	55	Morgan UT	0:28:00	0:59:55	1:35:31	2:58:18	**6:01:45**
3	Paul	Stenquist	56	Kaysville UT	0:22:42	0:49:12	1:21:09	2:45:11	**5:18:14**
4	Rex	Boman	57	Layton UT	0:30:11	1:05:02	1:47:39	3:51:52	**7:14:44**

FEMALE 60 - 64

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Tess	Woods	62	North Ogden UT	0:35:49	1:13:15	2:07:12	3:44:09	**7:40:25**
2	Celeste	Collman	63	Ogden UT	0:27:25	1:02:59	1:42:01	3:14:16	**6:26:40**

MALE 60 - 64

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Brad	Kelley	62	Eden UT	0:23:32	0:50:51	1:27:56	2:58:32	**5:40:51**
2	Noel	Hyde	62	Layton UT	0:24:58	0:54:39	1:34:21	2:50:41	**5:44:39**
3	Tom	Cowan	62	Farmington UT	0:31:37	1:05:50	1:49:57	3:21:08	**6:48:31**

FEMALE 65 - 69

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Marlene	Hadley	65	North Ogden UT	0:30:47	1:07:34	1:44:54	3:20:04	**6:43:20**

MALE 65 - 69

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Kaly	Fadel	66	Ogden UT	0:26:56	0:56:48	1:34:37	2:52:31	**5:50:52**
2	Marlin	Shelley	68	Bountiful UT	0:29:48	1:03:41	1:38:24	3:09:53	**6:21:47**

MALE 70 - 99

	First Name	Last Name	Age	City & State	5K Time	10K Time	10 - Mile Time	30 K Time	Cumulative Time
1	Sherman	Smith	72	Ogden UT	0:25:49	0:55:13	1:27:19	2:43:46	**5:32:06**