

Female Overall Cumulative Results

	<u>Name</u>	<u>City, State</u>	<u>Gender</u>	<u>Age</u>	<u>5K-Time</u>	<u>10-K Time</u>	<u>10-Mile Time</u>	<u>Half-Time</u>	<u>30K Time</u>	<u>Combined Total</u>
1	Cheryl Roper	Kaysville UT	F	35	24:01.0	0:49:31	1:22:28	1:37:17	2:27:04	6:40:21
2	Heidi Waddoups	Eden UT	F	32	24:25.0	0:50:45	1:26:06	1:44:14	2:34:06	6:59:36
3	heidi webb	eden UT	F	46	26:03.0	0:52:41	1:29:52	1:49:27	2:43:22	7:21:25
4	Kimberly Folkman	Ogden UT	F	43	26:42.0	0:53:17	1:32:32	1:51:48	2:43:01	7:27:20
5	Shannon Corliss	Plain city UT	F	33	25:18.0	0:51:40	1:28:09	1:53:27	3:01:12	7:39:46
6	Tiffany Swaner	Roy UT	F	37	26:24.0	0:53:06	1:30:30	1:55:30	3:06:35	7:52:05
7	Melissa Watkins	West Haven UT	F	36	26:37.0	0:55:56	1:33:12	1:55:45	3:01:48	7:53:18
8	Jenet Davis	Huntsville UT	F	35	28:14.0	0:57:38	1:36:12	1:58:14	2:58:04	7:58:22
9	Beth Munson	Millville UT	F	54	27:24.0	0:57:20	1:38:08	1:58:19	3:03:49	8:05:00
10	Elizabeth Stauder	Mtn Green UT	F	22	26:16.0	0:55:37	1:38:30	1:52:23	3:15:11	8:07:57
11	Lisa Dudley	Riverton UT	F	55	27:36.0	0:57:19	1:34:34	1:57:37	3:12:53	8:09:59
12	Melissa Aland	Farr West UT	F	33	29:31.0	1:02:09	1:39:51	2:00:43	3:07:07	8:19:22
13	angela child	roy UT	F	39	28:04.0	0:58:40	1:44:36	2:00:39	3:11:02	8:23:01
14	Cami Rasmussen	West Haven UT	F	41	29:43.0	0:59:20	1:41:06	2:07:03	3:11:33	8:28:45
15	Leonora Schaelling	Clearfield UT	F	36	27:47.0	0:58:47	1:38:19	2:16:13	3:13:26	8:34:32
16	Camillia Burgoyne	Syracuse UT	F	32	27:46.0	0:58:10	1:38:14	2:13:43	3:17:35	8:35:28
17	Natasha Metzler	Roy UT	F	29	30:14.0	1:02:52	1:42:56	2:05:54	3:16:04	8:38:00
18	Camille Houghton	Layton UT	F	48	28:26.0	0:59:28	1:57:19	2:09:04	3:09:51	8:44:08
19	Korie Nelson	Plain City UT	F	36	28:55.0	1:00:09	1:47:52	2:11:06	3:17:07	8:45:09
20	Susie Davis	Mountain Green UT	F	50	28:38.0	1:01:18	1:44:25	2:12:01	3:19:23	8:45:45
21	Celeste Collman	Ogden UT	F	64	28:57.0	1:00:07	1:45:51	2:12:01	3:27:42	8:54:38
22	Tori Goodrich	syracuse UT	F	31	29:25.0	1:01:27	1:44:40	2:13:14	3:27:50	8:56:36
23	Melissa Smith	Ogden UT	F	40	31:38.0	1:02:12	1:49:13	2:09:01	3:25:38	8:57:42
24	Erica Bruell Reinhold	Washington Terrace UT	F	31	27:16.0	0:57:53	1:36:41	2:30:58	3:26:36	8:59:23
25	Sharon Johnson	Smithfield UT	F	55	30:16.0	1:02:59	1:48:56	2:10:56	3:35:46	9:08:53
26	Marlene Hadley	North Ogden UT	F	66	30:24.0	1:02:24	1:48:32	2:17:36	3:30:56	9:09:52
27	Shelli Brixey	Ogden UT	F	40	34:09.0	1:07:07	1:54:49	2:17:39	3:23:18	9:17:02
28	Stephenie Duncan	Providence UT	F	27	30:22.0	1:01:40	1:43:37	2:17:25	3:45:04	9:18:09
29	Jann Davis	West Haven UT	F	60	31:30.0	1:03:56	1:48:43	2:11:17	3:44:52	9:20:17
30	Tammy Whitby	Farr West UT	F	42	31:10.0	1:02:58	1:48:55	2:17:27	3:41:32	9:22:02
31	Meagan Jeffs	Kaysville UT	F	41	31:08.0	1:04:34	1:48:09	2:12:31	3:56:38	9:33:00
32	Amanda Hadley	Salt Lake City UT	F	26	29:26.0	1:02:26	1:50:21	2:14:52	3:56:42	9:33:47
33	Lacey Russell	Clearfield UT	F	28	32:50.0	1:10:45	1:59:32	2:21:21	3:33:45	9:38:13
34	Mendy Gardner	Kaysville UT	F	47	34:23.0	1:06:44	1:51:40	2:22:30	3:48:38	9:43:55
35	Janet Parker	Logan UT	F	57	33:00.0	1:09:10	1:57:13	2:32:36	3:42:24	9:54:23

36	Emily Fowers	Ogden UT	F	31	31:38.0	1:10:21	1:56:32	2:32:48	3:48:22	9:59:41
37	Leslie Perkins	Layton UT	F	50	33:52.0	1:13:44	2:04:17	2:37:05	3:55:07	10:24:05
38	Jolene Mortensen	Logan UT	F	54	35:21.0	1:12:25	2:03:17	2:37:20	4:10:00	10:38:23
39	Cindy McGurl	Layton UT	F	51	34:23.0	1:14:50	2:07:15	2:49:06	4:17:02	11:02:36
40	Becky Weisner	Ogden UT	F	42	37:46.0	1:16:49	2:08:58	2:39:44	4:19:35	11:02:51

Male Overall Cumulative Results

	<u>Name</u>	<u>City_State</u>	<u>Gender</u>	<u>Age</u>	<u>5K-Time</u>	<u>10-K Time</u>	<u>10-Mile Time</u>	<u>Half-Time</u>	<u>30K Time</u>	<u>Combined Total</u>
1	Chris Yerka	Layton UT	M	37	18:04.0	0:37:25	1:04:52	1:18:14	1:57:41	5:16:16
2	Thom Kuehls	Ogden UT	M	54	18:47.0	0:39:23	1:05:53	1:19:51	1:58:11	5:22:05
3	Bastiaan Bruell	Washington Terrace UT	M	40	19:19.0	0:39:42	1:08:34	1:24:42	2:06:27	5:38:44
4	gabe galvan	Layton UT	M	35	18:52.0	0:44:25	1:12:24	1:27:31	2:07:31	5:50:42
5	Dan Hughes	Layton UT	M	53	20:34.0	0:42:48	1:12:07	1:27:06	2:10:27	5:53:02
6	Michael Cragun	Bothwell UT	M	45	20:23.0	0:42:36	1:14:07	1:34:22	2:19:02	6:10:30
7	Steven Jeffs	Kaysville UT	M	42	22:02.0	0:46:44	1:18:36	1:32:55	2:18:07	6:18:24
8	Eric Jensen	Farmington UT	M	42	20:38.0	0:43:14	1:13:24	1:32:56	2:29:38	6:19:50
9	Curtis Nye	Clinton UT	M	43	21:34.0	0:45:30	1:19:50	1:34:16	2:18:45	6:19:55
10	Matt Bugnet	Ogden UT	M	36	20:36.0	0:43:27	1:15:01	1:32:47	2:28:12	6:20:03
11	Kory Heslop	Plain City UT	M	41	22:19.0	0:45:21	1:18:27	1:36:50	2:19:10	6:22:07
12	Josh Robles	West Point UT	M	39	21:12.0	0:45:01	1:16:52	1:33:15	2:26:47	6:23:07
13	Shaun Shellabarger	West Haven UT	M	40	22:28.0	0:47:19	1:23:28	1:36:18	2:20:14	6:29:47
14	Tim Drake	Ogden UT	M	42	21:22.0	0:49:22	1:17:59	1:44:59	2:23:15	6:36:57
15	Tim Cottrell	Ogden UT	M	36	21:10.0	0:46:39	1:18:23	1:37:59	2:33:16	6:37:27
16	Jon Wayment	Roy UT	M	55	22:38.0	0:47:23	1:22:16	1:44:06	2:29:53	6:46:16
17	Paul Clark	South Weber UT	M	51	23:41.0	0:49:42	1:21:29	1:41:48	2:33:27	6:50:07
18	Sam Dixon	North Ogden UT	M	24	21:35.0	0:46:29	1:21:05	1:45:11	2:41:03	6:55:24
19	Matt Taggart	Kaysville UT	M	42	25:18.0	0:50:11	1:25:05	1:43:35	2:36:59	7:01:08
20	James Clark	Brigham City UT	M	30	22:33.0	0:49:42	1:23:12	1:46:18	2:40:22	7:02:07
21	John Stauder	Mtn Green UT	M	55	24:17.0	0:51:05	1:26:30	1:45:13	2:35:22	7:02:28
22	James Borden	Farmington UT	M	50	24:04.0	0:50:56	1:26:52	1:44:46	2:43:16	7:09:55
23	Daryl Fluckiger	Kaysville UT	M	35	24:12.0	0:51:46	1:27:37	1:45:31	2:43:50	7:12:56
24	Sherman Smith	Ogden UT	M	73	25:51.0	0:52:39	1:31:17	1:47:32	2:43:36	7:20:55
25	Mark Drake	Ogden UT	M	37	23:31.0	0:50:15	1:25:24	1:46:24	2:57:16	7:22:51
26	Christian Murray	Pleasant view UT	M	43	24:27.0	0:52:12	1:30:33	1:52:42	2:50:44	7:30:39
27	Hatim Rockssi	Kaysville UT	M	37	26:29.0	0:56:00	1:33:02	1:47:49	2:50:52	7:34:11
28	Brian Munson	Millville UT	M	60	24:38.0	0:51:11	1:28:35	1:48:46	3:01:43	7:34:53
29	Andrew Hawes	North Ogden UT	M	34	26:10.0	0:57:13	1:34:31	1:51:36	2:47:59	7:37:29

30	Dave Merrill	Ogden UT	M	45	23:06.0	0:50:03	1:26:18	1:53:11	3:07:11	7:39:49
31	Brad Kelley	Eden UT	M	63	25:44.0	0:52:48	1:32:05	1:54:00	3:11:00	7:55:37
32	Samuel Beasley	Bountiful UT	M	41	27:08.0	0:54:39	1:35:24	1:57:09	3:07:32	8:01:52
33	Ryan Snarr	Syracuse UT	M	39	23:00.0	0:50:42	2:02:05	1:54:44	2:52:42	8:03:13
34	David Antes	Layton UT	M	46	26:50.0	0:56:54	1:37:07	2:01:03	3:02:36	8:04:30
35	Kaly Fadel	Ogden UT	M	67	26:53.0	0:57:43	1:37:39	2:00:51	3:02:32	8:05:37
36	Terry Foust	Kaysville UT	M	55	28:00.0	0:58:56	1:37:34	2:01:09	3:04:47	8:10:26
37	Mike McBride	Ogden UT	M	43	27:42.0	0:59:20	1:37:27	1:59:56	3:08:33	8:12:58
38	Michael Crudele	West Haven UT	M	51	27:37.0	0:59:02	1:37:39	2:03:29	3:08:19	8:16:05
39	Douglas Christenson	Tremonton UT	M	49	26:41.0	1:01:45	1:36:37	2:03:18	3:08:51	8:17:12
40	Lloyd Davidson	West Point UT	M	45	28:33.0	0:59:14	1:41:00	2:05:55	3:06:46	8:21:28
41	Brent Johnson	South Weber UT	M	73	25:45.0	0:57:10	1:33:18	2:00:52	3:28:25	8:25:30
42	Larry Hodson	Plain city UT	M	54	26:44.0	0:57:41	1:39:07	2:01:20	3:22:16	8:27:08
43	Jon Hallows	Syracuse UT	M	45	28:53.0	1:03:11	1:48:49	2:09:16	3:09:45	8:39:53
44	Marlin Shelley	Bountiful UT	M	69	30:07.0	1:01:21	1:45:13	2:09:33	3:14:52	8:41:06
45	David Yung	Layton UT	M	40	31:53.0	1:02:38	1:39:36	2:09:34	3:17:59	8:41:39
46	Tom Rich	Clinton UT	M	64	28:15.0	0:59:49	1:47:06	2:07:02	3:25:31	8:47:43
47	Ryan Goodrich	Syracuse UT	M	34	29:27.0	1:01:26	1:44:41	2:13:13	3:27:50	8:56:37
48	Daniel Holley	Plain City UT	M	39	33:04.0	1:09:24	1:56:39	2:14:08	3:21:01	9:14:16
49	William Wisser	Hooper UT	M	42	31:07.0	1:02:40	1:45:33	2:24:49	3:39:04	9:23:14
50	Justin Ipsen	ROY UT	M	42	36:42.0	1:14:26	1:46:00	2:10:36	3:45:50	9:33:35
51	Carlos P Espinoza	Ogden UT	M	43	36:12.0	1:14:47	2:02:47	2:30:44	3:37:58	10:02:28
52	Travis Shaw	ogden UT	M	39	30:38.0	1:12:56	1:51:21	2:38:05	3:54:36	10:07:36
53	Steven Palfreyman	Ogden UT	M	40	36:10.0	1:14:52	2:14:05	2:46:13	3:46:10	10:37:29
54	Jason Castle	Salt Lake City UT	M	45	32:13.0	1:15:27	2:07:01	2:46:07	4:02:54	10:43:41
55	Francisco Martinez	West Haven UT	M	41	37:48.0	1:16:36	2:08:47	2:45:43	4:35:58	11:24:52