You are living through history right now.

Take a moment to fill in these pages for your future self to look back on. And here are some other ideas of things to include:

- [ ] Some photos from this time
- [ ] A journal of your days
- [ ] Local newspaper pages or clipping
- [ ] Any art work you created
- [ ] Family / pet pictures
- [ ] Special memories

Draw a picture of the people you are social distancing with here.
ALL ABOUT ME

I AM
YEARS OLD

I STAND
INCHES TALL

I WEIGH
POUNDS

SHOE SIZE

MY FAVORITES

TOY: _____________________________
COLOR: ___________________________
ANIMAL: __________________________
FOOD: ___________________________
SHOW: ___________________________
MOVIE: __________________________
BOOK: ___________________________
ACTIVITY: ________________________
PLACE: __________________________
SONG: ___________________________

MY BEST FRIEND/S:
_______________________________
_______________________________

WHEN I GROW UP I WANT TO BE:
_______________________________

DATE:

PAGES BY LONG CREATIONS
How I'm Feeling

Words to describe how I feel:

How my face looks:

Smiles: 😊 😊 😊 😊 😊

Sadness: 😞 😞 😞 😞 😞

I am most thankful for:

What I have learned most from this experience:

The 3 things I am most excited to do when this is over:

1.

2.

3.
WHERE I AM LIVING DURING THIS TIME:

WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g. hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?
YOU ARE NOT STUCK AT HOME, YOU ARE SAFE AT HOME!

WHAT I AM DOING TO KEEP BUSY:
OUR HANDPRINTS
PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLORS) AND PLACE YOUR HANDS HERE
WHAT OCCASIONS DID YOU CELEBRATE DURING THIS TIME? WRITE THE LIST DOWN HERE AND WHAT YOU DID TO CELEBRATE (E.G. ST. PATRICK’S DAY, EASTER, BIRTHDAYS, ANNIVERSARIES)

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<tr>
<th>EVENT</th>
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INTERVIEW YOUR HOUSEHOLD

WHAT HAS BEEN THE BIGGEST CHANGE?

HOw ARE YOU FINDING HOMESCHOOLING?

DAYS SPENT INSIDE

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:
1.
2. 
3. 

WHAT ACTIVITIES/HOBBIES HAVE YOU MOST ENJOYED DOING?

WHAT ARE YOU MOST THANKFUL FOR?

WHAT TV SHOW YOU WATCHED: 

YOUR NEW FOUND FAVORITE INSIDE HOUSEHOLD ACTIVITY:

FAVORITE FOOD TO BAKE:

FAVORITE TIME OF DAY:

GOAL/S FOR AFTER THIS:

HOW ARE YOU FEELING?

PAGES BY LONG CREATIONS