Indiana State Fair Kindness Rocks

The mission of this creative project is to spread kindness to others. The Kindness Rocks Project previously began in Cape Cod in 2015, when Megan Murphy began leaving rocks with messages on the beach for others to find. The Indiana State Fair is dropping our version of Kindness Rocks throughout the state and during the annual Indiana State Fair with **#ISFKindnessRocks**.

How to spread kindness with the Indiana State Fair:

STEP #1 YOU WILL NEED SOME ROCKS!

Collect rocks that you would like to paint with your very own messages of kindness or happy artwork. Grab them on your next walk or find them at a local home improvement or craft store.

STEP #2 PREPARE THE ROCKS FOR MAXIMUM BEAUTY!

We recommend using a non-toxic acrylic paint on the rocks before you decorate with a paint pen.



Let your creative juices flow and write your very own message of kindness. We recommend using a Sharpie Oil Base paint pen or Prismacolor art markers.

KEEP IT GOING by adding: #ISFKINDNESSROCKS to the back of each rock you drop so others can join us and share their pictures when they find one, that way you can also follow the journey of your rock.

STEP #4 DON'T LET ANYTHING DULL YOUR SPARKLE!

Once your rock is dry, protect it from outdoor elements by using a sealant, such as Modge Podge or another clear acrylic spray.

STEP #5 THROW KINDNESS AROUND LIKE CONFETTI!

Make someone else's day by hiding your kindness rocks in your community. During the 2020 Indiana State Fair (August 7-23) you can also visit our Indiana State Fair Kindness Rock Gardens to plant a little kindness or pick up some kindness.

If you find one of our rocks, take a picture and share it with us on your social media using **#ISFKindnessRocks**, or by posting to Indiana State Fair Facebook page. Spread the kindness by 're-planting' the rock for someone else will find it or paint a rock of your own to plant in the community.

How to Steps from the Kindness Rocks Project at https://www.thekindnessrocksproject.com









