



## OMELET IN A MUG

### INGREDIENTS:

1 TABLESPOON OF MILK  
1 TEASPOON OF BUTTER  
2 EGGS

### TOPPINGS (IF DESIRED):

SHREDDED CHEESE  
CHOPPED ONION  
CHOPPED BELL PEPPER  
CHOPPED HAM  
COOKED BACON  
COOKED SAUSAGE CRUMBLES  
SALT  
PEPPER  
SALSA

### DIRECTIONS:

- 1 - ADD 1 TABLESPOON OF MILK AND 1 TEASPOON OF BUTTER TO A 12 OR 16 OUNCE MICROWAVE-SAFE COFFEE CUP. CRACK EGGS INTO CUP. BEAT WITH FORK UNTIL WELL MIXED.
- 2 - MICROWAVE 1 MINUTE. SPRINKLE WITH DESIRED TOPPINGS. MICROWAVE 30-60 SECONDS OR UNTIL EGG IS COOKED THROUGH. SEASON WITH SALT AND PEPPER, IF DESIRED.