## Soil: The Foundation Of Our Food

Healthy soils is the foundation of the food system. Soils supplies the essential nutrients, water, oxygen and root system that our food-producing plants need to grow and fourish. Soils is also vital in helping to produce the grass and grain needed to feed livestock. **In fact, 95% of our food is directly or indirectly produced on our soils.** Below are some of examples of how soil is important to the food we enjoy.

