

Foundations Of Our Food: Sun Light

If a plant doesn't get enough light from the sun, the photosynthetic process slows down, even if it has sufficient water and carbon dioxide. Increasing the light intensity will boost the speed of photosynthesis. Likewise, if a plant doesn't get enough carbon dioxide, this limits the photosynthetic process even if it gets plenty of light. Below are some of examples of how sun light is important to the food we enjoy.

