

4-H Member Name:	Age:	LINCOLN COUNTY
Product Name:		
Processed Date:		
Process Method (circle)	Boiling Water	or Pressure * * Pounds of pressure = _____
Process Time:		
Altitude:		
Style of Pack (circle):	Raw	or Hot
Recipe or Reference Source:		
Project Goal:		

**↑ Preserved Food Summary Statement**

(Glue these to 4" x 6" index cards)

**Fabric & Fashion Summary Statement ↓**

4-H Member Name:	Age:	LINCOLN COUNTY
What is your project goal?		
Do you have a sewing machine?	Y	N
Do you sew at home?	Y	N
Do you only sew at club meetings?	Y	N
Is this the first project you made this year?	Y	N
Leader/Parent Comments:		

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How did you get the idea for your project and what do you like best about it?		
What tools did you use and what skill(s) did you use or learn in making your project?		
What is your project goal?		

**↑ Skills Summary Statement (For All Non-Food Exhibits)**

(Glue these to 4" x 6" index cards)

**Food Skills Summary Statement ↓**

4-H Member Name:	Age:	LINCOLN COUNTY
What is your project goal and what skills(s) did you learn while doing this project? (Note: All entries must answer this questions)		
How is this product nutritious or healthy? If you modified the recipe, what change(s) did you make and how did the change(s) make the product healthier or more nutritious?		