



LYNNWOOD  
CONVENTION  
CENTER



## Creating Connections Through Cohesive Wellness - Take a Break #WellnessWednesday

These stressful times have given us an opportunity to get creative. The last few months, that creativity has been focused on menus, floor plans and agendas so we are taking a break and turning our attention to something different. With inspiration from ASM Global, we have turned the Lynnwood Convention Center into a coloring book page!

Coloring isn't just for kids! Adults are getting in on the coloring book fun as a way to relax. Coloring can be a way to channel feelings of anxiety into a calming and creative experience. So grab some crayons or colored pencils, take a break and color!



To download the Lynnwood Convention Center Coloring Book Page or to see the other venues that have been made into pages, click [here](#).

Have fun!  
Your Lynnwood Convention Center Team

Visit our website to find:  
[\*\*Physical Distancing Seating Capacities\*\*](#)  
[\*\*Wellness Menu\*\*](#)

For additional resources, visit:  
[\*\*Snohomish County Health District\*\*](#)  
[\*\*King County Public Health\*\*](#)  
[\*\*Centers for Disease Control and Prevention\*\*](#)

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