



# 2023 USEF FIRST LEVEL TEST 1

## PURPOSE

To confirm that the horse demonstrates correct basics, and in addition to the requirements of Training Level, has developed improved balance, lateral suppleness and throughness, as well as the thrust to perform lengthenings of stride. The horse should be on the bit.

All trot work may be ridden sitting or rising, unless otherwise stated.

READER PLEASE NOTE: Anything in parentheses should not be read.

INTRODUCE	ENTRY NO. <input style="width: 100px;" type="text"/>
10m half circle at trot; 15m circle in canter; lengthening of stride in trot	<b>Conditions:</b> ARENA SIZE: Standard AVERAGE RIDE TIME: 5:30 (from entry at A to final halt) Suggested to add at least 2 min. for scheduling purposes
	MAXIMUM PTS: 270 <input style="width: 50px;" type="text"/>

	TEST	DIRECTIVES	POINTS	COEF	TOTAL	REMARKS
1.	A X	Enter working trot Halt, salute Proceed working trot	Regularity and quality of trot; willing, clear transitions; straightness; attentiveness; immobility (min. 3 seconds)			
2.	C E-X	Track left Half circle left 10m, returning to track at H	Regularity and quality of trot; shape and size of half circle; bend; balance; straightness			
3.	B-X	Half circle right 10m, returning to track at M	Regularity and quality of trot; shape and size of half circle; bend; balance; straightness			
4.	C Before C C	Circle left 20m in rising trot, allowing the horse to stretch forward and downward while maintaining contact Shorten the reins Working trot	Forward and downward stretch over the back into a light contact, maintaining balance and quality of trot; bend; shape and size of circle; willing, clear transitions	2		
5.	H-P P	Change rein, lengthen stride in trot Working trot	Moderate lengthening of frame and stride; regularity and quality of trot; straightness; consistent tempo; willing, clear transitions; bend and balance in corner			
6.	A	Medium walk	Willing, clear transition; regularity, quality, overtrack; bend and balance in corner; straightness	2		
7.	V-R R	Change rein, free walk Medium walk	Regularity and quality of walks; reach and ground cover with overtrack of free walk allowing complete freedom to stretch the neck forward and downward; straightness; willing, clear transitions	2		
8.	M C	Working trot Working canter left lead	Willing, clear transitions; regularity and quality of gaits; bend and balance in corners	2		
9.	E	Circle left 15m	Regularity and quality of canter; shape and size of circle; bend; balance			
10.	F-X-H X	Change rein Working trot	Willing, clear transition; regularity and quality of gaits; straightness; bend and balance in corner			
11.	C	Working canter right lead	Willing, clear transition; regularity and quality of canter; bend and balance in corner	2		
12.	B	Circle right 15m	Regularity and quality of canter; shape and size of circle; bend; balance			
13.	A	Working trot	Willing, clear transition; regularity and quality of trot; straightness; bend and balance in corner			
14.	K-R R	Change rein, lengthen stride in trot Working trot	Moderate lengthening of frame and stride; regularity and quality of trot; straightness; consistent tempo; willing, clear transitions; bend and balance in corners			
15.	E X G	Half circle left 10m Down centerline Halt, salute	Bend and balance in half circle; regularity and quality of trot; willing, clear transition; straightness; attentiveness; immobility (min. 3 seconds)			

Leave arena at A in free walk.



# 2023 USEF FIRST LEVEL TEST 1



COLLECTIVE MARKS					
<b>GAITS</b> (Freedom and regularity)		1			
<b>IMPULSION</b> (Desire to move forward; elasticity of the steps; suppleness of the back; engagement of the hindquarters)		2			
<b>SUBMISSION</b> (Willing cooperation; harmony; attention and confidence; acceptance of bit and aids; straightness; lightness of forehand and ease of movements)		2			
<b>RIDER'S POSITION AND SEAT</b> (Alignment; posture; stability; weight placement; following mechanics of the gaits)		1			
<b>RIDER'S CORRECT AND EFFECTIVE USE OF AIDS</b> (Clarity; subtlety; independence; accuracy of test)		1			
<b>FURTHER REMARKS:</b>					
<b>To be deducted</b> Errors of the course and omissions are penalized		1st Time = 2 points 2nd Time = 4 points 3rd Time = Elimination			
				<b>SUBTOTAL:</b>	
				<b>ERRORS:</b> ( - )	
		<b>TOTAL POINTS:</b> (Max Points: 270)			

<b>United States Equestrian Federation, Inc.</b> <b>2023 USEF FIRST LEVEL TEST 1</b>	
_____	Name of Competition
_____	Date of Competition
_____	Name and Number of Horse
_____	Name of Rider
<b>Final Score</b> <b>Maximum Pts: 270</b>	
_____	Points
_____	Percent
_____	Name of Judge
_____	Signature of Judge

Score Sheet effective date: December 1, 2022 - November 30, 2026

## 2023 USEF TRAINING LEVEL TEST 1

### PURPOSE

To confirm that the horse demonstrates correct basics, by showing suppleness both laterally and longitudinally, moving freely forward in a clear rhythm with a steady tempo, and readily accepting contact with the bit. Correct geometry and lines of travel should be shown.

All trot work may be ridden sitting or rising, unless otherwise stated.  
Halts may be through the walk.

READER PLEASE NOTE: Anything in parentheses should not be read.

INTRODUCE	ENTRY NO: <input style="width: 100px;" type="text"/>
Working trot; working canter; medium walk; free walk; 20m circles in trot and canter	<b>Conditions:</b> ARENA SIZE: Standard or Small AVERAGE RIDE TIME: 5:00 (Std.) or 4:00 (Small) (from entry at A to final halt) <i>Suggested to add at least 2 min. for scheduling purposes</i>
	MAXIMUM PTS: 260 <input style="width: 50px;" type="text"/>

		TEST	DIRECTIVES	POINTS	COEF	TOTAL	REMARKS
1.	A X	Enter working trot Halt, salute Proceed working trot	Regularity and quality of trot; willing, calm transitions; straightness; attentiveness; immobility (min. 3 seconds)				
2.	C E	Track left Circle left 20m	Regularity and quality of trot; shape and size of circle; bend; balance		2		
3.	A	Circle left 20m developing left lead canter in first quarter of circle	Willing, calm transition; regularity and quality of gaits; shape and size of circle; bend; balance				
4.	A-F-B	Working canter	Regularity and quality of canter; bend and balance in corner; straightness				
5.	Between B & M	Working trot	Willing, calm transition; regularity and quality of gaits; straightness; bend and balance in corner		2		
6.	Between C & H	Medium walk	Willing, calm transition; regularity, quality, bend and balance in corner		2		
7.	E-F F	Change rein, free walk Medium walk	Regularity and quality of walks; reach, overtrack, and ground cover of free walk allowing complete freedom to stretch the neck forward and downward; straightness; willing, calm transitions		2		
8.	A	Working trot	Willing, calm transition; regularity and quality of trot; bend and balance in corner; straightness				
9.	E	Circle right 20m	Regularity and quality of trot; shape and size of circle; bend; balance		2		
10.	C	Circle right 20m developing right lead canter in first quarter of circle	Willing, calm transition; regularity and quality of gaits; shape and size of circle; bend; balance				
11.	C-M-B	Working canter	Regularity and quality of canter; bend and balance in corner; straightness				
12.	Between B & F	Working trot	Willing, calm transition; regularity and quality of gaits; straightness; bend and balance in corner		2		
13.	A X	Down centerline Halt, salute	Bend and balance in turn; regularity and quality of trot; willing, calm transition; straightness; attentiveness; immobility (min. 3 seconds)				

Leave arena at A in free walk.



# 2023 USEF TRAINING LEVEL TEST 1



COLLECTIVE MARKS					
<b>GAITS</b> (Freedom and regularity)		1			
<b>IMPULSION</b> (Desire to move forward; elasticity of the steps; suppleness of the back; engagement of the hindquarters)		2			
<b>SUBMISSION</b> (Willing cooperation; harmony; attention and confidence; acceptance of bit and aids; straightness; lightness of forehand and ease of movements)		2			
<b>RIDER'S POSITION AND SEAT</b> (Alignment; posture; stability; weight placement; following mechanics of the gaits)		1			
<b>RIDER'S CORRECT AND EFFECTIVE USE OF AIDS</b> (Clarity; subtlety; independence; accuracy of test)		1			
<b>FURTHER REMARKS:</b>					
<b>To be deducted</b> Errors of the course and omissions are penalized		1st Time = 2 points 2nd Time = 4 points 3rd Time = Elimination			
				<b>SUBTOTAL:</b>	
				<b>ERRORS:</b> ( - )	
		<b>TOTAL POINTS:</b> (Max Points: 260)			

<b>United States Equestrian Federation, Inc.</b> <b>2023 USEF TRAINING LEVEL TEST 1</b>	
_____	Name of Competition
_____	Date of Competition
_____	Name and Number of Horse
_____	Name of Rider
<b>Final Score</b> <b>Maximum Pts: 260</b>	
_____	Points
_____	Percent
_____	Name of Judge
_____	Signature of Judge

Score Sheet effective date: December 1, 2022 - November 30, 2026



# WDAA 2022 WESTERN DRESSAGE LEVEL 1 TEST 1

WESTERN DRESSAGE ASSOCIATION® OF AMERICA

PURPOSE
Tests confirm that the horse is building on the elements from lower levels and is developing more engagement to show sufficient impulsion as the lengthened jog and lope are performed. The horse demonstrates a more consistent, light contact with the bit. These tests introduce some collection, lateral and longitudinal balance, suppleness and emphasize harmony and ride-ability.

NEW REQUIREMENTS
Back 4-6 steps
15 meter half circle at working jog
3 loop serpentine quarter line to quarter line at working jog
Leg yield from quarter line
15 meter circle at working lope
Lengthening of the jog

ENTRY NO:	
<b>ARENA SIZE:</b> Large (60m x 20m) <b>AVERAGE RIDE TIME:</b> 6:00 (Large)	
<b>MAXIMUM PTS:</b>	250

All jog work may be ridden sitting or rising

\*COEFFICIENT

		TEST	DIRECTIVES	POINTS *	TOTAL	REMARKS
1	A X	Enter working jog Halt, salute Proceed working jog	Straightness; balanced, square, immobile halt with prompt, smooth jog transitions; regularity and quality of the jog.			
2	C	Track left, working jog	Balance and bend in the turn and corner; straightness; regularity and quality of the jog.			
3	E M - C - H	Half circle left 15m Leg yield right, quarter line to between R & M Continue on the track, working jog	Balance and inside bend on the half circle; alignment, fluidity, and crossing of legs in leg yield; balance and bend in the corners; regularity and quality of jog.			
4	H - R	Change rein, working jog	Balance and inside bend on the corner and turn; straightness; fluid change of bend; regularity and quality of the jog.			
5	B	Half circle right 15m, working jog Leg yield left, quarter line to between S & H	Balance and inside bend on the half circle; alignment, fluidity, and crossing of legs in leg yield; balance and bend in the corner; regularity and quality of jog.			
6	C Before C	Circle right 20m, free jog Gather the reins, working jog	Stretch forward and down over the topline; moderate lengthening of stride and frame; maintaining balance and tempo; smooth, willing release and retake of the reins; size and shape of circle with inside bend; regularity of the jogs.	2		
7	M	Working walk	Willing, smooth transition; regularity and quality of the walk.			
8	R - V V	Free walk Working walk	Horse willing to freely stretch the neck forward and down; relaxation; swing through the back; ground cover; straightness; willing, smooth transitions; regularity and quality of the walks.	2		
9	K A - C	Working jog Serpentine quarter line to quarter line, 3 loops	Willing, smooth transition, balance and bend in the corner; correct and symmetrical placement of serpentine loops, changes of bend on center lines; regularity and quality of the jog.			
10	C	Working lope left lead; immediately circle left 15m	Willing, smooth transition; size and shape of circle with inside bend; balance and bend in the corner; regularity and quality of the lope.	2		
11	H S - F F	Working jog Lengthen the stride in jog Working jog	Moderate lengthening of stride and frame with same tempo as working jog; balanced transitions; balance & bend in the corners; regularity and quality of jogs.			
12	A - C	Serpentine quarter line to quarter line, 3 loops	Correct and symmetrical placement of serpentine loops, changes of bend on center lines; regularity and quality of the jog.			
13	C	Working lope right lead; immediately circle right 15m	Willing, smooth transition; size and shape of circle with inside bend; balance and bend in the corner; regularity and quality of the lope.	2		
14	M B	Working jog Halt, back 4-6 steps Proceed working jog	Straightness; square, immobile halt; willing, straight, back with diagonal pairs; willing, smooth transitions; regularity and quality of the jog.			
15	A X	Down centerline Halt, salute	Balance and bend in turn; straightness; smooth, willing downward transition to square, straight halt; immobility.			

Leave arena at A in a walk with looped or long reins.



# WDAA 2022 WESTERN DRESSAGE LEVEL 1 TEST 1

WESTERN DRESSAGE ASSOCIATION® OF AMERICA

\*COEFFICIENT

COLLECTIVE MARKS	POINTS	*	TOTAL	REMARKS
GAITS: freedom and regularity; elasticity of the steps.		1		
IMPULSION: engagement - transmission of an eager and energetic, yet controlled positive forward energy generated from the hindquarters into the athletic movement of the horse; suppleness of the back.		1		
RIDER'S POSITION, SEAT AND HANDS: well-balanced elastic seat demonstrating vertical, centered alignment, with light independent contact from hand(s)		1		
RIDER'S CORRECT AND EFFECTIVE USE OF THE AIDS: evidenced by the horse's responsiveness; steady elastic connection cultivating athletic expression. Accuracy - precise placement of the figures and transitions, the effectiveness of the rider's aids determines the accurate fulfillment of the required movements of the tests		1		
HARMONY: The horse accepts the aids and influence of the rider with attention, relaxation and confidence; and demonstrates a willing partnership between horse and rider resulting in a free-flowing performance.		2		
SUBTOTAL:	total of points and coefficients above			
ERRORS:	subtract from subtotal			
TOTAL POINTS:	subtotal minus any errors			
REMARKS:				

Attention competitors submitting points to WDAA for the Horse Lifetime Points & Awards Program: Only the bottom portion below needs to be submitted along with the Test/Rail Submission Form to verify your points. Please go to [www.westerndressageassociation.org](http://www.westerndressageassociation.org) for more information.

### WDAA 2022 LEVEL 1 TEST 1

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Name of Competition

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Date of Competition

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Name and Number of Horse

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Name of Rider

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**Final Score**  
Maximum Points: 250

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Points / Percent

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Name of Judge

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Signature of Judge