

L • NORTH CAROLINA AQUACULTURE ASSOCIATION "NC Mountain Trout Cook-Off"



Entry Deadline: August 9, 2024, by 11:55pm, Online Entries Only, recipes due on contest day

Date of Contest: Saturday, September 7th

Time: by 11:00 am

Place: Davis Event Center

Cash Prizes: 1st Prize \$200.00 2nd Prize \$150.00 3rd Prize \$100.00 Honorable Mention \$50.00

*Bring us your favorite NC Mountain **Trout recipe!**
It can be Baked, Fried, or Grilled!
Breakfast, Lunch, Dinner or Snack!*

CONTEST RULES

- Each entry must have at least 4 oz. per serving. Each recipe must serve between 4-6 people.
- NC trout may be baked, fried, or grilled. Directions for preparing the recipe must be clear; measurements should be in level cups, tablespoons, teaspoons, or fractions thereof. Also include pan size, cooking temperature, number of servings and any other pertinent information.
- Judging will be based on taste appeal (50), appearance (20), originality of recipe (10), ease of preparation (20).
- Be creative and submit your best recipe using trout in any main dish, side dish, salad, or appetizer.
- All recipes become the property of the North Carolina Aquaculture Association and the North Carolina Mountain State Fair. Either have the right to publish or advertise the recipes and the names of the contestants without compensation.

Taxes for

prizes are the responsibility of the winners.

- Contestants may enter more than one recipe but only one recipe may win.
- Contest is open to amateurs only. Culinary professionals may not enter.
- **Winners will be announced at 12:30 pm.**

DAY OF CONTEST

- Entries will be received from 10 - 11 a.m. in the Competitive Exhibits Area in the Davis Event Center. No entries will be received after 11 am.
- Judging will begin at 11 a.m.
- Prizes will be awarded at 12:30 pm.
- Contestants ONLY will be admitted free of charge WITH DISH through the Gate 5 entrance. Park in lot at Gate 5.
- Entries should be brought in a disposable container. It will not be the responsibility of the Fair to return any dishes or plates.
- **Recipe printed from the internet will not be accepted.**
- **Each original recipe must be typed or legibly written on Recipe Format sheet and presented with the dish. Information must contain the contestant's telephone number, address, county and email address (if available).**

DELIVERY TIME OF DISHES WILL BE ENFORCED