



You Us
unitus
Community Credit Union
Princess Bio

Name: Alyssia Menezes [uh-LISS-ee-uh men-AYE-ziz]

School: Lincoln High School

Birthplace: Portland, Oregon

Parents/Guardians: Susanne Menezes and Noel Menezes

Siblings: 1 Sibling

Year in school: Senior

Future education plans: I would like to attend a college to study business management, data analytics, or international business.

Career plans: My goal in life is to lead an international business. I have always been drawn to leadership and business, and think that running a company is the best way to influence people's lives around me.

High School Activities & Honors: I am President of the following Lincoln High School's clubs; Speech and Debate, Stumptown Speaker Series and Business Club. I am the Saxophone section leader of my high school's band and I am the Girls Varsity Golf Captain.

Hobbies and special interest: My life's passion is taking on leadership roles within communities I love. At Lincoln, I am proud to say I am a leader throughout the community, from classrooms and academic clubs to our drama program and golf team.

What is your favorite place to visit in Portland and why?

I love visiting the waterfront. Every summer, I bike along the trail that circles the waterfront with my family friends. One of my favorite views of all time is looking at the city from the renovated Sellwood bridge, where I can reflect on how much of what I love is contained within this singular view.

What are you most proud of during your high school career?

I am most proud of starting a mental health outreach. During my sophomore year, online school contributed to me having a panic attack. While previously I had believed stigmas around mental health, this moment made me realize that mental health problems weren't a weakness or a choice, but a fact of life. I spent a year doing in-depth research on mental health education, talking with school social workers and counselors, sending countless cold emails to health teachers across our district, giving mock presentations, and learning about my own wellbeing.

What is your favorite Rose Festival event and why?

My favorite Rose Festival event are the RoZone Concerts. One of my clearest memories as a kid was attending one of these concerts and looking at the hundreds of other attendees, all united over our shared love of music and the city.

Unitus Community Credit Union Mentor: Amanda Triskele