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SATURDAY, JANUARY 14 AT THE SOUTH FLORIDA FAIR

Kids' K (Non-school aged students) race begins at 8:20 a.m.
Kids' Mile race begins at 8:30 a.m.

Register online at www.southfloridafair.com/kidsmile
or complete the application inside this packet



Dear Parents,

The South Florida Fair Kids' Mile is a 12 week training program enabling kids to complete a full marathon (26.2 miles) by running approximately 2 miles per week. By doing so, kids develop the tremendous feeling of accomplishment and confidence without the high risk involved with young kids running a full marathon in one day. The program is completed in grand fashion on Saturday, January 14, 2023 at the South Florida Fair in West Palm Beach as each child is able to run the final mile of the marathon. (Kids' K Race - Nonschool aged students - starts at 8:20 a.m. and Kids' Mile Race starts at 8:30 a.m.)

The South Florida Fair Kids' Mile is endorsed by the School District of Palm Beach County. All elementary schools are encouraged to participate.

Physical Education teachers implement the program at each individual school. The teachers are in direct communication with the South Florida Fair staff to ensure distribution of documentation and mileage log sheets. Each student athlete who participates and completes all 26.2 miles will receive one (1) free admission to the Fair **GOOD ON THE DAY OF THE RACE, OR ANY TUESDAY, WEDNESDAY OR THURSDAY** of the 2023 South Florida Fair, finisher's medal, cape, bib number and refreshments after the race.

The second component of the program requires students to read 15 minutes each day. These lessons include topics on nutrition and fitness.

Deadline to register is Friday, December 16, 2022. Entry fee is \$10.00 per child. Parents are encouraged to register your child/children with your school's Athletic Director and/or Physical Education Teacher.

We hope you will allow your children to participate in the South Florida Fair Kids' Mile program. For more information, contact your child's school Physical Education Teacher or visit: **southfloridafair.com/kidsmile**.



GENERAL INFORMATION FOR PARENTS

- Program Leaders implement a program where by kids must run a minimum of 25 miles in increments between now and January 6, 2023.
- The final mile will be completed at the South Florida Fair at 8:30 a.m. on Saturday, January 14, 2023.
- Limited only to Palm Beach County public and private schools, child care programs or camps.
- Parents are responsible to register their children through their school's Program Leader; parent or guardian signature is required.
- All participants will receive a cape, finisher's medal, bib number, snack, and one (1) free admission to the Fair good on the day of the race, OR any one Tuesday, Wednesday or Thursday of the 2023 South Florida Fair.
- Program leaders who participate receive one (1) free admission to the Fair good on the day of the race, or any one Tuesday, Wednesday or Thursday of the 2023 South Florida Fair.
- Parents are not permitted to run with their children.
- Deadline to register children is Friday, December 16, 2022.



SATURDAY, JANUARY 14

Complete Entire Form (including release attached)

Child's Information: First Last

Address

City State Zip

E-mail

Phone (Day) (Evening)

P.E. Teacher's Name School Name

Home Room Teacher

Sex (circle one): M F

Child's Age on Race Day Date of Birth: MM/DD/YYYY

Entry Fee: \$10

Date: Saturday, January 14, 2023

Time: 8:30 a.m.

Location: South Florida Fair, 9067 Southern Blvd., West Palm Beach, FL 33411

Enter Gate 3 or 12. Look for directional signs.

Entry fees are non-refundable and non-transferable. Please make checks payable to South Florida Fair.

Please sign and return this application to your child's Physical Education Teacher or school's Athletic Director before Friday, December 16, 2022.

More information: www.southfloridafair.com/kidsmile

ATTENTION PARENTS: WAIVER AND RELEASE ATTACHED NEEDS TO BE SIGNED (ONE PER STUDENT ENTERING RACE)

WAIVER AND RELEASE

READ THIS FORM COMPLETELY AND CAREFULLY. YOU ARE AGREEING TO LET YOUR MINOR CHILD ENGAGE IN A POTENTIALLY DANGEROUS ACTIVITY. YOU ARE AGREEING THAT, EVEN IF THE SOUTH FLORIDA FAIR AND PALM BEACH COUNTY EXPOSITIONS, INC. USES REASONABLE CARE IN PROVIDING THIS ACTIVITY, THERE IS A CHANCE YOUR CHILD MAY BE SERIOUSLY INJURED OR KILLED BY PARTICIPATING IN THIS ACTIVITY BECAUSE THERE ARE CERTAIN DANGERS INHERENT IN THE ACTIVITY WHICH CANNOT BE AVOIDED OR ELIMINATED. BY SIGNING THIS FORM YOU ARE GIVING UP YOUR CHILD'S RIGHT AND YOUR RIGHT TO RECOVER FROM THE SOUTH FLORIDA FAIR AND PALM BEACH COUNTY EXPOSITIONS, INC. IN A LAWSUIT FOR ANY PERSONAL INJURY, INCLUDING DEATH, TO YOUR CHILD OR ANY PROPERTY DAMAGE THAT RESULTS FROM THE RISKS THAT ARE A NATURAL PART OF THE ACTIVITY. YOU HAVE THE RIGHT TO REFUSE TO SIGN THIS FORM, AND THE SOUTH FLORIDA FAIR AND PALM BEACH COUNTY EXPOSITIONS, INC. HAS THE RIGHT TO REFUSE TO LET YOUR CHILD PARTICIPATE IF YOU DO NOT SIGN THIS FORM.

The undersigned's minor child's parent/guardian hereby consents and gives permission for his/her minor child to participate in the South Florida Fair Kids' Mile Race and its related events ("Race"). The undersigned on behalf of their child athlete ("athlete") and on behalf of himself/herself and on behalf of the athlete's personal representatives, assigns, heirs, executors, hereby fully and forever releases, waives, discharges and covenants not to sue the South Florida Fair & Palm Beach County Expositions, Inc. and all municipal agencies whose property and/or personnel are used, and all other sponsoring or co-sponsoring companies or individuals related to the Race (collectively, "Releasees") from all liability, causes or action, costs, or expenses on behalf or by the athlete, the undersigned and the athlete's personal representatives, assigns, heirs and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of injury to the athlete or property or resulting in the death of the athlete, whether caused by the active or passive negligence of all or any of the Releasees or otherwise, in connection with the athlete's participation in the Race. The undersigned, on behalf of the athlete represents and warrants that the athlete is in good physical condition and is able to safely participate in the Race and that the athlete is not under a physician's care for any undisclosed condition that bears upon the athlete's fitness to participate in the Race. The undersigned and athlete are fully aware of the risks and hazards inherent in participating in the Race and hereby elects to allow athlete to voluntarily compete in the Race, knowing the risks associated with the Race, including, without limitation, weather conditions such as high heat and/or humidity, traffic and the condition of the road, all such risks being known and appreciated by the athlete and undersigned. The athlete hereby assumes all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the Race and recognizes the inherent risk of injury, disability or death. The undersigned on behalf of the athlete recognizes that the athlete may be photographed or videotaped in connection with the race and related events and consents to the South Florida Fair and Palm Beach County Expositions, Inc. use of any of the photos or video of the athlete for marketing and publicity purposes which may include broadcasts, newspapers, brochures and other media without compensation to the athlete, or undersigned. The undersigned acknowledges that the entry fee is non-refundable and non-transferable. In the event the Race is delayed or prevented by reason of fire, threatened or actual strike, labor difficult, work stoppage, insurrection, war, public disaster, flood, unavoidable casualty, acts of God or the elements (including, without limitation, hurricanes, tornadoes and earthquakes), or any other cause beyond the control of the South Florida Fair & Palm Beach County Expositions, Inc., there shall be no refund of the entry fee or any other costs of the athlete in connection with the Race. The undersigned on behalf of the athlete hereby grants to the medical director(s) of the Race and his or her agents, affiliates and designees, access to all medical records (and physicians) as needed and authorizes medical treatment as needed. The undersigned and athlete hereby warrant that all statements made herein are true and correct and understands that Releasees have relied on them in allowing the athlete to participate in the Race.

Print Child's Name

Date

Print Parent or Guardian Name

Parent or Guardian Signature



FAQ

Date: Saturday, January 14, 2023

Time: Kids' K (Non-school aged students) race begins at 8:20 a.m. Kids' Mile race begins at 8:30 a.m.

Can teachers and/or parents run with their kids? We do not suggest teachers or parents run with the students. There are volunteers on the course to monitor students' progress and alert organizers if there are any problems. There will also be security and medical personnel on site. Children participating in the Kids' K whose parents feel that they need to run with their children may accompany them.

Will there be water on the course? No, there will be water when the students finish. Afterwards, students are strongly encouraged to locate one of the recycling bins provided for the event and deposit their empty water bottles there!

Should participants eat breakfast before arriving to the race? Yes, a light breakfast will fuel their run.

When should kids arrive race morning? Kids should arrive at the South Florida Fair one hour prior to the start of the race.

Where should students report? Each school will be given a number designating placement at the South Florida Fair's North Parking Area near the Archway Gate. Students should be directed to find the numbered area and stay in place until races begin.

How are the students going to start? The students will run with their school by number. Each school is assigned a number. Races are divided into waves.

Does every child have to run? Participants can run, jog or walk. Skates, skateboards, bikes or scooters are not allowed.

What is the bib number for? To act as an identity tool for parents, not only to aid in locating their child.

How long is the Kids' Mile? 1 mile

FAQ (CONT.)

How can parents locate their children after the race? Parents should meet their children at the finish line. The distance to run is very short. For children 5 and under, we suggest having a parent or older sibling at the start with the child as well as having a family member waiting at the finish line to retrieve their child once they have completed the race. In case a child cannot locate his/her parents, they will be escorted to the Guest Services/Lost Children Booth and the MC/announcer will make an announcement.

What if it rains? The races are held rain or shine.

Can schools wear their own t-shirt? All participants will be given a cape to wear. If schools feel the need to wear a certain color t-shirt for organizational purposes, that is fine.

What if a student is walking or jogging? Students should have ample room to walk or jog as the faster runners pass them on the course. These participants should start at the rear in the group they are participating with.

Is there any prize money? Yes, there is prize money for the school with the most registered students as follows: 1st Place - \$1,000, 2nd Place - \$500. Monies will be payable to the school's PE department.

PARENT



SABADO 14 DE ENERO DE 2023

Favor completar cuestionario (incluyendo la exención)

Nombre del Niño: nombre apellido

Dirección

Estado Código Postal

Dir. Electronica (e-mail)

Teléfono (día) (noche)

Maestro de Ed. Física Escuela

Sexo (circle one): M F

Edad del niño el día del evento: Fecha de Nacimiento: MM/DD/AAAA

Cuota de entrada: \$10

Fecha: Sabado 14 de Enero de 2023

Ubicación: South Florida Fair, 9067 Southern Blvd., West Palm Beach, FL 33411

Aplicación para participar no puede ser transferida. Pagos no serán devueltos. Por favor, haga el cheque a nombre de South Florida Fair.

Llene la aplicación, firme la exención con su nombre y envíe al Maestro de Educación Física de su escuela antes del 16 de Diciembre de 2022.

Mas información en: www.southfloridafair.com/kidsmile

ATENCIÓN PADRES: EXENCIÓN DE RESPONSABILIDAD DEBE SER FIRMADA Y ENVIADA JUNTO CON ESTA APLICACIÓN (UNO POR CADA ESTUDIANTE QUE PARTICIPE EN LA CARRERA)

EXENCIÓN DE RESPONSABILIDAD

LEA ESTE DOCUMENTO COMPLETAMENTE Y CON CUIDADO. AL FIRMAR, USTED ESTA AFIRMANDO ESTAR DE ACUERDO EN DEJAR QUE SU HIJO(A) MENOR PARTICIPE EN UNA ACTIVIDAD POTENCIALMENTE PELIGROSA. USTED ESTA DE ACUERDO CON QUE, AUN CUANDO SOUTH FLORIDA FAIR & PALM BEACH COUNTY EPOSITIONS, INC. HA TOMADO TODAS LAS MEDIDAS NECESARIAS PARA PREVENIR INCIDENTES EN ESTA ACTIVIDAD, HAY CHANCE DE QUE SU HIJO(A) PUEDA SER HERIDO SERIAMENTE O EN PELIGRO DE MUERTE AL PARTICIPAR EN ESTA ACTIVIDAD DEBIDO A VARIOS RIESGOS INHERENTES QUE NO PUEDEN SER EVITADOS O ELIMINADOS. AL FIRMAR ESTE ACUERDO, USTED EXIME DE RESPONSABILIDAD A SOUTH FLORIDA FAIR & PALM BEACH COUNTY EXPOSITIONS, INC. Y LO EXONERA DE CUALQUIER DEMANDA LEGAL POR ACCIDENTE, HERIDAS PERSONALES, INCLUYENDO MUERTE DE SU HIJO(A) Y DE CUALQUIER DANO A LA PROPIEDAD QUE RESULTE DEL RIESGO QUE ES PARTE NATURAL DE ESTA ACTIVIDAD. USTED TIENE DERECHO A NO FIRMAR ESTE ACUERDO DE EXENCIÓN DE RESPONSABILIDAD Y SOUTH FLORIDA FAIR & PALM BEACH COUNTY EXPOSITIONS, INC. TIENE EL DERECHO DE NEGAR LA PARTICIPACION DE SU HIJO(A) SI USTED NO FIRMA ESTE ACUERDO.

En consideración de que ustedes acepten esta aplicación, yo, por mi mismo/misma, y por medio de mis ejecutores y administradores, asumo completa y absoluta responsabilidad, y además absuelvo, exonero, considero inocente y estipulo no demandar por ningún derecho o reclamar por daños que yo pueda sostener en contra de SOUTH FLORIDA FAIR & PALM BEACH COUNTY EXPOSITIONS, INC., sus agentes, empleados, oficiales, patrocinadores, voluntarios, el Estado de la Florida, sus representantes, sucesores, y asignados por cualquier accidente, lesión, o muerte que sufra yo u otros en este evento o durante cualquier actividad antes y después del evento. Yo, por mi mismo/misma, y por medio de mis ejecutores y administradores le entrego a South Florida Fair & Palm Beach County Expositions, Inc. y sus patrocinadores y licenciados el derecho exclusivo de usar libremente mi nombre, mi voz, y/o mi foto en cualquier emisión anuncio o promoción televisada por la radio o cualquier otra publicación de este evento. Yo, por mi mismo/misma, y por medio de mis ejecutores y administradores reconozco que este evento envuelve actividades que pueden ser potencialmente peligrosa, y además atesto y certifico que yo, por mi mismo/misma, y por medio de mis ejecutores y administradores estoy en buena condición física y he entrenado lo suficiente para competir en este evento, y mi condición física y mi habilidad de participar han sido verificada por un medico licenciado (con la excepción de que vaya en violación do algún principio religioso). Yo, por mi mismo/misma, y por medio de mis ejecutores y administradores concuerdo en regirme por todos los reglamentos y directrices de South Florida Fair & Palm Beach County Expositions, Inc. y no cubrir, cambiar o reproducir mi número de corredor de ninguna forma, pues esto podría resultar en mi descalificación de este y futuros eventos. Yo, por mi mismo/misma, y por medio de mis ejecutores y administradores reconozco que mi pago por participar en la carrera no será devuelto, aun si la carrera es cancelada, y que mi aplicación para participar no puede ser transferida a otra persona. Yo, por mi mismo/misma, y por medio de mis ejecutores y administradores autorizo al director medico de la carrera o sus desgnados, acceso a toda la historia medica necesaria y acceso a los doctores implicados como sea necesario y autorizo tratamiento medico necesario. Yo, por mi mismo/misma, y por medio de mis ejecutores y administradores certifico que lo establecido en este documento es la verdad y es correcto y entiendo que las partes eximidas confian en lo anterior para autorizar la participacion del Atleta en la Carrera.

Atleta (nombre del niño)

Fecha

Firma del Padre o Guardian

Nombre del Padre o Guardian que firma



PREGUNTAS FRECUENTES

Fecha: Sabado 14 de Enero de 2023

Hora: Comienza la carrera Kids' K (3 a 6 años) a las 8:20 a.m.. Comienza la carrera Kids' Mile a las 8:30 a.m.

Podrán los profesores o los padres correr con los niños? Sugerimos que los padres o profesores no corran con los estudiantes. Tendremos voluntarios y personal en el camino que monitorean el progreso del estudiante y alertan a los organizadores en caso de algún incidente. Los terrenos de la Feria cuentan con personal de seguridad, policía, y personal médico, quienes están en alerta durante toda la carrera. Sólo los padres de los niños participantes en la carrera Kids' K pueden acompañar a los pequeños en el camino si lo consideran necesario.

Se proveerá agua a los niños en el camino? No, es sólo una milla, y hay botellas de agua para distribución en la línea de llegada. Rogamos a los estudiantes utilizar las canecas de reciclaje para botar las botellas de agua!

Debe desayunar el niño antes de llegar a la carrera? Si, un desayuno ligero le dará energía para correr.

A que hora deben los niños presentarse en la Feria? Niños deben llegar a la Feria una hora antes de comenzar las carreras.

Donde deben reportarse los estudiantes? Cada escuela tiene un número asignado a un lugar en el area del Parqueadero Norte de la Feria cerca a la Archway Gate. Los niños deben encontrar el número asignado a su escuela y permanecer en el área hasta que comience la carrera. Escuelas son guiadas a la línea de salida/llegada en orden de número. Se le pide a las escuelas que desfilen con la pancarta o bandera de la escuela hasta la línea de salida/llegada.

De que manera comenzará la carrera? Los estudiantes corren con el resto de los miembros de su escuela por orden de número. Cada escuela tiene un numero asignado. La carrera se lleva a cabo en oleadas.

Habrà señalización que dirija a los estudiantes al lugar de reunión en la Feria? Si, cada escuela tiene un numero asignado y hay señalización en las calles, y ayuda en el parqueadero indicando el lugar de reunion de su escuela en el area del Parqueadero Norte de la Feria (Entradas 3 o 12) cerca a la Archway Gate.

Cual es el plazo máximo para registrarse? 16 de Diciembre del 2022.

Como registro al niño? El Maestro de Educación Física distribuirá las Formas.

PREGUNTAS FRECUENTES (CONT.)

Cual es la distancia que correrán los niños en la carrera Kids' Mile? Una milla

Es necesario que todos los niños corran? Estudiantes pueden correr, trotar o caminar. Hay suficiente espacio para caminar or trotar mientras el resto del grupo corre adelante. Estos niños deben ser ubicados al final de su grupo. Patines, patinetas, bicicletas, vespas cualquier medio de transporte de ruedas estan prohibidos durante la carrera.

Para que sirve el número del babero? Es el simbolo que identifica al niño, no solo para ayudar a localizar al estudiante.

Como podrán los padres localizar a sus niños después de la carrera? Padres o guardianes deben esperar a sus niños en la línea de llegada. Tenemos voluntarios y personal en el camino que monitorean el progreso del estudiante y alertan a los organizadores en caso de algún incidente, asi que le rogamos permanecer en el area de la línea de salida/llegada. La distancia que los niños recorren es corta. Para menores de 5 años, sugerimos que un hermano(a) mayor o familiar comience la carrera con el niño y un familiar espere en la línea de llegada quien recibira al niño una vez completada la carrera. La carrera se inicia en oleadas de niños por orden de numero de escuela, hasta completar todos los participantes. En caso de que un niño no pueda encontrar a sus padres, o viceversa, serán llevados a la caseta de Guest Services/Lost Children donde el locutor hará el anuncio por micrófono y parlantes en los terrenos de la Feria.

Que sucederá si llueve? Las carreras se llevan a cabo llueva o no llueva.

Puedo usar la camiseta de mi escuela? Cada niño recibe una capa para usar durante la carrera. Si la escuela decide que los niños deben usar camisetas en un color particular para propositos de organización, estarán en libertad de hacerlo.

Que reciben los niños participantes? Una (1) entrada gratis a la Feria, válida el dia de la carrera, o un Martes, Miercoles o Jueves de la Feria del 2023, capa y numero de babero, medalla de participacion, refrescos y snack al final de la carrera.

Habrá premios en efectivo? Si, se entregarán premios a las 2 escuelas con el mayor número de niños registrados para la carrera asi: Primer Lugar - \$1,000, Segundo Lugar - \$500. Los dineros serán entregados al Departamento de Educación Fisica de la escuela.



SATURDAY, JANUARY 14, 2023

Dear Athletic Directors and/or Physical Education Teachers,

The South Florida Fair Kids' Mile is a 12 week training program enabling kids to complete a full marathon (26.2 miles) by running approximately 2 miles per week. By doing so, kids develop the tremendous feeling of accomplishment and confidence without the high risk involved with young kids running a full marathon in one day. The program is completed in grand fashion on Saturday, January 14, 2023 at the South Florida Fair in West Palm Beach as each child is able to run the final mile of the marathon. (Kids' K Race - Non school aged students - starts at 8:20 a.m. and Kids' Mile Race starts at 8:30 a.m.)

The South Florida Fair Kids' Mile is endorsed by the School District of Palm Beach County. All elementary schools are encouraged to participate.

Physical Education teachers implement the program at each individual school. The teachers are in direct communication with the South Florida Fair staff to ensure distribution of documentation and mileage log sheets. Each student athlete who participates and completes all 26.2 miles will receive one (1) free admission to the Fair, **GOOD ON THE DAY OF THE RACE, OR ANY ONE TUESDAY, WEDNESDAY OR THURSDAY** of the 2023 South Florida Fair, finisher's medal, cape, bib number, and refreshments after the race.

The second component of the program requires students to read 15 minutes each day. These lessons include topics on nutrition and fitness.

Attached is a copy of the race application. Deadline to register is Friday, December 16, 2021. Parents are to register their children with their Athletic Directors and/or Physical Education Teachers.

Attached is a spreadsheet for your convenience. If you'd like to have the spreadsheet emailed to you, please contact Lorie Stinson.

We hope that you will allow your students to participate in the South Florida Fair Kids' Mile program.

For more information, visit: www.southfloridafair.com/kidsmile, call or email Lorie Stinson at (561) 790-5245 or lorie@southfloridafair.com

READING LOG

NAME

DATE _____

Dear Student,

You have made a commitment to participate in South Florida Fair Kids' Mile. You will spend 15 minutes each day reading a book of your choice. Each time you finish reading a book, record the date, title and author. Share the log with your parent for their initials. Happy Reading!

DATE	BOOK TITLE	TIME SPENT READING	PARENT INITIALS
TOTAL AMOUNT BOOKS READ		TOTAL TIME SPENT READING	

WEEKLY MILEAGE

SCHOOL NAME: _____

TEACHER NAME: _____

EMAIL: _____

STUDENT'S LAST NAME	STUDENT'S FIRST NAME	CONTACT PHONE NUMBER



YES, I WANT TO PARTICIPATE!

Saturday, January 14, 2023
At the South Florida Fair in West Palm Beach
Kids' K (Non school aged students) race begins at 8:20 a.m.
Kids' Mile race begins at 8:30 a.m.

School Name

School Address

Teacher/PE Teacher Name

Email Address

Day Phone

Cell Phone

Program leaders who participate receive one (1) free admission to the Fair, good on the day of the race **OR ANY ONE Tuesday, Wednesday or Thursday** of the 2023 Fair.

Deadline to register children is Friday, December 16, 2022

Please return this form by mail, email or fax to:
South Florida Fair Kids' Mile
Attn: Lorie Stinson
9067 Southern Blvd.
West Palm Beach, FL 33411

Fax: (561) 790-5246
Phone: (561) 790-5245
lorie@southfloridafair.com

WEEKLY MILEAGE

NAME	1	2	3	4	5	6	7	8	9	10	11	12	13	14	TOTAL
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KIDS MILE 2023

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