

Tug-of-War Competition Rules



Sponsored by:
Gas Workers Local 11-6
Tri-County Labor Club



Prize Money Payout for the top two teams of each category

1st Place \$150.00

2nd Place \$100.00

1. (5) Categories of Tug-Of-War teams:

1. Youth co-ed, maximum of (5) participants (6-12 years old), maximum weight of 500lbs.
2. Teen female, maximum of (5) participants (13-17 years old), maximum weight of 1,250lbs.
3. Teen male, maximum of (5) participants (13-17 years old), maximum weight of 1,250lbs.
4. Adult female, (5) participants (18+) with a maximum weight of 1,250lbs.
5. Adult males, (5) participants (18+) with a maximum weight of 1,250lbs.

**Team composition may not be changed during competition **

2. Individuals may wear long-sleeved shirts, tape hands, gloves, and shoes with cleats.
3. May not dig holes in the ground.
4. **DISQUALIFICATIONS WILL RESULT FROM THE FOLLOWING:**
 1. **SITTING ON THE GROUND OR ANY OTHER TEAMMATE. SHOULD A PERSON FALL OR LOSE BALANCE, YOU MUST RECOVER AT ONCE.**
 2. **A CAUTION AGAINST ONE PERSON IS AGAINST THE ENTIRE TEAM.**
 3. **LETTING GO OF THE ROPE BEFORE A PULL HAS BEEN COMPLETED.**
 4. **WRAPPING THE ROPE AROUND A FIXED OBJECT.**
5. At the start of the pull, each team lines up along the rope.
6. The referee conducts each pull as follows: Take-up the rope, Take-up Slack. When the rope is steady, the referee will say "GO" and pulling may begin.
7. Only the last person may wrap the rope around the body.
8. A team is defeated when the marker crosses the line farthest from the team. The referee will signal the end of the pull. The winner will advance to the next round.
9. **Weigh-ins for all teams will be from 5:30 PM to 6:00 PM on Friday (NO EXCEPTIONS). All team members must be present to weigh in.**

All registration waivers must be signed before weigh-in.