

2022 CENTRAL WASHINGTON STATE FAIR 4-H DEPARTMENT

4-H DEPARTMENT

SUPERINTENDENT: Diane Jones @ 509-833-3175

ENTRY FORMS AND ITEMS DUE AS LISTED BELOW:

Saturday September 10, 2022 between 12 Noon – 5 PM the following entry forms and entries are due:

Cloverbud	Food Preservation
Creative Arts	Photography
Dried Foods and Herbs	Promotions and Educational Exhibits
Fabric and Yarn Art	

Pre-Registration September 10, 2022 between 12 Noon – 5 PM Required for the following:

Crock Pot Chili Contest	Public Presentations
Food Preparation	Style Review
Performing Arts	

Note: You will be contacted on which day the contest will be held.

Saturday September 17, 2022 between 12 noon – 5 PM the following entry forms and entries are due:

Flower Gardening/Arranging
Food and Nutrition
Valley Produce

Enter through Gate 11 and proceed to Modern Living Building

JUDGING: Items will be judged and then displayed during the Fair.

SYSTEM OF JUDGING: Danish

ENTRY LIMIT: Exhibitors may enter as many exhibits as they wish.

RELEASING:

Tuesday, October 4th, 1:00pm to 4:00pm.

* Fair will not be responsible for exhibits after 4:00pm.

4-H DEPARTMENT RULES

Please also read the General Information, Rules and Regulations of the Fair.

- They apply to 4-H unless specifically replaced by rules listed below. Breaking of rules may result in forfeiture of premiums. Exhibitors must be 4-H members. All entries must be made during current club year as project work.
- Exhibits entered in the 4-H area, Modern Living Building, must stay in the department they were entered in. They will be displayed in the MLB for the entire 10 days of the Fair. Clothing for Style Review will be allowed to be modeled then returned to MLB for display until end of Fair. For State Fair participants, special entry arrangements may be made by contacting Superintendent.
- One entry form for 4-H must be submitted to Fair clerk, listing all articles to be exhibited.
- Example: Members entering exhibits in crafts and clothing will list their entries on Activities are on a separate form. And include the name of your 4-H Club on the provide line.
- 4-H age division for entries is age as of October 1, 2021.

Senior: Ages 14 to 18

Intermediate: Ages 11 to 13

Junior: Ages 8 to 10

Cloverbud: Ages 5 to 7

Age you were as of October 1st of the previous year.

Age must be entered on the entry form.

General Rules and Regulations apply.

4-H CLASSES

CLASS #

1. **Valley Produce: Vegetables, Fruits, Nuts.** Must list specific type of fruit, vegetable, etc. entry form. Full 9" Plate Display. 4-H Member must grow and harvest their own product. May enter as many as desired however, each plate must be a different type. Entries may also include sunflowers and a garden display.
2. **Flower Gardening/Arranging: Cut Flowers, Arrangements, Dish and Fairy/Gnome Garden.** Flowers must be grown by exhibitor. Fair management is not responsible for lost or broken containers. Exhibits may include cut, dried, annuals, perennials, or floral arrangements.
3. **Food and Nutrition: Cookies (4 per plate), Cake, Cupcakes (4), Breads (1/2 loaf or 4 rolls), Candy (4 pieces), Decorated Cake, or Nutritious Snacks.)** You may enter as many exhibits as you wish. All entries must be a different recipe prepared and baked by exhibitor. All entries must include recipe on a "3 x 5" index card. Print or type each entry with your name on the back or you will be disqualified. Please state name of recipe on entry form and entry tag. Recipe cards will not be returned. Recipe boxes and educational displays may also be entered and are encouraged.
4. **Food Preservation: Fruit, Jams/Jellies, Vegetables, Pickles, Other.** Open only to 4-H Members enrolled or who have been enrolled in the appropriate Food Preservation Project.
 - All canned products must follow procedures and processing recommendations in current Extension Bulletins Canning Fruits, PNW 199; Canning Vegetables, PNW 172; Canning Tomatoes and Tomato Products, PNW 300; Salsa recipe canning PNW 395; pickling vegetables PNW 355 - all available at the Extension Office.
 - May enter as many exhibits as you wish. Each entry must be from a different recipe or product. State on entry form exact type of exhibit. Food must be canned during current year.
 - Enter only researched recipes, on a 3x5 card, for all pickles, relishes, and tomato-vegetable mixtures. Be sure to include your recipe source on entry form and label.
 - All canned tomatoes must follow current recommendations. State on label if raw or hot packed and if processed in a weighted gauge or dial gauge pressure canner or in a boiling water canner.
 - You must know your altitude to determine a safe processing time or canner pressure for canning foods.
 - Directions for canning specify a 1/4" head space for jams & jellies; 1/2" for fruits & tomatoes processed in boiling water canner & 1 to 1-1/4" for low acid foods processed in a pressure canner.
 - Process all jams & jellies 10 min. in a boiling water canner or sterilize jars and process 5 min. Label with the process used.
 - All products are to be exhibited in Clean Clear Standard Canning Jars. No gallon jars are to be used.
 - Make your own label and put as much information as possible on it. Include product name; date; packing method; processing method; processing time & altitude. Attach label to back of entry tag. Products with no label, incomplete information on label, unsealed jars, or unsafe processing methods, may be disqualified.
 - All entries must include recipes on "3 x 5" index card for each entry with your name on it or will be disqualified or printout the "Food Preservation" label (see below).

EXAMPLE for "3x5" (not to scale):

FOOD PRESERVATION

Circle all that apply.

Class: 1 Fruit/Fruit Sauce 2 Fruit Juice/Syrups 3 Tomatoes/Tomato Products 4 Pickles/Relishes
 5 Vegetables 6 Jams/Jelly 7 Meat / Fish

If yes, please describe:

Pre-Treatment: No Yes

Pack: Raw/Cold Hot Pack

Process: Dried In Dried In Boiling Pressure
 Dehydrator Sun Water Bath
 Elevation _____ Minutes _____ Lbs. Pressure _____

According to: Blue Book USDA/WSU Bulletin

EXHIBITOR NUMBER: _____
 EXHIBIT NUMBER: _____

5. **Dried Foods and Herbs:** Entries should be ½ cup; fruit leather should be 2"x4" piece.
 - All dried food products must have a label indicating product name, pretreatment, drying method used (sun, oven, dehydrator) and date preserved. If no pretreatment is used, state "no pretreatment." Any inappropriate dehydrated food will be disqualified. List time for process.
 - All exhibits must be entered in plastic Ziploc-type bags.
 - All entries (vegetables, fruits, or herbs) must be different and must be appropriate for dehydration.
6. **Fabric and Yarn Art: Junior, Intermediate and Senior.** Open to 4-H Members enrolled in sewing projects. You may enter as many items as you wish but all entries must be different fabric and/or pattern. Members enrolled in projects Fun with Clothes will be entered under Primary. **Be sure to enter the "Style Review".**
7. **Photography: People, Domesticated Animals, Wildlife, Landscape, Portrait, Candid, Action, Still Life, Editorial, Macro, Sequence of two or more photos telling a story, Photos manipulated or photoshopped.**
 - Entries are limited to no more than 20 photos taken during the current year.
 - All photos must be 5x7 in size and no smaller, they can however be bigger if you choose.
 - All photos must be firmly attached to white poster board with a 1" border. There must be a title labeled at the bottom of the photo. Photos will be hung with Velcro.
 - **We will not accept any photographs with store-bought matting of any kind.** All pictures must have the 4-H photography label glued to the back and filled out.
8. **Promotions and Educational Exhibits: Displays of a project or event, scrapbook/photo page, collage, poster, Record Books, Albums (Must be dated and captioned.** Open to all 4-H Members and Clubs. Exhibitors may need to provide a table. Displays may be on any 4-H topic of educational nature. All entries must be made during current 4-H year. May be entered by the individual or by the club.
9. **Creative Arts: Jewelry, Ceramics, Models, Painting, Needlework, Other Items.** Open to all 4-H Members. Age of entrant must be marked on entry tag. All projects must be completed. As many items as you wish may be entered, but they must all be a different type or technique. Any craft is allowed; among them models, ceramics, painting, needlework, or jewelry. You make it- we enter it!
10. **Cloverbud** - Cloverbud 4-H Members will not be judged, however, their work will be displayed, and they will receive a participation ribbon and a recommendation sheet. Open to ages 5 to 7 (as of October 1, 2021).

4-H ACTIVITIES

Event Days may change in the following classes. **Pre-Registration required on September 10, 2022 between 12 noon – 5 PM. Please check with the superintendent at pre-registration for information regarding date of activities.

Class

11. **STYLE REVIEW** – Dress for the Occasion

Pre-Registration: Saturday, September 10, 2022

Event Date: TBA

Location: Modern Living Building

Open to 4-H Members exhibiting clothing, and those wishing to enter Dress for the Occasion. All participants must check in one (1) hour prior to the show, in the Modern Living Building. Please bring your commentary with you. A one-day pass will be available for each contestant.

Points: 35 points – Participation ribbon for each participant. Contest may be cancelled if minimum entrants do not apply

12. **4-H PERFORMING ARTS**

Pre-Registration: Saturday, September 10, 2022

Event Date: TBA

Location: Modern Living Building

Open to all 4-H Members. Limit one (1) entry per member. All participants must check in one (1) hour prior to the show, in the Modern Living Building. A one-day pass will be available for each contestant. This will be a judged event.

- a) Performing Art Contest – No Points
- b) Trophy Contest by invitation from County.

Points: 35 points - Contest may be cancelled if minimum number of entrants does not apply.

For the Trophy Contest you must qualify through 4-H Extension. Winners will be notified by mail.

13. 4-H PUBLIC PRESENTATIONS – Demonstrations and/or Illustrated Talk

Pre-Registration: Saturday, September 10, 2022

Event Date: TBA

Location: Modern Living Building

Regulations for Public Presentations:

Give a presentation related to a project in which you are enrolled. One (1) presentation per member. Livestock exhibitors may NOT give a demonstration in the barn and also in the Modern Living Building. Food demonstration may not be duplicated as food preparation. A one-day pass will be available for each contestant. Make sure all demonstration posters and materials are taken home the same day as your demonstration is given - we cannot store items. A table, easel and microphone are provided. An outlet is available for electric tools or appliances. Dates and times will be scheduled.

This will be a judged event.

- a) Demonstration and/or illustration talk
- b) Trophy Contest by invitation from County

Points: 35 points

For the Trophy Contest you must qualify through County Presentation Contest.

14. 4-H FOOD PREPARATION ACTIVITY

Pre-Registration: Saturday, September 10, 2022

Event Date: TBA**

Location: Modern Living Building

Regulations for 4-H Food Preparation: Open to all 4-H Members enrolled in Food Project, Adventures in Family Living. Juniors prepare a recipe using guidelines in Project Book. Intermediates & Seniors prepare bread or canned/frozen products as in the County food activity or prepare a favorite food. Time is limited to 1 hr. Contact Extension Service for Guidelines to these Kitchen Activities. Dates and times will be scheduled. Participants will be reimbursed up to \$7 for ingredients used (turn in an itemized list of ingredients to the Superintendent at time of activity). Food demonstration may not be duplicated as food preparation. Responsibility of equipment and posters is that of the contestant and must be taken home the day of activity. No storage available. A one-day pass will be available for contestant.

This will be a judged event. Judge will evaluate and award points according to the following:

Knowledge and Management skills	10 Points
Cleanliness, Poise, Courtesy	15 Points
<u>Suitable for Experience and Age</u>	<u>10 Points</u>
Possible Total Score	35 Points

Points: 1st - 35 Pts; 2nd - 25 Pts; 3rd - 10 Pts

Ribbons Will be awarded

15. 4-H CROCK POT CHILI CONTEST

Pre-Registration: Saturday September 10, 2022

Event Date: Sunday, October 2, 2022

Location: Modern Living Building

Regulations for Crock Pot Chili Contest:

You will need to bring all equipment you need to prepare and cook chili in your crock pot. Entry form and recipe must be submitted by September 10 so we can plan space needs.

Day of contest, participants will arrive between 9-11 am to prep for the contest and start the cooking process. You are free to attend the Fair until 3:45 pm when you will return to the Modern Living Building to prep for judging. Judging will start at 4 pm.

Winners will be awarded a price.

PLEASE NOTE:

All 4-H members may also enter the youth department special contests that are offered.

