

# 2024 CENTRAL WASHINGTON STATE FAIR 4-H DEPARTMENT

## 4-H DEPARTMENT

**SUPERINTENDENT:** Kattie Blanchard

**ENTRY FORMS AND ITEMS DUE AS LISTED BELOW:**

**Saturday September 7, 2024** between 11am – 2pm the following entry forms and entries are due:

Cloverbud	Food Preservation
Creative Arts	Photography
Dried Foods and Herbs	Promotions and Educational Exhibits
Fabric and Yarn Art	

**Pre-Registration September 7, 2024** between 11 am – 2 pm Required for the following:

Grilled Cheese Cookoff Contest	Public Presentations
Food Preparation	Table Setting33
Performing Arts	Style Review
Girl Scout Cookie Baking Contest	Brown Paper Bag Contest

Enter Gate 5 Off South Fair Avenue

**Note:** You will be contacted on which day the contest will be held.

**Saturday September 14, 2024** between 11 am – 2 pm the following entry forms and entries are due:

Flower Gardening/Arranging	
Food and Nutrition	Gourd & Pumpkin Animals
Valley Produce	Girl Scout Cookie Baking Entries

Enter through Gate 11 Off 18<sup>th</sup> Street and proceed to Modern Living Building

**JUDGING:** Items will be judged and then displayed during the Fair.

**SYSTEM OF JUDGING:** Danish

**ENTRY LIMIT:** Exhibitors may enter as many exhibits as they wish.

**RELEASING:**

Tuesday, October 1<sup>st</sup>, 3:00pm to 6:00pm.

\* Fair will not be responsible for exhibits after 6:00pm.

## 4-H DEPARTMENT RULES

**Please also read the General Information, Rules and Regulations of the Fair.**

- They apply to 4-H unless specifically replaced by rules listed below. Breaking of rules may result in forfeiture of premiums. Exhibitors must be 4-H members. All entries must be made during current club year as project work.
- Exhibits entered in the 4-H area, Modern Living Building, must stay in the department they were entered in. They will be displayed in the MLB for the entire 10 days of the Fair. Clothing for Style Review will be allowed to be modeled then returned to MLB for display until end of Fair. For State Fair participants, special entry arrangements may be made by contacting Superintendent.
- One entry form for 4-H must be submitted to Fair clerk, listing all articles to be exhibited.
- Example: Members entering exhibits in crafts and clothing will list their entries on Activities are on a separate form. And include the name of your 4-H Club on the provide line.
- 4-H age division for entries is age as of October 1, 2023.

<b>Senior:</b>	<b>Ages 14 to 18</b>
<b>Intermediate:</b>	<b>Ages 11 to 13</b>
<b>Junior:</b>	<b>Ages 8 to 10</b>
<b>Cloverbud:</b>	<b>Ages 5 to 7</b>

Age you were as of October 1<sup>st</sup> of the previous year.

Age must be entered on the entry form.

General Rules and Regulations apply.

## 4-H CLASSES

### CLASS #

- 1. Valley Produce: Vegetables, Fruits, Nuts, Giant Produce.** Must list specific type of fruit, vegetable, etc. entry form. Full 9" Plate Display. 4-H Member must grow and harvest their own product. May enter as many as desired however, each plate must be a different type. Entries may also include sunflowers and a garden display.
- 2. Flower Gardening/Arranging: Cut Flowers, Arrangements, Dish and Fairy/Gnome Garden.** Flowers must be grown by exhibitor. Fair management is not responsible for lost or broken containers. Exhibits may include cut, dried, annuals, perennials, or floral arrangements.
- 3. Food and Nutrition: Cookies (4 per plate), Cake, Cupcakes (4), Breads (1/2 loaf or 4 rolls), Candy (4 pieces), Decorated Cake, or Nutritious Snacks.)** You may enter as many exhibits as you wish. All entries must be a different recipe prepared and baked by exhibitor. All entries must include recipe on a "3 x 5" index card. Print or type each entry with your name on the back or you will be disqualified. Please state name of recipe on entry form and entry tag. Recipe cards will not be returned. Recipe boxes and educational displays may also be entered and are encouraged.

### Washington Association of Wheat Growers Baking Awards

To promote the use of wheat products, the Washington Association of Wheat Growers is offering the following awards for any flour baking category. Open to any entry using flour in the recipe quality. Recipe to be submitted at time of exhibit take in. American Judging System will be used.

4-H Division Awards:   1<sup>st</sup> Place Cookbook and Rosette  
  2<sup>nd</sup> Place Cookbook

#### 4. Girl Scout Cookie Baking Challenge

Rules: Create a dessert or treat using one of the Girl Scouts infamous cookie varieties.

Exhibitor will pick up 1 box of Girl Scout Cookies from the 4-H Department entry receiving on Saturday, September 6<sup>th</sup> or from the WSU 4-H Extension Office, September 9<sup>th</sup> – 11<sup>th</sup>. Boxes of cookies are first come first serve. There will be all varieties of cookies available in limited quantities. Samoa, Thin Mint, Tagalongs, Adventurefuls, Do-Si-Dos, Trefoils, Lemon-Ups, S'mores, Toffee-Tastic (Gluten Free)

**Please bring recipe and empty Girl Scout Cookie Box when entry is submitted.** Please no refrigerated or frozen entries.

- 5. Food Preservation: Fruit, Jams/Jellies, Vegetables, Pickles, Other.** Open only to 4-H Members enrolled or who have been enrolled in the appropriate Food Preservation Project.
  - All canned products must follow procedures and processing recommendations in current Extension Bulletins Canning Fruits, PNW 199; Canning Vegetables, PNW 172; Canning Tomatoes and Tomato Products, PNW 300; Salsa recipe canning PNW 395; pickling vegetables PNW 355 - all available at the Extension Office.
  - May enter as many exhibits as you wish. Each entry must be from a different recipe or product. State on entry form exact type of exhibit. Food must be canned during current year.
  - Enter only researched recipes, on a 3x5 card, for all pickles, relishes, and tomato-vegetable mixtures. Be sure to include your recipe source on entry form and label.
  - All canned tomatoes must follow current recommendations. State on label if raw or hot packed and if processed in a weighted gauge or dial gauge pressure canner or in a boiling water canner.
  - You must know your altitude to determine a safe processing time or canner pressure for canning foods.
  - Directions for canning specify a 1/4" head space for jams & jellies; 1/2" for fruits & tomatoes processed in boiling water canner & 1 to 1-1/4" for low acid foods processed in a pressure canner.
  - Process all jams & jellies 10 min. in a boiling water canner or sterilize jars and process 5 min. Label with the process used.
  - All products are to be exhibited in Clean Clear Standard Canning Jars. No gallon jars are to be used.
  - Make your own label and put as much information as possible on it. Include product name; date; packing method; processing method; processing time & altitude. Attach label to back of entry tag. Products with no label, incomplete information on label, unsealed jars, or unsafe processing methods, may be disqualified.
  - All entries must include recipes on "3 x 5" index card for each entry with your name on it or will be disqualified or

printout the "Food Preservation" label (see below).

**EXAMPLE for "3x5" (not to scale):**

<b>FOOD PRESERVATION</b>			
Circle all that apply.			
<b>Class:</b> 1 Fruit/Fruit Sauce 5 Vegetables	2 Fruit Juice/Syrups 6 Jams/Jelly	3 Tomatoes/Tomato Products 7 Meat / Fish	4 Pickles/Relishes
If yes, please describe:			
<b>Pre-Treatment:</b>	No	Yes	
<b>Pack:</b> Raw/Cold	Hot Pack		
<b>Process:</b> Dried In Dehydrator	Dried In Sun	Boiling Water Bath	Pressure
Elevation _____	Minutes _____	Lbs. Pressure _____	
<b>According to:</b>	Blue Book	USDA/WSU Bulletin	
EXHIBITOR NUMBER:	_____		
EXHIBIT NUMBER:	_____		

6. **Dried Foods and Herbs:** Entries should be ½ cup; fruit leather should be 2"x4" piece.
  - All dried food products must have a label indicating product name, pretreatment, drying method used (sun, oven, dehydrator) and date preserved. If no pretreatment is used, state "no pretreatment." Any inappropriate dehydrated food will be disqualified. List time for process.
  - All exhibits must be entered in plastic Ziploc-type bags.
  - All entries (vegetables, fruits, or herbs) must be different and must be appropriate for dehydration.
7. **Fabric and Yarn Art: Sewn Projects, Quilting, Macrame, Crochet & Knitting. Junior, Intermediate and Senior.** Open to 4-H Members enrolled in sewing projects. You may enter as many items as you wish but all entries must be different fabric and/or pattern. Members enrolled in projects Fun with Clothes will be entered under Primary. **Be sure to enter the "Style Review".**
8. **Photography: People, Domesticated Animals, Wildlife, Landscape, Portrait, Candid, Action, Still Life, Editorial, Macro, Sequence of two or more photos telling a story, Photos manipulated or photoshopped.**
  - Entries are limited to no more than 20 photos taken during the current year.
  - All photos must be 5x7 in size and no smaller, they can however be bigger if you choose.
  - All photos must be firmly attached to white poster board with a 1" border. There must be a title labeled at the bottom of the photo. Photos will be hung with Velcro.
  - **We will not accept any photographs with store-bought matting of any kind.** All pictures must have the 4-H photography label glued to the back and filled out.
9. **Promotions and Educational Exhibits: Displays of a project or event, scrapbook/photo page, collage, poster, Record Books, Albums (Must be dated and captioned.** Open to all 4-H Members and Clubs. Exhibitors may need to provide a table. Displays may be on any 4-H topic of educational nature. All entries must be made during current 4-H year. May be entered by the individual or by the club.
10. **Creative Arts: Jewelry, Ceramics, Models, Painting, Needlework, Other Items.** Open to all 4-H Members. Age of entrant must be marked on entry tag. All projects must be completed. As many items as you wish may be entered, but they must all be a different type or technique. Any craft is allowed; among them models, ceramics, painting, needlework, or jewelry. You make it- we enter it!
11. **Cloverbud** - Cloverbud 4-H Members will not be judged, however, their work will be displayed, and they will receive a participation ribbon and a recommendation sheet. Open to ages 5 to 7 (as of October 1, 2023).

## 12. Denim Upcycle Contest

The denim that we know and love today originated in 1860 when Levi Strauss and Co. debuted a new kind of work pant. Now we can use denim for so many applications other than protective leg wear. Just when you think you have worn out your favorite pair of jeans you can bring new life to them by upcycling.

Rules: Create a project from used denim jeans.

### 3. Categories to enter:

- a. Wearables – Convert used denim into a wearable piece of clothing that was not its original purpose (ie. Skirt, shorts, jacket, apron, etc)
- b. Accessories – An item that can be used with an outfit. Made from used denim (ie. Purse, hat, belt, backpack, etc)
- c. Crafts – Made from used denim. (Examples: coasters, garland, pillow, craft tote, ornaments)

## 13. Table Setting Contest

Pre-Registration: Saturday September 7, 2024

Event Date: **TBD**

Location: Modern Living Building

The Table Setting Contest is a fun way to learn how to properly set a table, plan a nutritional meal, and express originality and creativity. Open to all 4-H Youth Members.

The contestant will be required to fully set 1 table for an occasion selected by the contestant.

Card tables will be used for the contest. A table will need to be provided by the contestant.

The table should consist of a table cloth or covering, plates, utensils, glasses or cups, a centerpiece, and a menu for your occasion.

Your menu should include 3 items that are grown here in the Yakima Valley. Highlight those items in **BOLD** font on your menu.

There will be two (2) categories:

1. Casual-themed place settings could be planned for indoors or outdoors using any type of table cover (tablecloth, blanket or paper) and any type of table service. Theme/Occasion examples: birthday party, family dinner, friends get together, harvest party, picnic, football watch party, etc.
2. Formal-themed place settings would include more than three (3) Theme/Occasion examples: Tea Party, New Years Eve, Christmas Dinner, Formal Birthday, etc.

**Judging:** During judging you will present your table setting to the judge by telling them about your theme/occasion and why you chose it. You should view yourself as the host of the judge as your guest. Remember to extend a welcome to your judge and present your ideas behind your theme/occasion. **\*Please do no prepare food as this is a presentation only.\***

\*See Yakima County 4-H Extension website for the 4-H Table Setting Activity Guidelines C1075E.

## 14. Western Shirt Sewing/Embellishment Contest

Western shirts are a cowboy tradition. What sets them apart is how versatile the shirt can be. Workwear or formal wear, or both, the Western Shirt has seen it all and done it all. The first, generally most noticeable element of a Western Shirt is its yoke on the front and back.

There will be two (2) categories:

1. Western Shirt Sewing – The contestant will sew a western shirt from scratch. A store-bought pattern or drafted pattern are acceptable. This garment must be a new project.
2. Western Shirt Embellishment – Contestant will take a pre-owned or purchased western shirt and add embellishments as they see fit. Ideas could include sequins, fringe, paint, embroidery, etc.

## 15. Gourd And Pumpkin Animals – Create a 3D animal face using a gourd or pumpkin as your base. Then using fabric, paper, or any other material to create a cute animal. Some ideas include dog, horse, cat, cow, pig or rabbit. Use your imagination to create a cute animal face. Please no painted only entries.

The Yakima County 4-H Extension Office will be hosting an event where members can come and create their animal. Open to all 4-H Youth Members.

**16. Container Gardens** – Get creative with the containers you select. Many old items that may appear as trash could be repurposed as a container for growing beautiful flowers or herbs.

There will be two (2) categories:

1. Ornamental Container Garden – contains ornamental flowers and plants.
2. Edible Container Garden – contains herbs, vegetables or edible plants.

**17. STEM** – Science, Engineering, and Technology. Woodworking, Welding, Models (Legos), Rockets, Entomology, Taxidermy, Rocks & Fossils, Open to all 4-H members.

**18. 4-H Club Year in Review.** Create a poster highlighting your club's 2023-2024 4-H year activities, community service, and accomplishments. Use pictures, brochures, and handouts to showcase your club's year.

#### 4-H ACTIVITIES

\*\*Event Days may change in the following classes. **Pre-Registration required** on September 7, 2024 between 11am – 2pm. Please check with the superintendents at pre-registration for information regarding date of activities.

#### Class

**19. STYLE REVIEW** – Dress for the Occasion

Pre-Registration: Saturday, September 7, 2024

Event Date: TBA

Location: Modern Living Building

Open to 4-H Members exhibiting clothing, and those wishing to enter Dress for the Occasion. All participants must check in one (1) hour prior to the show, in the Modern Living Building. Please bring your commentary with you. A one-day pass will be available for each contestant.

**Points:** 35 points – Participation ribbon for each participant. Contest may be cancelled if minimum entrants do not apply

**20. 4-H PERFORMING ARTS**

Pre-Registration: Saturday, September 7, 2024

Event Date: TBA

Location: Modern Living Building

Open to all 4-H Members. Limit one (1) entry per member. All participants must check in one (1) hour prior to the show, in the Modern Living Building. A one-day pass will be available for each contestant. This will be a judged event.

- a) Performing Art Contest – No Points
- b) Trophy Contest by invitation from County.

**Points:** 35 points - Contest may be cancelled if minimum number of entrants does not apply.

**For the Trophy Contest you must qualify through 4-H Extension. Winners will be notified by mail.**

**21. 4-H PUBLIC PRESENTATIONS** – Demonstrations and/or Illustrated Talk

Pre-Registration: Saturday, September 7, 2024

Event Date: TBA

Location: Modern Living Building

#### **Regulations for Public Presentations:**

Give a presentation related to a project in which you are enrolled. One (1) presentation per member. Livestock exhibitors may NOT give a demonstration in the barn and also in the Modern Living Building. Food demonstration may not be duplicated as food preparation. A one-day pass will be available for each contestant. Make sure all demonstration posters and materials are taken home the same day as your demonstration is given - we cannot store items. A table, easel and microphone are provided. An outlet is available for electric tools or appliances. Dates and times will be scheduled.

This will be a judged event.

- a) Demonstration and/or illustration talk
- b) Trophy Contest by invitation from County

**Points:** 35 points

**For the Trophy Contest you must qualify through County Presentation Contest.**

**22. 4-H FOOD PREPARATION ACTIVITY**

Pre-Registration: Saturday, September 07, 2024

Event Date: TBA\*\*

Location: Modern Living Building

**Regulations for 4-H Food Preparation:** Open to all 4-H Members enrolled in Food Project, Adventures in Family Living. Juniors prepare a recipe using guidelines in Project Book. Intermediates & Seniors prepare bread or canned/frozen products as in the County food activity or prepare a favorite food. Time is limited to 1 hr. Contact Extension Service for Guidelines to these Kitchen Activities. Dates and times will be scheduled. Participants will be reimbursed up to \$7 for ingredients used (turn in an itemized list of ingredients to the Superintendent at time of activity). Food demonstration may not be duplicated as food preparation. Responsibility of equipment and posters is that of the contestant and must be taken home the day of activity. No storage available. A one-day pass will be available for contestant.

This will be a judged event. Judge will evaluate and award points according to the following:

Knowledge and Management skills	10 Points
Cleanliness, Poise, Courtesy	15 Points
<u>Suitable for Experience and Age</u>	<u>10 Points</u>
Possible Total Score	35 Points

**Points:** 1<sup>st</sup> - 35 Pts; 2<sup>nd</sup> - 25 Pts; 3<sup>rd</sup> - 10 Pts  
Ribbons Will be awarded

**23. Brown Bag Activity**

Pre-Registration: Saturday, September 07, 2024

Event Date: TBA\*\*

Location: Modern Living Building

Contestants will demonstrate the ability to pack an interesting, nutritious, and appealing lunch which can be safely stored at room temperature for at least 5 hours.

The contestants will be judged on creativity, sanitary, and safe practices, and nutritional value. 30 minute time limit.

**24. Grilled Cheese Sandwich Cookoff**

Say CHEESE!! This year's in person cookoff challenge will be a Grilled Cheese Sandwich Cookoff.

A grilled cheese sandwich is defined as a toasted hot cheese sandwich that is prepared by heating slices of cheese between slices of bread and using a cooking fat to make it toasted.

**Rules:** Create a grilled cheese masterpiece. Any type of bread, cheese, cooking fats, or alternatives and inclusions can be used.

Exhibitors will create their entry in the prep kitchen. Their sandwich will then be judged by the panel of judges and then present their entry for judging.

Contest will take place Sunday, September 29<sup>th</sup> at time TBD.

**25. 4-H CROCK POT CHILI CONTEST**

Pre-Registration: Saturday September 07, 2024

Event Date: Sunday, September 29, 2024

Location: Modern Living Building

**Regulations for Crock Pot Chili Contest:**

You will need to bring all equipment you need to prepare and cook chili in your crock pot. Entry form and recipe must be submitted by September 09 so we can plan space needs.

Day of contest, participants will arrive between 9-11 am to prep for the contest and start the cooking process. You are free to attend the Fair until 3:45 pm when you will return to the Modern Living Building to prep for judging. Judging will start at 4 pm.

Winners will be awarded a price.

**PLEASE NOTE:**

**All 4-H members may also enter the youth department special contests that are offered.**