2026
Chain & Go Demolition Derby Rules

Subject to change by officials for safety and/or other reasons necessary

Please don't push the "gray area" with welds or your own interpretations. If the rules don't specifically say you can do it, then you can't—no exceptions. If you're unsure about something, please call.

The Chain and Go Demo Derby Class is designed to be an entry level class to promote greater interest in demo derbies and to give new people a class to compete in on a limited budget.
The cars in this class are meant to be stripped, prepped with safety gear, and brought to the track to demo.
These rules specifically state what can be done to the vehicle. There are no gray areas.

IF IT DOESN'T SAY YOU CAN…. THEN YOU CAN'T.

A. Competing Models

- Open to any 1960 Or newer American Made Passenger vehicles
- 8 cylinders maximum
- No mini vans, SUV's, Pickups, El Caminos, Hearse, Limo, Chrysler Imperial or Newport of any year!

B. General Preparation

- All glass must be removed minus windshield. All loose glass must be cleaned out.
- Front windshield may be replaced with expanded metal. Must have 2 vertical braces for support in center if windshield removed.

• Car exterior must be stripped of all molding, headlight, trim, taillights, etc.
• All flammable material must be removed from interior. Headliner, rear seats, door panels, carpet, etc.
• Front seat must be securely fastened to the floor. These bolts may not go through the frame.

SEATBELTS

Four-point harnesses minimum are required!
• Hoods must be chained, 3/8 chain size minimum. All-thread may be used/welded at frame top or side vertically and fasten to hood using nuts and washers two places only! All thread or bolts may be used in two places through core support and hood only chains still required. **1" all thread/bolts maximum for all.**
• 2 of the hood chains may be looped around the front bumper.
• No re-bolting of hood skins.
• Exterior driver's door bar may be used.
• Door bar must extend a minimum of 3" past the door seams and no more than 6" past the door seams. Door bar must be secured with a minimum of 3⁄4" bolts and have 4" x 4" backing plates Passenger door bar is highly recommended. Door Seams may be **welded using sheet metal strips or rebar no wider than 3/4" and no longer than 2" if needed to connect seams welds and placed only every 12".**
• A rollover bar is required. Minimum of 4" x 3/8" thick pipe or square tubing. Must have a 4" x 4" plate welded top and bottom. One 4" x 4" backing plate must be bolted under the floorboard and the through the rollover bar. One 4" x 4" backing must be bolted on top of the roof and through the rollover bar.
• Dash bar is recommended. A dash bar is required if any portion of the metal structure of the dash has been removed and May only be bolted to body sheet metal. Must use backer plates.
• Spreader Bar is required. Must be securely bolted to the outside door bars. If a passenger door bar is not used Backer plates are required.
• Trunk lids must be chained. 2 places maximum. 3/8 chain minimum.
• The trunk lid chains may be looped around the rear bumper.
• Seams of trunk lid and may be **welded no more than 2" long. sheet metal strips/patches no wider than 3/4" and no longer than 2" if needed to connect seams welds and placed only every 12".**

C. Frames

• Engine mounts may be welded to the Frame. **No added metal. May not strengthen the car in any way.**
• **No other welding, plating or cutting of the frame is allowed!**

D. Brakes

• All cars must be able to demonstrate the ability to stop at any time. If your brakes do not work, you will not compete.

E. Tires

• Any car tire is allowed. No forklift, skid steer, tractor, etc.
• Must be mounted on stock style rim.
• No reinforcing rims.
• Tubes are allowed.
• No valve stem protector allowed.

F. Bumpers and Bumper Brackets

• Welding of the stock bumper brackets is allowed, No Reinforcing or added metal on the bumper!
• Must use factory bumper or one close to for the car.
• You may chain around the bumper and through the hood and trunk lid.
• Bumper ends may be cut for tire clearance.

G. Rear Ends and Drive Shafts

• No rear end swaps are allowed.
• You may weld the rear end spider gears.
• Stock style drive shafts only. No long sliding type drive lines allowed!

H. Engines

• No purpose-built engine swaps. Examples of acceptable swaps. 305 Chevrolet replaced by a 350 Chevrolet. 302
Ford replaced by a 351w Ford. Contact tech with any engine swap questions prior to building.
• No engine cradles allowed.
• No distributor protectors allowed.
• Stock engine mounts may be welded. No added metal. May not strengthen the car.

I. Batteries

• Battery must be relocated to inside the cab.
• Battery must be fully enclosed in a box or be covered.
• Either must be securely fastened.

J. Fuel System

• Stock fuel tank must be removed from OEM location.
• Maximum 8-gallon tank
• A safe tank must be used, no plastic or aluminum fuel tanks allowed.
• Tank must be securely fastened to the floorboard of the vehicle.
• Tank cannot be bolted through the frame at all.
• It must be mounted in front of rear axle.
• Tank mounting braces/brackets cannot be used as a kicker of any kind. Must maintain a minimum of 6" of clearance between any fuel tank mounting brace and any surrounding metal.
• No metal fuel lines inside cab.
• Rubber fuel hose that ran inside the cab is required to be run inside a larger diameter hose.
• Hydraulic hose is highly recommended for all-in cab fuel lines.
• All fuel lines must be double clamped.
• Electric fuel pumps are allowed. They must be covered and have a clearly marked on/off switch as well as be accessible from outside of car in case of emergency shut off by officials is needed.

K. Cooling system

• Water only. No antifreeze or ethylene glycol allowed.
• Radiator (if used) must remain in the factory installed location.
• If the radiator is removed, you can loop the hoses together. No added expansion tanks.

• No other cooling system modifications allowed.

L. Suspension

• No suspension modifications are allowed.
• No chaining humps or limiting suspension travel in any way.

M. Safety

• Driver must wear helmet, seat belt, and eye protection at all times during the competition.
• Driver must remain in vehicle with all safety equipment on until directed by a track official to exit the vehicle. (Fire is the only exception.)
• Driver's door hits are illegal. Any driver's door hit deemed intentional will be cause for disqualification. Repeated unintentional or careless driver's door hits will be cause for disqualification. Official's determination is final.
• Intentional or repeated unintentional use of your driver's door as a defense may result in disqualification.
• No hot rodding in the pits.
• You are allowed to have one fire. The second fire will be cause for disqualification.

N. Technical Inspection

• It is your responsibility to show up with a legal car.
• It is your responsibility to report to tech. Failure to report to tech or competing in any event with a car that has not
been inspected will result in immediate disqualification and a monetary fine.
• Hood and must be opened for inspection.
• Protests are not allowed. Officials' decisions are final.

O. Competition Rules

• No sandbagging. You must make a competitive hit every 60 seconds.
• Intentional or repeatedly exiting the defined area of competition may result in disqualification.
• Obey the official's commands.
• Have Fun and Put on a Great Show for the Crowd!

For any building-related questions contact Official Chris (503) 780-3844

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