



NURSE AMY


NURSE PRACTITIONER




NURSE PRACTITIONER

AMY

Dr. Amy is a nurse, farmer, and mom. She takes care of her community as a primary care nurse practitioner. Amy has used her passion for agriculture as she works to keep farmers and rural communities safe- mentally, emotionally, and physically.

 **ARCHNEMESIS:** Bigfoot & spiders.


 **SIDEKICK:** A medical bag, full of goodies and a tiara.

 **SPECIAL POWERS:** Always being prepared for an emergency; healing and taking care of others.


 **SCHOOL SUBJECT**
History / Social Studies

 **BOOK GENRE**
Mystery


 **HOMETOWN:** Bedford Co.


 **JOB:** Nurse practitioner and farmer

 **WORKING YEARS:** 23

 **FOOD:** Steak and chocolate

 **AG COMMODITY:** Beef

 **WISE WORDS:** If you are passionate and love what you do, you will never work a day in your life. Think outside the box, you can make a career out of anything!

 **FUN FACT:** Amy spoke at The White House for the President on rural healthcare.

Healer

**Community
Builder**

Grower




MILKMAN BRENT
HOMESTEAD CREAMERY




MILKMAN & DELIVERY DRIVER BRENT

Brent worked on a dairy farm for 6 years before being the milk truck driver. He started by delivering glass bottles door to door and now delivers milk and ice cream to local businesses and schools. He loves meeting new people and driving big trucks. Brent is a proud husband and father.

 **ARCHNEMESIS:** People that he cannot prank.

 **SIDEKICK:** A key to the milk truck.

 **SPECIAL POWERS:** Super strength, Brent can lift up to 4,200 pounds of milk and ice cream products per day!



SCHOOL SUBJECT

History / Social Studies



BOOK GENRE

Historical Fiction



HOMETOWN: Floyd Co.



JOB: Milkman and Milk Truck Delivery Driver



WORKING YEARS: 9



FOOD: Lemon Pie & Lemon Crunch Ice Cream



AG COMMODITY: Dairy



WISE WORDS: Whatever you do, from the small moments to the big gestures, do it for good.



FUN FACT: Brent is a handyman. He goes the extra mile helping customers with emergency household projects when they need a helping hand!

Community
Friend

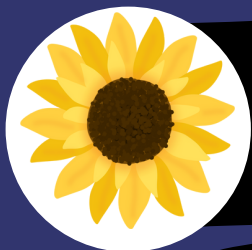
Helper

Hard-
worker




FARMER CANDACE


BEAVER DAM FARM SUNFLOWERS




FARMER CANDACE

Candace is an artist and graphic designer turned sunflower farmer and educator. She is a 4th generation farmer and loves educating people about agriculture. Candace lives on her family farm with her husband and 2 kids.

 **ARCHNEMESIS:** Morning glories, they can overtake the field of flowers!


 **SIDEKICK:** A 6' Measuring Stick, used for weekly measurements & our festival countdown.

 **SPECIAL POWERS:** Smile maker: the sunflower fields always put a smile on everyone's face; would choose to control the rain.

 **SCHOOL SUBJECT**
Art

 **BOOK GENRE**
Biography/Autobiography


 **HOMETOWN:** Botetourt Co.


 **JOB:** Owner/President at Beaver Dam Farm Sunflowers

 **WORKING YEARS:** 9

 **FOOD:** Strawberries

 **AG COMMODITY:**
Sunflowers/ sunflower seeds

 **WISE WORDS:** Believe in your ideas! You will never know your own potential until you believe in yourself and give that idea a try!

 **FUN FACT:** Candace has been an artist her whole life and runs a graphic design business.

Creator

Educator

Business woman




FARMER CAM
GARDEN VARIETY HARVESTS




FARMER CAM


Cam studied TV, film and theatre production in school, but decided to start a garden after a film project interviewing a farmer. He now works full time with a team of gardeners to grow over 40 types of vegetables. They provide produce for farmers markets and local restaurants.

 **ARCHNEMESIS:** The dreaded harlequin bug.

 **SIDEKICK:** A praying mantis with a big appetite for aphids and pests.

 **SPECIAL POWERS:** Germinating seeds using telepathy.


 **SCHOOL SUBJECT**
History/ Social Studies

 **BOOK GENRE**
History/Biology/Science non-fiction


 **HOMETOWN:** Roanoke City


 **JOB:** Farmer at Garden Variety Harvests

 **WORKING YEARS:** 5

 **FOOD:** BBQ Brisket with collard greens & fried okra

 **AG COMMODITY:**
Okra

 **WISE WORDS:** All jobs can be difficult if you're committed to doing them well. So why not choose one that can provide meaning to you, your family and your community at the same time?

 **FUN FACT:** Cam helps teach farming and workforce skills to young adults.

**Community
Builder**

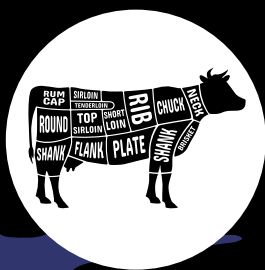
Educator

Grower



THE FARMING 5 A'S

TAYLOR, BRANSON, GRACYN, JACKSON & EASTON
ARBOGAST FARMS




THE FARMING 5A'S

TAYLOR, BRANSON, GRACYN, JACKSON & EASTON


These 5 cousins, ages 12-15, are the next generation coming up at Arbogast Farms. Their great-grandfather started the farm in the 1950's. They help to raise chickens, beef cattle, sheep and crops. They love working outside with the animals and the machinery on the farm.

 **ARCHNEMESIS:** A world without meat proteins.

 **SIDEKICK:** The farm mural, Charlotte the Cow!

 **SPECIAL POWERS:** Raising healthy & nutritious protein for your family and ours!

 **SCHOOL SUBJECT**
Agriculture & Science

 **BOOK GENRE**
History/Biology/Science
(non-fiction)


 **HOMETOWN:** Rockingham Co.


 **JOB:** Farmers and Students

 **WORKING YEARS:** 12-15

 **FOOD:** Beef or Chicken

 **AG COMMODITY:** Beef

 **WISE WORDS:** Kids are an important part of life on the farm! They learn how to help and be responsible at an early age. We always think about how to best take care of animals and the land.

 **FUN FACT:** All of the 5 A's are involved in ag-related activities like 4-H and FFA, but they also all play a sport!

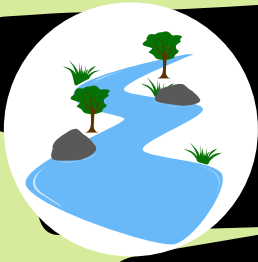
Learner

Helper

Caregiver



NATURE RESTORER AMBER
JAMES RIVER ASSOCIATION




NATURE RESTORER AMBER

Amber grew up in Powhatan County in the James River Watershed. She studied landscape architecture and feels most alive outdoors. She works with others to improve the health of the James River and her community. Amber helps plant streamside forests and protect the watershed. She spends all day with people and trees!

 **ARCHNEMESIS:** English Ivy, the weed.

 **SIDEKICK:** Sizzle, her 3-legged cat.

 **SPECIAL POWERS:** Amber would have the power to talk to plants and animals.

 **SCHOOL SUBJECT**

Art



BOOK GENRE

Historical Fiction



HOMETOWN: Richmond City



JOB: Restoration Director for the James River Association



WORKING YEARS: 16



FOOD: Ice cream



AG COMMODITY:

Compost



WISE WORDS: Make time every day for fresh air, gratitude, and play!



FUN FACT: Amber loves to hula hoop, make art, dance, and garden. You can often find her in the woods along a cool stream!

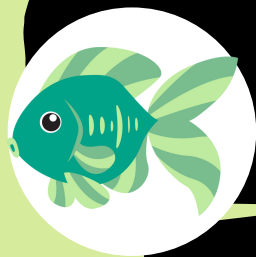
**Steward
of the
land**

Creator

**Community
Builder**




MARINE SPECIALIST ALICIA
VIRGINIA MARINE RESOURCES COMMISSION




NATURAL RESOURCE MANAGER ALICIA

Alicia considers herself a huge science nerd. She has worked in research, fisheries management, and outreach for marine resources. She loves to teach people about Virginia's amazing natural resources. Alicia enjoys being outside with her husband, two children, and their pets!

 **ARCHNEMESIS:** Creepy looking creatures.


 **SIDEKICK:** Harold, the Horseshoe Crab!

 **SPECIAL POWERS:**
Harnessing the power of the living fossil.

 **SCHOOL SUBJECT**
Science

 **BOOK GENRE**
Fantasy

 **HOMETOWN:** Isle of Wight Co.


 **JOB:** Natural Resources Manager for Virginia Marine Resources Commission

 **WORKING YEARS:** 15

 **FOOD:** Fajitas

 **AG COMMODITY:**
Fresh Peaches

 **WISE WORDS:** You'll never know if you don't try!

 **FUN FACT:** Alicia has had several past/secret identities, including working for NASA, being a research farmer, and training animals.

**Steward
of the
land**

Educator

**Fair
Fanatic**



FORESTER EASTON

PAPER & PACKAGING MANUFACTURER




FORESTER EASTON

Easton is a forester in Virginia's woods. He works to provide and secure lumber to make paper, cardboard and packaging materials. Easton is responsible for managing and protecting Virginia's renewable forest resources. He grew up loving the outdoors and found a career that would keep that connection. Easton is a family man, husband and father.

 **ARCHNEMESIS:** Big snow storms and hurricanes.

 **SIDEKICK:** Bailey, the family labrador.

 **SPECIAL POWERS:** Channeling his inner meteorologist Jim Cantore to control the weather.

 **SCHOOL SUBJECT**
Math

 **BOOK GENRE**
Contemporary Fiction


 **HOMETOWN:** Fluvanna Co.

 **JOB:** Regional Fiber Supply Manager


 **WORKING YEARS:** 32

 **FOOD:** Fresh grown veggies from the garden

 **AG COMMODITY:**
Virginia grown melons

 **WISE WORDS:** Set high goals and stretch to achieve them.

Explore connections between our well-being as a society and the natural resources we are entrusted with - the land, soil, water and trees.

 **FUN FACT:** Easton loves bouncing to Enter Sandman when Virginia Tech takes the field at Lane Stadium in Blacksburg.

**Steward
of the
land**

Leader

**Community
Builder**



EDUCATOR JIM
FAUQUIER EDUCATION FARM




EDUCATOR JIM

Jim is a lifelong gardener with a love of teaching and working with people. Jim helps provide educational and volunteer opportunities at the farm. Over the past 10 years, the Education Farm has donated over half a million pounds of fresh produce to surrounding food banks.

 **ARCHNEMESIS:** People who don't like to laugh.


 **SIDEKICK:** His coffee thermos.

 **SPECIAL POWERS:** finding volunteers to help out on the education farm.

 **SCHOOL SUBJECT**
Art

 **BOOK GENRE**
Contemporary Fiction


 **HOMETOWN:** Fauquier Co.


 **JOB:** Executive Director at the Fauquier Education Farm

 **WORKING YEARS:** 9

 **FOOD:** Grilled moose burgers

 **AG COMMODITY:**
Watermelons and Tomatoes

 **WISE WORDS:** Always be willing to play with new things!

 **FUN FACT:** Jim's family inspired the true story of The Waltons' in Nelson Co.

Jim also has 3 ball pythons and 9 aquariums with fish!

**Steward
of the
land**

Educator

Provider



TRACTOR DEALER MEGAN

TRACTOR DEALER



TRACTOR DEALER MEGAN

Megan grew up on a dairy farm and started working at a tractor dealership when she was 16 years old. She fell in love with blue tractors and working with farmers, learning everything about tractors. She has 2 kids, 3 dogs, 4 goats, and 2 cats.



ARCHNEMESIS:

Tractors that aren't blue.



SIDEKICK: Hank, her pup.



SPECIAL POWERS: Megan is a tractor whisperer. She helps tractors find the perfect home.



SCHOOL SUBJECT

Science



BOOK GENRE

Biography/Autobiography



HOMETOWN: Orange Co.



JOB: Owner/President at a farming equipment dealership



WORKING YEARS: 14



FOOD: Pizza



AG COMMODITY: Beef



WISE WORDS: Hard work ALWAYS pays off.



FUN FACT: Megan is one of very few women that own a tractor dealership in the United States!

Community
Builder

Problem
Solver

Business
woman



FARMER SARAH
CATTLE RUN FARM



FARMER SARAH

Sarah's passion for agriculture began when she was 7 years old. She raised and showed pigs with her local 4-H chapter. Sarah is passionate about working to help agriculture be more sustainable and creating access to safe, affordable and nutritious food for all.



ARCHNEMESIS:

Snakes!



SIDEKICK: A John Deere Gator.



SPECIAL POWERS:

Mindreading- Sarah has the ability to read people well.



SCHOOL SUBJECT

Art



BOOK GENRE

Fiction



HOMETOWN: Albemarle Co.



JOB: Operations for Cattle Run Farm & Executive Director for Virginia Career Works-Piedmont



WORKING YEARS: 33



FOOD: Ham & strawberries



AG COMMODITY:

Beef



WISE WORDS: Education is knowledge, knowledge is power, and without an education one remains powerless.



FUN FACT: Sarah loves George Straight. She is also a founding member of the Minority & Veteran Farmers of the Piedmont

Leader

Business
woman

Advocate



FARMER ROBERT
BRIAR VIEW FARMS




FARMER ROBERT

Robert did not grow up on a farm. After involvement with FFA and an ag degree at VT, Robert started his own farm. Robert loves the variety of career paths in the ag industry. Robert is known for speaking up for what he believes in, representing the ag industry.

 **ARCHNEMESIS:** Bad rules and laws.

 **SIDEKICK:** A cell phone - on his side day or night.

 **SPECIAL POWERS:** Gift of gab, ability to speak on agriculture topics in front of a group with no preparation.


 **SCHOOL SUBJECT**
Agriculture / History

 **BOOK GENRE**
Mystery


 **HOMETOWN:** Pittsylvania Co.

 **JOB:** President CEO at Briar View Farms

 **WORKING YEARS:** 36

 **FOOD:** Steak and a baked potato

 **AG COMMODITY:**
Flue-cured tobacco

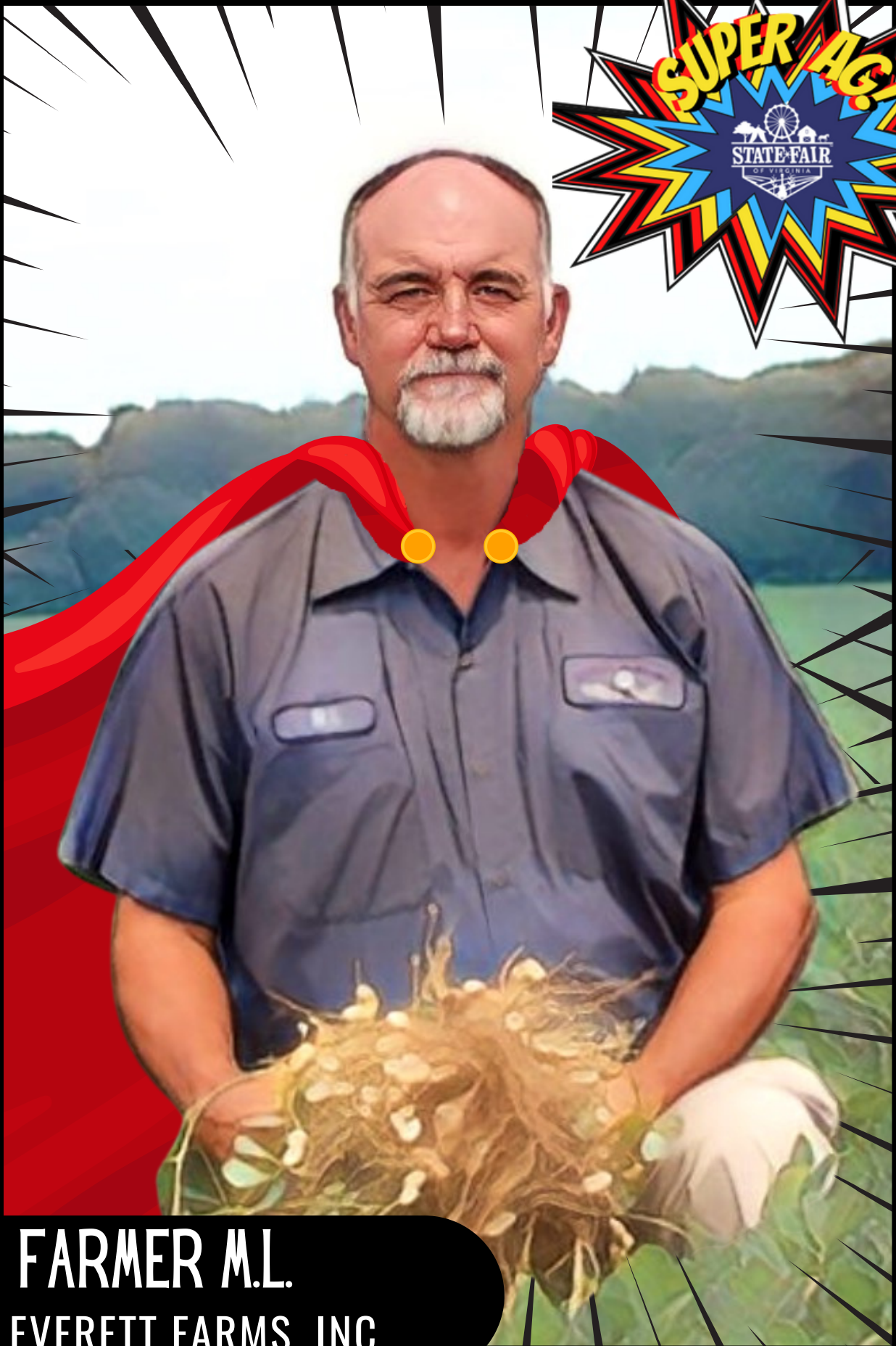
 **WISE WORDS:** Never let someone else tell you your destiny. Be determined and make your own path in life.

 **FUN FACT:** Plays the stand-up bass in a band.

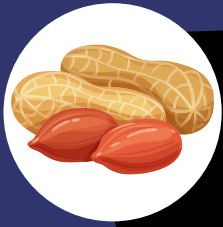
**Community
Builder**

Advocate

Grower



FARMER M.L.
EVERETT FARMS, INC




FARMER M.L.


M.L. is a farmer, community member and family man. Providing abundant and safe food drives him. M.L. takes personal responsibility for protecting the Earth and environment while growing food, fiber and timber to support present and future generations.

 **ARCHNEMESIS:** Running out of money to farm.


 **SIDEKICK:** A Kubota RTV & Holly, a black lab.

 **SPECIAL POWERS:** Nourishing a seed to make food and fiber; improving the environment for future generations.

 **SCHOOL SUBJECT**
Physical Education (PE)

 **BOOK GENRE**
History/Biology/Science non-fiction


 **HOMETOWN:** Southampton Co.


 **JOB:** President and farmer, Everett Farms

 **WORKING YEARS:** 48

 **FOOD:** Snow crab legs

 **AG COMMODITY:** Peanuts and then cotton

 **WISE WORDS:** Plant a garden. Whether it is small or large, it will give you a great sense of accomplishment and a deeper appreciation of what farmers do.

 **FUN FACT:** Many neighbors call M.L. "DOC" as he once dreamt of being a doctor. Dreams can change.

**Community
Builder**

**Fair
Fanatic**

Grower



FARMER KYLE
SHORE BREEZE FARMS



FARMER & FIELD SERVICE DIRECTOR KYLE

Kyle is an Eastern Shore of Virginia native. He loves spending time outdoors and on the farm. He is a fifth-generation farmer, but he is a first-generation hydroponic farmer. Kyle grows lettuce in greenhouses with nutrient-rich water instead of soil. He also works with other farmers as a resource to them.



ARCHNEMESIS: Father Time.



SIDEKICK: Gus, the super Labrador retriever.



SPECIAL POWERS: The ability to slow down time.



SCHOOL SUBJECT
Science



BOOK GENRE
History/Biology/Science
non-fiction



HOMETOWN: Northampton Co.



JOB: Farmer at Tri-S Farms, Shore Breeze Farms & Field Service Director for Virginia Farm Bureau



WORKING YEARS: 16



FOOD: Pizza



AG COMMODITY: Grain / Vegetables



WISE WORDS: Make sure to take time to do something you love.



FUN FACT: Kyle is left-handed, but he swings a golf club right-handed.

Innovator

Leader

Grower



FARMER COURTNEY
LAUREL SPRINGS FARM



FARMER COURTNEY

Courtney is a mama first, and then an AGvocate. She is passionate about educating people on where and how their food is made. Courtney works to support her local economy and hopes to increase farm-to-school efforts. The family farm takes proactive steps to ensure environmental quality for future generations.

ARCHNEMESIS:

Doubters.



SIDEKICK: Olivia, the bulldog.



SPECIAL POWERS: The ability to be invisible.



SCHOOL SUBJECT

Language Arts – Reading/
Writing



BOOK GENRE

Self-Help



HOMETOWN: Smyth Co.



JOB: Owner at Laurel Springs Farm



WORKING YEARS: 10



FOOD: Chicken tikki
marsala; cubed steak with
gravy



AG COMMODITY: Beef



WISE WORDS: No matter what, don't give up. You can always evolve as long as you are giving it your best self.



FUN FACT: Courtney's favorite color is purple. She also owns and runs an AirBnB.

**Steward
of the
land**

Advocate

Believer