



USA GYMNASTICS.

Alliant Energy Powerhouse
370 1st Ave NE, Cedar Rapids, IA 52401
Find start lists, results and more at
www.iowausagtt.com



Sunday, April 10, 2022

7:30	Box Office Opens Hotel/Vallet Entrance To Competition Floor Opens To Coaches, Lv 8-Elite Athletes & Volunteers		
8:00	Arena Seating Doors Open		
8:00	8:00 - 9:00 am - L8-Elite General Warm Up		
8:30	8:30 am - Coaches & Judges Meeting		
9:00	Welcome & National Anthem		
EVENT	TRAMPOLINE	TUMBLING	DOUBLE MINI
9:15	1 - L10 (All), Open (All), Elite (All)	1 - L7 F (All), L7 M (All)	1 - L5 F (9-10)
9:35		2 - L6 M (11-12,15+), L6 F (15+)	2 - L5 F (13-14)
9:45	2 - L8 F (9-10,13-14,15+), L9 F (13-14,15+)		
9:55		3 - L6 F (9-10,11-12)	3 - L5 F (11-12 Ft 1)
10:15	3 - L8 M (All), L9 M (All)		
10:35		4 - L6 F (13-14)	4 - L5 F (11-12 Ft 2)
10:45	4 - L6 F (9-10,15+)		5 - L5 M (8U,9-10,11-12)
10:55		5 - Open (All), Interm Elite (All), Sr Elite (All)	6 - L1 M (All), L2 M (All), L3 M (All), L4 M (All)
11:00	5 - L6 F (11-12)		
11:15		6 - Jr Elite (All), YE (All), Lv 10 (All), Lv 9 (All)	7 - L3 F (7-8,9-10,11-12)
11:20	6 - L6 F (13-14)		
11:35			8 - L1 F (9-10), L2 F (9-10,11-12,13-14)
11:40	7 - L6 M (8U), L7 M (8U,13-14)		
11:45		7 - L8 F (9-10,11-12,13-14)	
11:50			9 - L2 F (6U,7-8)
11:55	8 - L5 M (8U,9-10,11-12)		
12:10		8 - L8 F (15+), L8 M (11-12,13-14,15+)	
12:15	9 - L5 F (8U,13-14)		10 - L7 (All)
12:30	LUNCH		
1:00	10 - L5 F (9-10 Ft 1)	9 - L1 (All)	11 - Jr Elite (All), Sr Elite (All)
1:15	11 - L5 F (9-10 Ft 2)		
1:20		10 - L2 F (6U,7-8), L2 M (7-8,9-10)	
1:30	12 - L5 F (11-12 Ft 1)		12 - L8 F (9-10,11-12,13-14,15+)
1:40		11 - L2 F (9-10,11-12)	
1:50	13 - L5 F (11-12 Ft 2)		
1:55		12 - L5 M (8U,9-10,11-12), L5 F (8U,9-10)	13 - L8 M (8U,9-10,11-12,13-14,15+)
2:00	14 - L7 F (8U,11-12,13-14,15+)		
2:10		13 - L3 F (9-10 Ft 1)	
2:20		14 - L3 F (9-10 Ft 2)	14 - L9 M (All), L10 M (All)
2:30	15 - L4 F (7-8,13-14,15+)		
2:35		15 - L3 M (7-8,9-10,11-12)	15 - L9 F (All), L10 F (All)
2:40			
2:45	16 - L4 F (11-12)	16 - L3 F (7-8,15+)	
2:50		17 - L4 M (7-8,9-10), L4 F (7-8,13-14,15+)	16 - L6 F (13-14)
3:00			
3:10	17 - L4 F (9-10)	18 - L4 F (11-12 Ft 1)	
3:20			17 - L6 F (11-12)
3:25		19 - L4 F (11-12 Ft 2)	
3:30	18 - L4 M (All), L2 M (All), L1 M (All)		18 - L6 F (9-10,15+)
3:40		20 - L4 F (9-10)	
3:50			19 - L4 F (13-14,15+)
3:55	19 - L1 F (6U,7-8,9-10)	21 - L5 F (13-14,15+)	
4:00			20 - L4 F (9-10 Ft 1)
4:10	20 - L2 F (6U,7-8,9-10)	22 - L3 F (11-12)	
4:15			21 - L4 F (9-10 Ft 2)
4:30	21 - L2 F (11-12,13-14)		
4:45		23 - L5 F (11-12)	22 - L4 F (11-12)
5:05	22 - L3 F (7-8,9-10-11-12)		23 - L4 F (7-8)

* Please arrive at least 1 hour prior to your scheduled competition time as flights may run up to 30 minutes ahead of schedule

* Flight awards will be presented on the awards stand immediately following the flight's competition

* State Champion awards will be presented on the awards stand once all flights in the age group have competed

* General Warm Up session athlete should enter through the hotel/vallet entrance (ground floor). All other athletes should be seated in the arena seating (2nd Floor) with parents until their flight is called, then report to staging via the designated stairwell(s).