

February Recreation Connection

Wasatch Recreation Center

345 West 600 South, Heber

435-657-3240

www.wasatchparksandrec.com

Hours:

Monday –Saturday 6:00 a.m.—8:00 p.m.

Closed Sunday

LACROSSE CLINIC

Come learn The Basics of Lacrosse

Session runs Tuesdays and Thursdays starting March 2 – March 25, 2021 (6 total classes).

Clinic is for 1st – 6th grade. **Beginners only.**

Beginner Lacrosse player's grades k – 4th with 0 to 2 years' experience will be from 5:00 PM to 6:00 PM
Tuesdays and Thursdays.

Beginning Lacrosse players grades 4th – 6th with 0 to 1 year of experience will be from 6:30 PM to 7:30 PM
Tuesdays and Thursdays

Some equipment will be provided, but please bring your own stick and helmet if you have them

Cost for Clinic is \$35. (Clinic will be held at the Rec Center.) Spots are Limited.

GYMNASTICS

March Schedule

March 3– April 1 Wednesday & Thursday

There will be no classes the week of school spring break, March 17 & 18

All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
The increase in cost for some of the classes reflects the lengthened class time		
3-5 years	Intro Preschool	Wednesday 10:00– 10:50 am, 4:00-4:50pm, 5:10-6:00pm or Thursday 10:00- 10:50am, 4:00- 4:50pm, 5:00- 5:50pm COST: \$58
Girls 6-12 yrs. old	Beginning/ Intermediate	Wednesday 4:00– 5:00pm, 5:00– 6:00pm or Thursday 4:00– 5:00pm, 5:00– 6:00pm COST: \$68
Boys 6-12 yrs. old	Beginning/ Intermediate	Wednesday 6:10– 7:10pm COST: \$68
Girls Intermediate 6-12 yrs. Old	Intermediate	Wednesday 6:10– 7:25pm COST: \$74
Boys Intermediate 6-12 yrs. Old	Intermediate	Thursday 6:00– 7:15pm COST: \$74
Hot Shots/ Girls Silver 6– 12 yrs. old	Required for those previously enrolled in class	Thursday 6:00– 7:15pm COST: \$74
Girls Gold/ Platinum 7-14 yrs. old	Restricted to those previously enrolled in class	Thursday 6:00– 8:00pm COST: \$110
Boys Gold 7-14 yrs. old	Restricted to those previously enrolled in class	Thursday 6:00– 8:00pm COST: \$110
Private Lessons 7-14 yrs. Old	By invitation only. Work one on one	Wednesday 7:15– 8:00pm COST: \$140
Private Lessons 7-14 yrs. Old	By invitation only. Work one on one	Wednesday 7:30– 8:00pm COST: \$120

CERAMICS PAINTING CLASSES

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on March 9th, 23rd, April 6th, 20th from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at www.wasatchparksandrec.com to reserve your spot.

YOUTH BASEBALL/SOFTBALL

Youth Boys Baseball: Registration starts February 17th!!

Wasatch County Youth Baseball is for all boys, pre-school - 9th Grade in the 2020 – 2021 school year.

Division	Grade	Fee	Play Days	Draft Night
T-Ball (boys & girls)	4yrs & K	40.00	M & W June 2– 28	contacted by coach prior to 1 st game
Coach Pitch	1, 2, 3	40.00	M & W June 2- 28	contacted by coach prior to 1 st game
AA	3, 4	60.00	M & W May 3 -end of June	Wed. April 21, 5:00pm Vets West
AAA	5, 6	60.00	T & TH May 4 - end of June	Thur. April 22, 5:00pm Vets West
MAJORS	7, 8, 9	60.00	T & TH May 4 - end of June	Fri. April 23, 5:00pm Vets West

Registration Deadline: T-Ball & Coach Pitch May 16th

Registration Deadline: AA, AAA, Majors is April 18th

Everyone does skills evaluation for AA, AAA, Majors, even if you played last year! Boys in "Majors" cannot be affiliated on a High School Team. Draft nights are held at the Vets West at 600 South 600 West, Heber. Participants must be registered through Parks and Rec to attend draft night. If you have a 3rd grader, he can play either coach pitch or AA. Tournaments will be held toward the end of June barring any rain outs. Hats and jerseys will be provided, but participants must provide their own baseball pants if desired. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

Youth Girls Softball: Registration starts February 17th!!

Wasatch County Youth Softball is for all girls, pre-school - 9th Grade in the 2020 – 2021 school year.

Division	Grade	Fee	Play Days	Draft Night
T-Ball (Boys & Girls)	4yrs & K	40.00	M & W June 2-28	Contacted by coach prior to 1 st game
Coach Pitch	1, 2, 3	40.00	T & TH June 1-24	Contacted by coach prior to 1 st game
Beg. Fast Pitch	3, 4, 5	60.00	T & TH May 11 - end of June	Thur. April 29, 5:00pm Vets West
Fast Pitch	6, 7, 8, 9	60.00	T & TH May 11 - end of June	Fri. April 30, 5:00pm Vets West

Registration Deadline: T-Ball & Coach Pitch May 16th

Registration Deadline: Beginning Fast Pitch & Fast Pitch is April 25th

Everyone does skills evaluation for Beg. Fast Pitch & Fast Pitch, even if you played last year! Girls in "Fast Pitch" cannot be affiliated on a school team. Skills Evaluations are held at the Vets West at 600 South 600 West, Heber. If you have a 3rd grader, she can play either coach pitch or Beg. FP. Participants must be registered through Parks and Rec. to attend draft night. Hats and jerseys will be provided. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

NOTICE: If there is a lack of participants, league division ages and grades could change to accommodate everyone.

Parks & Recreation will notify you if that occurs!

SPRING SOCCER

Spring Soccer registration will be February 17th– March 22. The cost is \$40 and is open to all children ages 3 -13 years old. Registration may not be available after March 22 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee.

Requests (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 22.

Games: Spring Soccer games will be played on Tuesdays and Saturdays, April 13 –May 8. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and U6 games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child's coach will call with information regarding the team and game time. If you haven't heard from a coach by April 12 call 657-3240 for the information.

Uniform: Reversible soccer shirts are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

Volunteer Coaches are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

Soccer Referees: County Soccer referees are paid \$15-\$25/game. Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

ART CLASSES

Art classes are now open for registration at Wasatch County Parks and Recreation! Vertex Art Academy is offering art classes by Mrs. Rose, an experienced artist who specializes in murals, drawing, painting, and crafts. Students from ages five years old to Senior can sign up for "Paint with me classes" where everyone in that class will complete the same painting with demonstration from the instructor. This art program includes all materials during class and results in a completed painting at the end of each class! Multiple credible sources state Art classes promote much needed mental health benefits such as help with improvement in anxiety, depression, ADHD, memory loss, stress, restlessness, and more. Art is also known to boost IQ scores, increase neuroplasticity, lengthen attention span, improve fine motor skills, and promote brain-heart coherence. No matter what your reason for signing up, ultimately we hope it's to have fun with us! Due to Covid19, class sizes are extremely limited so sign up today to secure your spot.

ART CLASSES OFFERED:

MONDAY: Ruby (ages 6-12)

3 Week session completing a total of 3 acrylic artworks. (Week one is focused on holiday craft for St. Patrick's day, Weeks 2 and 3 are acrylic paintings. Class time is 4:15pm-5:00pm or 5:30-6:15

COST: \$105

Dates: March 8,22,29

THURSDAY: Ruby (ages 6-12)

3 Week session completing a total of 3 acrylic artworks. (Week one is focused on holiday craft for St. Patrick's day, Weeks 2 and 3 are acrylic paintings. Class time is 4:15pm-5:00pm or 5:30-6:15

COST: \$105

Dates: March 11,25, April 1