



Recreation Connection

Wasatch Recreation Center

345 West 600 South, Heber

435-657-3240

www.wasatchparksandrec.com

Hours:

Mon -Thurs 5:30 am— 10:00 pm

Friday—5:30 am—8:00pm

Saturday 7:00 am—8:00 pm

Closed Sunday

FEBRUARY 2022

2022 ISSUES COMMUNITY CONFERENCE

The 32nd annual Issues Community Conference will be held Wednesday March 2, 2022 at Wasatch High School from 6:00-8:30 pm. The conference is free of charge for all those who attend. This year's keynote speaker is **Elizabeth Smart**. The abduction of Elizabeth Smart was one of the most followed child abduction cases of our time. At the tender age of 14, Elizabeth went to sleep in her family home just as she had always done. Hours later, she was kidnapped and held captive for nine long months. In this captivating message, Elizabeth shares her incredible story of perseverance in the face of unimaginable adversity. Her speech not only tells her personal story, but also discusses topics such as overcoming extreme adversity, the importance and process of recovery, and not allowing your past to dictate your life's future. Elizabeth knows that there is nothing more important than having hope in a difficult situation. Having lived through an extreme circumstance as a young teenager, Elizabeth gives great insight and hope to all.

Following the keynote speaker, a variety of interesting and informative workshops will be offered. This year's workshops include; Elevate Your Vision, The Happiness Formula, How to Save a Life, Zero Fatalities, Defend Yourself, The Latest on Vaping and many more. For a complete list of workshop titles and descriptions, go to www.wasatchparkandrec.com.

The Issues Community Conference is presented by Wasatch County Parks & Recreation, Wasatch County Health Department, The Wasatch School District and Wasatch Behavioral Health. Doors open at 5:30 pm, then the keynote presentation begins at 6:00 and is followed by two 40 minute sessions of the breakout workshops. Three hours of attendance credit will be available for high school students, plus another three hours of credit if they bring a parent with them. For more information, please go to wasatchparksandrec.com or call 435-657-3240. Conference attendees over the years have committed to making great changes in their life based on the presentations they've heard. Come learn what you can do for yourself and your community at the free 2022 Issues Conference.

CERAMICS PAINTING CLASS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on March 8, April 21 from 4:30-5:15pm. Cost is [\\$11](#) for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at www.wasatchparksandrec.com to reserve your spot.

UTAH WINDSOCK WITH WATERCOLORS

Class taught by Liz Sprackland, former art teacher at Wasatch High School. Class is open to kids ages 5-11. Students will design a windsock celebrating Utah. Materials used are watercolors, crayons, and markers. Register online today to claim your spot.



Schedule: Wednesday's February 16, 23, March 2

		<u>Cost</u>
<u>5-8 year olds</u>	4:00 pm- 5:00 pm	\$45
<u>9-13 year olds</u>	5:30 pm- 6:30 pm	\$45

SPRING SOCCER

Spring Soccer registration will be February 1- March 20. The cost is \$40 and is open to all children ages 3 - 12 years old. Registration may not be available after March 20 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee.

Requests (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 20.

Games: Spring Soccer games will be played on Tuesdays and Saturdays, April 12 -May 7. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and U6 games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child's coach will call with information regarding the team and game time. If you haven't heard from a coach by April 11 call 657-3240 for the information.

Registration includes: 2 player clinics (April 13 & 20, 5pm at WHS Soccer Field), and 8 League games.

Uniform: Reversible soccer shirts and shin guards are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

Volunteer Coaches are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

Soccer Referees: Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

LACROSSE CLINIC

Lacrosse Clinic for Boys and Girls

Come learn the skills and drills of Lacrosse Session runs Tuesday and Thursday February 15 to March 3 2022.

Clinic available to Boys 1st - 4th grade, and Boys 5th - 8th grade, and Girls 5th - 8th grade.

Boys 5th - 8th grade 3:30 Pm to 4:20 Pm.

Boys 1st - 4th grade 4:30 Pm to 5:20 Pm.

Girls 5th - 8th grade 5:30 Pm to 6:30 Pm - Girls clinic will run for 2 weeks.

Feb 15 to Feb 24. (4 classes).

Some equipment will be provided, but please bring your own stick and helmet if you have them.

Cost for Clinic is:

Boys \$40

Girls \$30

(Clinic will be held at the Rec Center).

INTRO TO SPORTS

Let's be honest, your kids just want to have fun and make friends. Many don't know what sports they enjoy or even know what they are good at! This camp is to give an introduction to multiple sports such as soccer, kickball, handball and flag football. We strive to create an environment where your kids can learn to try and become comfortable at failing, learn skills to make new friends, and find out what really interests them! This is for girls and boys ages 5-10! Register online at www.wasatchparksandrec.com February 1st- March 16th.

Days: Tuesday and Thursday

Dates: March 22, 24, 29, 31

Price: \$45.00

5-6 year olds 4:30 pm- 5:30 pm

7-8 year olds 5:30 pm- 6:30 pm

9-10 year olds 6:30 pm- 7:30 pm

GYMNASTICS

March Schedule
(No Class March 16 & 17 for Spring Break)
 March 2- March 31 Wednesday & Thursday
 All classes begin on their respective days in the session

Age	Level	Days, Times & Cost The increase in cost for some of the classes reflects the lengthened class time
Mommy or Daddy & Me Boys and girls 2-3 years old	Introductory	Wednesday 9:00- 9:35am, 9:45- 10:20am Thursday 9:00- 9:35am, 9:45- 10:20am COST: \$48
Preschool Boys and girls 3-5 years old	Introductory	Wednesday 10:30- 11:20am, 4:00-4:50pm or Thursday 10:30- 11:20am, 5:10- 6:00pm COST: \$63
Kindergarten Boys and girls 5-6 years old	Introductory	Wednesday 11:30am- 12:30pm, 5:00- 6:00pm, or Thursday 11:30am- 12:30pm, 4:00- 5:00pm, 5:00- 6:00pm COST: \$72
Girls 6-12+ yrs. old	Beginning/ Intermediate	Wednesday 4:00- 5:00pm, 5:00- 6:00pm or Thursday 4:00- 5:00pm, 5:00- 6:00pm COST: \$72
Boys 6-12+ yrs. old	Beginning/ Intermediate	Wednesday 6:00- 7:00pm COST: \$72
Hot Shots/ Girls Silver 6- 12 yrs. old	Required for those previously enrolled in class	Wednesday 6:00- 7:30 or Thursday 6:00- 7:30pm COST: \$85
Girls Gold/ Platinum 7-14 yrs. old	Restricted to those previously enrolled in class	Thursday 6:00- 8:00pm COST: \$117
Boys Gold 7-14 yrs. old	Restricted to those previously enrolled in class	Wednesday 7:00- 8:00pm COST: \$72

Princess Party



Come make magical memories while enjoying music, dancing, storytelling, crafts, and treats with Miss Wasatch! All princesses 3-10 years are cordially invited to attend our Princess Tea Party. All proceeds will go toward Children's Miracle Network Hospitals which aim to help children in our own community.

Saturday, February 12th
 at the Wasatch Recreation Center
 10am- 11:30am OR 12:30pm- 2pm
 Register online for \$15 per child.
 Wear your favorite princess gown and join us for a marvelous afternoon!

ADULT SOFTBALL

Adult softball signups begin March 1st and run thru April 17th. Men's league will play Monday nights beginning May 2nd, Co-Ed league will play Wednesday nights beginning May 4th. Game times for both leagues will most likely be 6:30, 7:30, 8:30, or 9:30pm, but will depend upon the number of teams that register to play. Register online or at the Rec. Center and must pay the non-refundable entry fee to enter the league. Space is limited in each league.

Men's League Cost: \$500
Co-Ed League Cost: \$425

Anyone who is interested in playing but does not have a team call Erik or Taylor at 435-657-3240 and get your name on the "Free Agent" list which will be given to team managers.

TENNIS

1st-3rd Grade

Monday 3:15-4:00pm and Friday 4:30-5:30pm
 Dates: Mar. 25, 28, Apr. 1, 4, 8, 11, 15, 18, 22, 25, 29, May 2, 6, 9, 13, 16, 20, 23 (No clinic March 21st)
 Cost: \$252 for 18X

4th-9th Grade

Monday 4:00-5:30pm and Wednesday 4:00-5:30pm
 Dates: Mar. 23, 28, 30, Apr. 4, 6, 11, 13, 18, 20, 25, 27, May 2, 4, 9, 11, 16, 18, 23 (No clinic on March 21st)
 Cost: \$369 for 18X

**Registration opens March 8th at 10:00am.
 Spots are limited and will fill.

YOUTH BASEBALL & SOFTBALL

Youth Boys Baseball: Registration starts February 8th!!

Wasatch County Youth Baseball is for all boys, pre-school - 9th Grade in the 2021 - 2022 school year.

Division	Grade	Fee	Play Days	Draft Night
T-Ball (boys & girls)	4yrs & K	40.00	M & W June 1- 27	Contacted by coach prior to 1 st game
Coach Pitch	1, 2, 3	40.00	M & W June 1- 27	Contacted by coach prior to 1 st game
AA	3, 4	60.00	M & W May 2 -end of June	Wed. April 20 5:00pm Vets West
AAA	5, 6	60.00	T & TH May 3 - end of June	Thur. April 21 5:00pm Vets West
MAJORS	7, 8, 9	60.00	T & TH May 3 - end of June	Fri. April 22 5:00pm Vets West

Registration Deadline: T-Ball & Coach Pitch May 8th
Registration Deadline: AA, AAA, Majors is April 10th

Everyone does skills evaluation for AA, AAA, Majors, even if you played last year! Boys in "Majors" cannot be affiliated on a High School Team. Draft nights are held at the Vets West at 600 South 600 West, Heber. Participants must be registered through Parks and Rec to attend draft night. If you have a 3rd grader, he can play either coach pitch or AA. Tournaments will be held toward the end of June barring any rain outs. Hats and jerseys will be provided, but participants must provide their own baseball pants if desired. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

Youth Girls Softball: Registration starts February 8th!!

Wasatch County Youth Softball is for all girls, pre-school - 9th Grade in the 2021 - 2022 school year.

Division	Grade	Fee	Play Days	Draft Night
T-Ball (Boys & Girls)	4yrs & K	40.00	M & W June 1-27	Contacted by coach prior to 1 st game
Coach Pitch	1, 2, 3	40.00	T & TH June 2-28	Contacted by coach prior to 1 st game
Beg. Fast Pitch	3, 4, 5	60.00	T & TH May 10 - end of June	Wed. April 27, 5:00pm Vets West
Fast Pitch	6, 7, 8, 9	60.00	T & TH May 10 - end of June	Thur. April 28, 5:00pm Vets West

Registration Deadline: T-Ball & Coach Pitch May 8th
Registration Deadline: Beginning Fast Pitch & Fast Pitch is April 10th

Everyone does skills evaluation for Beg. Fast Pitch & Fast Pitch, even if you played last year! Girls in "Fast Pitch" cannot be affiliated on a school team. Skills Evaluations are held at the Vets West at 600 South 600 West, Heber. If you have a 3rd grader, she can play either coach pitch or Beg. FP. Participants must be registered through Parks and Rec. to attend draft night. Hats and jerseys will be provided. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

NOTICE: If there is a lack of participants, league division ages and grades could change to accommodate everyone.
Parks & Recreation will notify you if that occurs!