



Recreation Connection

Wasatch Recreation Center

345 West 600 South, Heber

435-657-3240

www.wasatchparksandrec.com

Hours:

Mon –Thurs 5:30 am– 10:00 pm

Friday—5:30 am—8:00pm

Saturday 7:00 am—8:00 pm

Closed Sunday

January 2022

VOLLEYBALL

E-NEWSLETTER

No more digging through your students backpack. Get your issue of the Recreation Connection as soon as it is available. Parks & Recreation has made the newsletter available in multiple digital locations. Just email: kgeary@wasatch.utah.gov and put e-newsletter in the subject line to be added to our mailing list and you will receive the next issue of the Recreation Connection directly to your email.

Parks and Recreation would like to give a special thank you to all those who have volunteered their time to our programs. Without you, our programs aren't possible!

**Limited spots still available!

Volleyball will begin on January 4 and run through March 10, 2022. The Stingers program is for all 6th – 8th graders who are interested in developing their volleyball skills and also playing in matches and tournaments. Practice days and times are subject to change but are currently set for Tuesdays and Thursdays from 4:00 – 5:30 pm. Players will be divided into grades, depending on the number of registration then divided into teams within their grade.

The cost is \$260 which includes:



- 90 min practice sessions 2 days per week (except holidays) January 4 – March 10
- Tournament participation fees for to 2 tournaments
- AAU club fees and individual player fees
- New uniform top

We will be using new uniforms this season. Please let us know what size you will need during the registration process, otherwise a uniform will not be available. Black spanx may be purchased at time of registration for an additional \$20. Space is limited for the Stingers Club program due to court space, coaching staff, and team placement, so register early!

LACROSSE CLINIC

Lacrosse Clinic for Boys and Girls

Come learn the skills and drills of Lacrosse
Session runs Tuesday and Thursday February 15 to March 3 2022.
Clinic available to Boys 1st – 4th grade, and Boys 5th – 8th grade, and Girls 5th – 8th grade.

Boys 5th – 8th grade 3:00 Pm to 3:50 Pm.
Boys 1st – 4th grade 4:00 Pm to 4:50 Pm.
Girls 5th – 8th grade 5:00 Pm to 5:50 Pm - Girls clinic will run for 2 weeks.
Feb 15 to Feb 24. (4 classes).

Some equipment will be provided, but please bring your own stick and helmet if you have them.
Cost for Clinic is:
Boys \$40
Girls \$30

(Clinic will be held at the Rec Center).

BEGINNING PHOTOGRAPHY

Learn the basics about your camera. We will learn about aperture, shutter speed, ISO, lighting, composition, manual mode, and how to create beautiful photos with your camera. You will need to bring your own camera with a manual setting.

Dates: Thursday's February 3rd- March 3rd
Field day March 3rd at Southfield Park
(Weather permitting)
Time: 6:00-7:00pm
Ages 12 & up
Cost: \$100

UTAH WINDSOCK WITH WATERCOLORS



Class taught by Liz Sprackland, former art teacher at Wasatch High School. Class is open to kids ages 5-11. Students will design a windsock celebrating Utah. Materials used are watercolors, crayons, and markers. Register online today to claim your spot.

Schedule: Wednesday's February 16, 23, March 2

		<u>Cost</u>
<u>5–8 year olds</u>	4:00 pm– 5:00 pm	\$45
<u>9–13 year olds</u>	5:30 pm– 6:30 pm	\$45



GYMNASTICS		
February Schedule (4 week session) February 2– February 24 Wednesday & Thursday All classes begin on their respective days in the session		
Age	Level	Days, Times & Cost <small>The increase in cost for some of the classes reflects the lengthened class time</small>
Mommy or Daddy & Me Boys and girls 2-3 years old	Introductory	Wednesday 9:00- 9:35am, 9:45– 10:20am COST: \$48
Mommy or Daddy & Me Boys and girls 2-3 years old	Introductory	Thursday 9:00– 9:35am, 9:45– 10:20am COST: \$48
Preschool Boys and girls 3-5 years old	Introductory	Wednesday 10:30– 11:20am, 4:00-4:50pm or Thursday 10:30- 11:20am, 5:10– 6:00pm COST: \$63
Kindergarten Boys and girls 5-6 years old	Introductory	Wednesday 11:30am– 12:30pm, 5:00– 6:00pm, or Thursday 11:30am– 12:30pm, 4:00– 5:00pm, 5:00– 6:00pm COST: \$72
Girls 6-12+ yrs. old	Beginning/ Intermediate	Wednesday 4:00– 5:00pm, 5:00– 6:00pm or Thursday 4:00– 5:00pm, 5:00– 6:00pm COST: \$72
Boys 6-12+ yrs. old	Beginning/ Intermediate	Wednesday 6:00– 7:00pm COST: \$72
Hot Shots/ Girls Silver 6– 12 yrs. old	Required for those previously enrolled in class	Wednesday 6:00– 7:30 or Thursday 6:00– 7:30pm COST: \$85
Girls Gold/ Platinum 7-14 yrs. old	Restricted to those previously enrolled in class	Thursday 6:00– 8:00pm COST: \$117
Boys Gold 7-14 yrs. old	Restricted to those previously enrolled in class	Wednesday 7:00– 8:00pm COST: \$72



Rope night at the Wasatch County Event Center is back!! Join us every Thursday night from 5:00-9:00pm. Questions call Jon Provost at 435-657-3240.

Winter Golfing in Wasatch County

The Wasatch Rec Center has 2 golf simulators open to the public! Use your membership or pay an entry fee to get in the Rec Center.

The golf simulators are an additional \$15 per person to use. First come first served, or make a reservation for \$15/hour. Anyone under 18 years old must be with an adult to play.

Keep up your golf game all winter long!

SPRING SOCCER

Spring Soccer registration will be February 1– March 20. The cost is \$40 and is open to all children ages 3 -12 years old. Registration may not be available after March 20 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee.

Requests (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 20.

Games: Spring Soccer games will be played on Tuesdays and Saturdays, April 12 –May 7. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and U6 games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child’s coach will call with information regarding the team and game time. If you haven’t heard from a coach by April 11 call 657-3240 for the information.

Uniform: Reversible soccer shirts and shin gaurds are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

Volunteer Coaches are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

Soccer Referees: Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

CERAMICS PAINTING CLASS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on March 8, April 21 from 4:30-5:15pm. Cost is [\\$11](#) for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at www.wasatchparksandrec.com to reserve your spot.

Are you following us on Facebook and Instagram? Find us at [wc_parksandrec](#) and make sure to tag us in your posts and stories!


