

Recreation Connection October 2022

Wasatch Recreation Center
345 West 600 South, Heber
435-657-3240
www.wasatchparksandrec.com

Wasatch Recreation Center
Hours Beginning October 17th:
Monday–Thursday 5:30am–10:00pm
Friday 5:30 am– 8:00pm
Saturday 7:00am– 8:00pm
Closed Sunday



BASKETBALL

Girls Jr. Jazz

For all 4th-8th grade girls. **SPOTS ARE LIMITED!** Register Online Oct. 3rd - Dec. 4th (or until full). Play will begin on Saturday, January 7th and end February 18th. **All Games will be played on Saturdays at the Rec Center from 9:30am-11:00am.** Cost is \$45.00. A jersey can be ordered for \$10 when registering. **All Registered players please show up at the Rec Center on Jan 7th at 9:30am for fundamental day! You will not hear from a coach before fundamental day.**

Boys Jr. Jazz

For all 5th-8th grade boys. **SPOTS ARE LIMITED!** Register Online Oct. 3rd - Dec. 4th (or until full). Play will begin on Saturday, January 7th and end February 18th. **All Games will be played on Saturdays at the Rec Center from 8:00am-9:30am.** Cost is \$45.00. A jersey can be ordered for \$10 when registering. **All Registered players please show up at the Rec Center on Jan 7th at 8:00am for fundamental day! You will not hear from a coach before fundamental day.**

Expanded Jr. Jazz

2nd, 3rd, 4th grade boys. **SPOTS ARE LIMITED!** Register Online Oct. 3rd -Dec. 4th (or until full). Play will begin on Wednesday January 4th and end February 8th at the Rec Center. **All grades will play individually, not together.**

2nd-3rd grade girls. **SPOTS ARE LIMITED!** Register Online Oct. 3rd -Dec. 4th (or until full). Play will begin on Wednesday January 4th and end February 8th at the Rec Center. **Both 2nd and 3rd grade girls will be combined.**

Cost for Expanded Jr. Jazz is \$45.00. All games will be played on Wednesdays at the Rec. Center. A jersey can be ordered for \$10 when registering. **All registered expanded Jr. Jazz players should be contacted by a coach prior to games starting on January 4th! If not please contact the Rec. Center 435- 657-3240**

High School Age Basketball League

REGISTER ONLINE!! SPOTS ARE LIMITED!

All Boys in 9-12 grades that are not playing for Wasatch High School Basketball can play in this league. Registration is \$65.00, which includes a jersey. **Register online or at the Rec Center Oct. 3rd -Nov. 13th (or until full).** Games will start Tuesday, November 29th. All games will be played on Tuesdays at the Rec Center.

Men's County League Basketball

Men's 2022 basketball league will begin November 28 with 8 game guarantee and a single elimination tournament to follow.

Team registration is now open for the first 7 teams for 'A' league, and first 7 teams for 'B' league. If we don't get enough teams we will combine both leagues. Anyone who is interested in playing that does not have a team Call Steve to get your name on a "Free Agent" list, these names will be given to each team manager.

Cost: \$600

Call Steve @ 435-657-3240

CERAMICS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on October 20th, November 9, November 16 from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at www.wasatchparksandrec.com to reserve your spot.

HUNTER SAFETY

A Hunter Safety class will be offered on Mondays starting, November 7 and run through December 12 2022 from 6 – 8 pm. Class will be held at the Wasatch Co. Rec Center. East Class Room. Shoot day will be Saturday December 10. Please keep these days open.

To register for the class you must:

1st - You must register at the Rec Center for the Hunter Safety Class Cost is (\$25).

2nd - You will need to Register on line at Utah division of wildlife Recourses, Hunter Safety course in person class, Wasatch Rec Center with Ed Mason, you will need class number and customer ID number from your Voucher to register for the class on line at the DWR web site.

3rd -You Must purchase a Hunter Education Voucher from Sportsman Ware house or Timberline or a licensed agent or online at wildlifeutah.gov (\$10). We prefer you do not buy on line.

INTRO TO SPORTS

Let's be honest, your kids just want to have fun and make friends. Many don't know what sports they enjoy or even know what they are good at! This camp is to give an introduction to multiple sports such as soccer, kickball, pickleball and flag football. We strive to create an environment where your kids can learn to try and become comfortable at failing, learn skills to make new friends, and find out what really interests them! This is for girls and boys ages 5-10! Register online at www.wasatchparksandrec.com August 22nd- October 13th.

Days: Monday and Wednesday
Dates: October 17, 19, 24, 26
Price: \$45.00

5-6 year olds	4:30 pm- 5:30 pm
7-8 year olds	5:30 pm- 6:30 pm
9-10 year olds	6:30 pm- 7:30 pm

CRAFT NIGHT

Come join our craft night at the Rec Center we will be making a Wooden Christmas Advent Calendar (\$35) or a Wooden Gingerbread Garland String (\$25) or booth for (\$55). Fun night for Mom's and Daughters. **When:** Thursday October 20, 2022 from 6:00 – 8:00 at the Wasatch Co. Rec Center in the party room. Register online at www.wasatchparksandrec.com or by phone at 435-657-3240. Registration closes October 7th. Sign up today

FUTSAL

A fun indoor 5 vs 5 play beginning November 3rd. Games will be on Thursday and Friday evenings beginning at 5pm and Saturday mornings beginning at 9am. For youth in 1st – 8th grade. **Registration cost is \$45.** Players will wear the reversible black or gold jersey that is also used for soccer. **Registration will be from August 22nd- October 23rd.** Register at the Rec. Center or online at www.wasatchparksandrec.com

GYMNASTICS

November Gymnastics Class Schedule 2022
(November 2- December 1)

***No classes November 23 & 24 for Thanksgiving**
All classes begin on their respective days in the session
Limited spots still available in October classes

Age	Level	Days, Times & Cost
Mommy or Daddy & Me- Boys and girls 2-3 years old	Introductory	Wednesday 9:00- 9:35am, 9:45-10:20am Thursday 9:00- 9:35am, 9:45- 10:20am COST: \$48
Preschool- Boys and girls 3-5 years old	Introductory	Wednesday 10:30- 11:20am, 4:00-4:50pm or Thursday 10:30- 11:20am, 5:10- 6:00pm COST: \$63
Kindergarten- Boys and girls 5-6 years old	Introductory	Wednesday 11:30am- 12:30pm, 4:00- 5:00pm, 5:00- 6:00pm, or Thursday 11:30am- 12:30pm, 4:00- 5:00pm, COST: \$72
Girls- 6-8 yrs. old	Beginning	Wednesday 4:00- 5:00pm, 5:00- 6:00pm or Thursday 4:00- 5:00pm, 5:00- 6:00pm COST: \$72
Girls- 8-12+ yrs. old	Intermediate	Thursday 4:00- 5:00pm COST: \$72
Boys- 6-12+ yrs. old	Beginning	Wednesday 6:00- 7:00pm COST: \$72
Bonze/ Silver- 6- 12 yrs. old	Required for those previously enrolled in class	Wednesday 4:30- 6:00, 6:00- 7:30 or Thursday 6:00- 7:30pm COST: \$85
Girls Gold/ Platinum- 7-14 yrs. old	For those previously enrolled in class	Thursday 6:00- 8:00pm COST: \$117
Boys Intermediate/Gold- 7-14 yrs. old	For those previously enrolled in class	Wednesday 7:00- 8:00pm COST: \$72

FALL BASKETBALL GROUP SKILLS TRAINING

Come develop your foundational basketball skills and prepare for basketball season. Ball Handling, shooting, passing, footwork, and defense. Players will learn proper technique and receive instruction on developing these foundational skills. Each workout will consist of skills, drills, and scrimmaging. Training will be provided by Ball City Basketball Academy coaches.

October 4th- 25th

Tuesday's 3:30-4:30 (1 training each week)

Grades: 3rd-8th

Cost: \$75

GAME ON! SPORTS 4 GIRLS

Join Game On! Sports 4 Girls for the Fall session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every 1-3 weeks. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play - no sandals, bare feet or boots allowed.

Schedule: Wednesdays November 2- December 14
(No class November 23)

Time: 4:00- 5:00pm at the Rec. Center

Cost: \$72

For girls in K- 4th grade

ART CLASSES

Art classes taught by Bailey Tillotson with theartroom.com are available to anyone ages 3-12.

For class and age specific information go to www.wasatchparksandrec.com today. Spots are limited!

Days and Times: Tuesdays **Cost per session:**
Pre-k: 4:00- 4:45pm Pre-k: \$50
Elementary: 5:00- 6:00pm Elementary: \$60

November Session: Tuesdays November 1- 29 (no class Nov. 22) In the November session we will be unleashing our creative side with some really fun thanksgiving/fall themed art pieces using watercolor and acrylic paint. Projects will include a simple bird watercolor, thank you cards, colorful fall tree with swing, and turkey sledding in the snow.

TENNIS

1st-3rd Grade

Monday 3:15-4:00pm and Friday 4:30-5:30pm
Dates: October 21, 24, 28, 31, Nov. 4, 7, 11, 14, 18, 21, 28, Dec. 2, 5, 9, 12, 16
(No Clinic on Friday November 25th)
Cost: \$240 for 16X

4th-9th Grade

Monday 4:00-5:30pm and Wednesday 4:00-5:30pm
Dates: October 19, 24, 26, Nov. 2, 7, 9, 14, 16, 21, 28, 30, Dec. 5, 7, 12, 14
(No clinic on Monday, October 31st and Wednesday, November 23rd)
Cost: \$255 for 15X

** Registration opens October 5 at 10:00am.
Spots are limited and will fill.

Come out and see the best Rodeo in Utah!
Ram Wilderness Circuit Finals Rodeo
Nov. 4th-5th

Nov. 4th Start Time 7:30 PM
Nov. 5th Matinee Start Time 1:00 PM
Nov. 5th Evening Start Time 7:30 PM

**Free Kids Pass (12-Under) with purchase of an adult pass Saturday Matinee Only



SOCCER CLINIC

This soccer clinic is meant for all levels of play and is going to focus on helping your child have fun! Coached and led by experienced soccer players that have played from high school to college. For ages 5-10. Clinic will be held Mondays and Wednesdays November 7-16 at the Rec. Center.

Schedule November 7, 9, 14, 16

		Cost
5-6 year olds	4:30 pm- 5:30 pm	\$45
7-8 year olds	5:30 pm- 6:30 pm	\$45
9-10 year olds	6:30 pm- 7:30 pm	\$45

Make plans to see the majestic Percherons, Belgians, Clydesdales and more at the Heber Valley Draft Horse Show Sept. 29th - Oct. 1st!

Sept. 29th Start Time is 5:00 PM
Sept. 30th Start Time is 1:00 PM
Oct. 1st Start Time is 1:00 PM



**Free Kids Pass (12-under) with the Purchase of an adult pass

ROLLER FITNESS WITH ELISE JONES

Ready...Set...Roll for some fitness fun every Thursday at 9am at the Wasatch Rec Center. Elise has created this unique class to share her passions for yoga & rollerskating. The class combines strengthening movements, balance skills, yoga & breath work, all on skates! No need to pre-register, just pay as you go, \$8/class. Come have a sweaty blast with great music and good friends. Classes will begin again on September 8th.

NamaSkate!