



RECREATION CONNECTION

Wasatch Recreation Center
345 West 600 South, Heber
(435) 657-3240
www.wasatchparksandrec.com

Hours:
Monday through Friday 5:30 a.m.—8:00 p.m.
Saturday: 7:00 a.m.– 5:00 p.m.
CLOSED Sunday

September 2022

FALL SOCCER 2022

Fall Soccer registration is going on now until Aug 21. The cost is \$45 and is open to all children ages 3 -12 years old. Registration may not be available after August 21 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee. Please register your child according to their grade as of Fall 2022.

Requests (read carefully!) Requests will be taken for siblings in all age groups, and for children in Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child NOTE: the requested player must also request to be with your child. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after Aug 21.

Registration includes: 2 player clinics (Sept 14 & 21, 5pm at WHS Soccer Field), and 8 League games.

Games: Fall soccer games will be played on Tuesdays and Saturdays, Sept 10 – Oct 4. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (U6 game times are slightly different, with 45 min between games) Game locations will be determined after registration closes.

Uniform: Reversible soccer shirts are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

Volunteer Coaches are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment. During the registration process, please mark "yes" to the question "would you like to coach?" if you are interested in coaching your child's team.

Soccer Referees: Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended. To be a referee or for any additional information, call Kylee at 435-657-3240.

FLAG FOOTBALL



For youth in grades 2-6 for the 2022/2023 school year. This league will give participants an exciting opportunity to play 7 on 7, non-contact flag football. Register June 1st – August 29th at the Rec Center or Online. League starts on September 10th and will run through October 4th. Games will be played on Tuesday evenings at 5 or 6 pm and Saturday mornings at 9 or 10 am. Registration cost is \$45. Players will wear the reversible black or gold jersey that is also used for soccer. Volunteer coaches are always needed and appreciated. Jerseys are sold at the Rec. Center for \$15.00.

SOCCER CLINIC

This soccer clinic is meant for all levels of play and is going to focus on helping your child have fun! Coached and led by experienced soccer players that have played from high school to college. For ages 5-10. Clinic will be held Mondays and Wednesdays November 7-16 at the Rec. Center.

Schedule November 7, 9, 14, 16

		Cost
5-6 year olds	4:30 pm- 5:30 pm	\$45
7-8 year olds	5:30 pm- 6:30 pm	\$45
9-10 year olds	6:30 pm- 7:30 pm	\$45

ROLLER FITNESS WITH ELISE JONES

Ready...Set...Roll for some fitness fun every Thursday at 9am at the Wasatch Rec Center. Elise has created this unique class to share her passions for yoga & rollerskating. The class combines strengthening movements, balance skills, yoga & breath work, all on skates! No need to pre-register, just pay as you go, \$8/class. Come have a sweaty blast with great music and good friends. Classes will begin again on September 8th.

NamaSkate!

INTRO TO SPORTS

Let's be honest, your kids just want to have fun and make friends. Many don't know what sports they enjoy or even know what they are good at! This camp is to give an introduction to multiple sports such as soccer, kickball, pickleball and flag football. We strive to create an environment where your kids can learn to try and become comfortable at failing, learn skills to make new friends, and find out what really interests them! This is for girls and boys ages 5-10! Register online at www.wasatchparksandrec.com August 22nd- October 13th.

Days: Monday and Wednesday	5-6 year olds	4:30 pm- 5:30 pm
Dates: October 17, 19, 24, 26	7-8 year olds	5:30 pm- 6:30 pm
Price: \$45.00	9-10 year olds	6:30 pm- 7:30 pm

WHS GIRLS BASKETBALL FALL CLINIC

Clinic is designed to elevate all athletes' basketball skills, regardless of starting point. Our clinic includes **Guards/Post skill development**, dribbling skills, shooting skills, passing skills, defensive skills, agilities, and lots of fun!

Sign up at www.myschoolfees.com. Camp is held at Rocky Middle School Gyms. Questions contact Coach Hull 435-654-0640 ext. 3753

K- 3rd Grade- (Boys may attend this session) Cost: \$70

Monday & Thursday Times: 4:00- 5:00pm
Saturday Time: 9:00- 10:00am
September 15th, 17th, 19th, 22nd, 24th, & 26th

4th- 8th Grade- Cost: \$100

Monday & Thursday Times: 5:15- 6:45pm
Saturday Time: 10:15- 11:45am
September 15th, 17th, 19th, 22nd, 24th, & 26th

GYMNASTICS

September Gymnastics Class Schedule 2022
(August 31- September 23)
All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
Mommy or Daddy & Me- Boys and girls 2-3 years old	Introductory	Wednesday 9:00- 9:35am, 9:45-10:20am Thursday 9:00- 9:35am, 9:45- 10:20am COST: \$48
Preschool- Boys and girls 3-5 years old	Introductory	Wednesday 10:30- 11:20am, 4:00-4:50pm or Thursday 10:30- 11:20am, 5:10- 6:00pm COST: \$63
Kindergarten- Boys and girls 5-6 years old	Introductory	Wednesday 11:30am- 12:30pm, 4:00- 5:00pm, 5:00- 6:00pm, or Thursday 11:30am- 12:30pm, 4:00- 5:00pm, COST: \$72
Girls- 6-8 yrs. old	Beginning	Wednesday 4:00- 5:00pm, 5:00-6:00pm or Thursday 4:00- 5:00pm, 5:00- 6:00pm COST: \$72
Girls- 8-12+ yrs. old	Intermediate	Wednesday 5:00- 6:00pm, COST: \$72
Boys- 6-12+ yrs. old	Beginning	Wednesday 6:00- 7:00pm COST: \$72
Bonze/ Silver- 6- 12 yrs. old	Required for those previously enrolled in class	Wednesday 6:00- 7:30 or Thursday 6:00- 7:30pm COST: \$85
Girls Gold/ Platinum- 7-14 yrs. old	For those previously enrolled in class	Thursday 6:00- 8:00pm COST: \$117
Boys Intermediate/Gold- 7-14 yrs. old	For those previously enrolled in class	Wednesday 7:00- 8:00pm COST: \$72

ART CLASSES

Art classes taught by Bailey Tillotson with theartroom.com are available to anyone ages 3-12. For class and age specific information go to www.wasatchparksandrec.com today. Spots are limited!

Days and Times: Tuesdays **Cost per session:**

Pre-k: 4:00- 4:45pm Pre-k: \$50
Elementary: 5:00- 6:00pm Elementary: \$60

October Session: Tuesdays October 4- 25
In the October session we will be unleashing our creative side with some fall theme art pieces using watercolor and acrylic paint. Projects will include a fall landscape, fun scarecrow, spooky pumpkin painting, and favorite Halloween costume.

November Session: Tuesdays November 1- 29 (no class Nov. 22)
In the November session we will be unleashing our creative side with some really fun thanksgiving/fall themed art pieces using watercolor and acrylic paint. Projects will include a simple bird watercolor, thank you cards, colorful fall tree with swing, and turkey sledding in the snow.

CRAFT NIGHT

Come join our craft night at the Rec Center we will be making a Wooden Christmas Advent Calendar (\$35) or a Wooden Gingerbread Garland String (\$25) or booth for (\$55). Fun night for Mom's and Daughters. **When:** Thursday October 20, 2022 from 6:00 - 8:00 at the Wasatch Co. Rec Center in the party room. Register online at www.wasatchparksandrec.com or by phone at 435-657-3240. Registration closes October 7th. Sign up today

THE WASATCH RECREATION CENTER IS HIRING!

The Wasatch Rec Center is now taking applications for Front Desk Attendants.

- Great starting wage \$11.50-\$13.75/hour
- 10 to 15 hours per week mainly on weekdays after 3pm and some Saturdays
- Free Rec Center Family Membership
- Perfect employment situation for a 2nd job, stay at home parents, and students
- Fun, lively environment

Application period closes September 2, 2022. Apply today at <https://www.wasatch.utah.gov/employment>

FUTSAL

A fun indoor 5 vs 5 play beginning November 3rd. Games will be on Thursday and Friday evenings beginning at 5pm and Saturday mornings beginning at 9am. For youth in 1st- 8th grade. **Registration cost is \$45.** Players will wear the reversible black or gold jersey that is also used for soccer. **Registration will be from August 22nd- October 23rd.** Register at the Rec. Center or online at www.wasatchparksandrec.com

HUNTER SAFETY

A Hunter Safety class will be offered on Mondays starting, November 7 and run through December 12 2022 from 6 - 8 pm. Class will be held at the Wasatch Co. Rec Center. East Class Room. Shoot day will be Saturday December 10. Please keep these days open.

To register for the class you must:

- 1st** - You must register at the Rec Center for the Hunter Safety Class Cost is (\$25).
- 2nd** - You will need to Register on line at Utah division of wildlife Recourses, Hunter Safety course in person class, Wasatch Rec Center with Ed Mason, you will need class number and customer ID number from your Voucher to register for the class on line at the DWR web site.
- 3rd** -You Must purchase a Hunter Education Voucher from Sportsman Ware house or Timberline or a licensed agent or online at wildlifeutah.gov (\$10). We prefer you do not buy on line.

FALL BASKETBALL GROUP SKILLS TRAINING

Come develop your foundational basketball skills and prepare for basketball season. Ball Handling, shooting, passing, footwork, and defense. Players will learn proper technique and receive instruction on developing these foundational skills. Each workout will consist of skills, drills, and scrimmaging. Training will be provided by Ball City Basketball Academy coaches.

Session 1: September 6th- 27th

Tuesday's 3:30-4:30 (1 training each week)
Grades: 3rd-8th
Cost: \$75

Session 2: October 4th- 25th

Tuesday's 3:30-4:30 (1 training each week)
Grades: 3rd-8th
Cost: \$75

CERAMICS PAINTING

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on September 15th, October 20th, from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at www.wasatchparksandrec.com to reserve your spot.