



# Recreation Connection

**Wasatch Recreation Center**  
**345 West 600 South, Heber**  
**435-657-3240**  
**www.wasatchparksandrec.com**

**Hours:**  
**Mon -Thurs 5:30 am— 10:00 pm**  
**Friday—5:30 am—8:00pm**  
**Saturday 7:00 am—8:00 pm**  
**Closed Sunday**

**April 2023**

## YOUTH BASEBALL & SOFTBALL

**\*\*Spots are limited in every division**

### Youth Boys Baseball: Registration starts February 6<sup>th</sup>!!

Wasatch County Youth Baseball is for all boys, pre-school - 9th Grade in the 2022 – 2023 school year.

Division	Grade	Fee	Play Days	Skills Evaluation Night
T-Ball (boys & girls)	4yrs & K	45.00	M & W June 5- 28	Contacted by coach prior to 1 <sup>st</sup> game
Coach Pitch	1, 2, 3	45.00	M & W June 5- 28	Contacted by coach prior to 1 <sup>st</sup> game
AA	3, 4	60.00	M & W May 1 - June	Wed. April 19 5:00pm Vets West
AAA	5, 6	60.00	T & TH May 2 - June	Thur. April 20 5:00pm Vets West
MAJORS	7, 8, 9	60.00	T & TH May 2 - June	Fri. April 21 5:00pm Vets West

**Registration Deadline: T-Ball & Coach Pitch May 7th**

**Registration Deadline: AA, AAA, Majors is April 9th**

Everyone does skills evaluation for AA, AAA, Majors, even if you played last year! Boys in "Majors" cannot be affiliated on a High School Team. Skills evaluation nights are held at the Vets West at 600 South 600 West, Heber. Participants must be registered through Parks and Rec to attend skills evaluation night. If you have a 3rd grader, he can play either coach pitch or AA. Hats and jerseys will be provided, but participants must provide their own baseball pants if desired. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

### Youth Girls Softball: Registration starts February 6<sup>th</sup>!!

Wasatch County Youth Softball is for all girls, pre-school - 9th Grade in the 2022 – 2023 school year.

Division	Grade	Fee	Play Days	Skills Evaluation Night
T-Ball (Boys & Girls)	4yrs & K	45.00	M & W June 5-28	Contacted by coach prior to 1 <sup>st</sup> game
Coach Pitch	1, 2, 3	45.00	T & TH June 1-27	Contacted by coach prior to 1 <sup>st</sup> game
Beg. Fast Pitch	3, 4, 5	60.00	T & TH May 11 - June	Wed. April 26, 5:00pm Vets West
Fast Pitch	6, 7, 8, 9	60.00	T & TH May 11 - June	Thur. April 27, 5:00pm Vets West

**Registration Deadline: T-Ball & Coach Pitch May 7th**

**Registration Deadline: Beginning Fast Pitch & Fast Pitch is April 16th**

Everyone does skills evaluation for Beg. Fast Pitch & Fast Pitch, even if you played last year! Girls in "Fast Pitch" cannot be affiliated on a school team. Skills evaluations are held at the Vets West at 600 South 600 West, Heber. If you have a 3rd grader, she can play either coach pitch or Beg. FP. Participants must be registered through Parks and Rec. to attend skills evaluation night. Hats and jerseys will be provided. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

## TRACK CLUB

**Track Club-** Will practice from 4:30-5:30pm starting April 26<sup>th</sup> The season ends the middle part of June. Most meets and practices will be Monday's & Wednesday's (subject to change). The first practice will be held at the Rec. Center and a schedule will be handed out then. Transportation is not pro-vided by the Recreation Department.

**Register online** [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)  
**March 1st- April 17th or at the Rec. Center**  
 Track Club is for 1<sup>st</sup>- 8<sup>th</sup> grade

Cost \$55 (includes team shirt and meet participation fees)

## CHALLENGER SPORTS CORE SOCCER CAMP

Challenger Sports Core Soccer Camp -  
 Bringing International Coaches To Your Field!

Coached by our team of international and US-based staff, our week-long half day and full day soccer camps improve your child's soccer skills whilst providing a unique cultural experience. Formerly known as International Soccer Camps, and rooted in British training methodology, these camps introduce our international training tactics to campers across the U.S and Canada. Our curriculum and coaching foundation meets engaging delivery for an all-around positive experience.

Camps are designed for all ages and ability levels, from beginner to advanced players- we use age appropriate practices to help players develop at their own pace, learn brand new skills and become an all-round better player...while having an amazing time with our international coaching staff! Includes an educational approach that uses soccer to teach the core values of responsibility, integrity, respect, sportsmanship and leadership.

**Camp Dates:** June 19-23 @ Veterans Memorial Park: 528 S 300 W Heber City, UT

**Ages:**  
 3-5 year old: 8:00- 8:45am  
 6-12 years old: 9:00am- 12:00pm

\*Afternoon session offered from 1-3pm to those registered in the 9:00am-12:00pm class

**Cost:**  
 3-5 year old: \$130  
 6-12 year old: \$215  
 \*Afternoon session: \$100



**EXHIBITOR BOOTHS  
 DEMONSTRATIONS  
 LIVE ENTERTAINMENT  
 LOCAL FOOD VENDORS  
 AND MORE!**

[Gohebervalley.com/events](http://Gohebervalley.com/events)



**April 22**  
**12-6pm 2023**

WASATCH COUNTY  
 REC CENTER

## ART CLASSES

This class is taught by Bailey Tillotson with [theartroom.co](http://theartroom.co). We will be doing fun art projects introducing your kids to a mixture of art mediums. (watercolor, pencil, acrylics, and crayons.) Each class is tailored to ages 5-12. This class will be held Tuesdays at the Rec Center.

### Class Options:

**April Session:** 11th -May 2nd  
**May Session:** 9th- 30th  
**Cost:** \$65  
**Time:** Tuesdays 4:30-5:30PM

## GYMNASTICS

### May Schedule

May 3– May 26 Wednesday & Thursday  
All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
		The increase in cost for some of the classes reflects the lengthened class time
Preschool Boys and girls 3-5 years old	Introductory	<b>Wednesday</b> 4:00-4:50pm, 5:00– 5:50pm or <b>Thursday</b> 4:00– 4:50pm, 5:00– 5:50pm <b>COST: \$75</b>
Kindergarten Boys and girls 5-6 years old	Introductory	<b>Wednesday</b> 4:00– 5:00pm, 5:00– 6:00pm <b>Thursday</b> 4:00 – 5:00pm, 5:00– 6:00pm <b>COST: \$85</b>

## BASKETBALL CAMP

Reach Higher Athletics is a high level basketball training program based out of St. George, UT. We focus on advanced skill development, while also teaching kids how to be successful off the court. Camp will be held at Rec. Center.

### Schedule (July 10,11,12)

<b>Cost</b>		
<b>K-2<sup>nd</sup> Grade</b>	9:00 am- 10:00 am	\$55
<b>3<sup>rd</sup>- 5<sup>th</sup> Grade</b>	10:15 am- 11:45 am	\$69
<b>6<sup>th</sup>- 8<sup>th</sup> Grade</b>	12:00 pm- 1:30 pm	\$69

Spots are limited!! Sign up today.

## SOCCER CAMP

This soccer camp is meant for all levels of play and is going to focus on helping your child have fun! Coached and led by experienced soccer players that have played from high school to college. Camp will be held at Rec. Center.

**Camp Dates:** Session 1: June 12– 15 Session 2: July 10– 13

Ages 4-5.....	\$45	4-5 yrs. Old:	8:00- 8:45am
Ages 6-7.....	\$45	6-7 yrs. Old:	9:00- 10:00am
Ages 8-10.....	\$50	8-10 yrs. Old:	10:00- 11:00am
Ages 11-13.....	\$50	11-13 yrs. Old:	11:00am- 12:00pm

## MISS WASATCH SCHOLARSHIP COMPETITION

The Miss Wasatch Scholarship Organization is looking for young women ages 18-28 (18 by Dec 31, 2023) who are interested in becoming the next Miss Wasatch County! **The competition will be held Saturday, June 24<sup>th</sup>, 2023.** Miss Wasatch County represents our great community throughout her year of service by promoting & advocating her Social Impact Initiative, fulfilling the role of spokesperson, being a role model to everyone around her, & promoting Wasatch County. She will also compete for the Miss Utah title the following year.

Participating in the Miss America Organization is one of the most rewarding and beneficial experiences available to young women in the United States. Each year, more than 10,000 young women participate at the local, state, and national levels, culminating in the selection of 51 national finalists who compete for the title of Miss America. Scholarships are given to Miss Wasatch County and her royalty to the school of their choice. This is a once-in-a-lifetime memorable opportunity that also looks fantastic on a resume!

**Register online at [wasatchparksandrec.com](http://wasatchparksandrec.com).** There is a refundable \$50 deposit for those who complete the workshops & competition. Please attend our orientation meeting on Tuesday, April 18<sup>th</sup> at 7:00pm at the Wasatch Recreation Center for more information about workshop schedules and preparing for the competition. Bring your ID & birth certificate or Passport. Parents are welcome to attend, and please bring a friend! If you have any questions, please email the program directors Aja or Giuliana at:

[misswasatchcounty@gmail.com](mailto:misswasatchcounty@gmail.com)

## GAME ON! SPORTS 4 GIRLS CAMP

At Game On! Sports 4 Girls, girls of all skill levels will learn and play multiple sports daily in an empowering warm, and FUN environment. We will offer campers daily exposure to a wide range of sports including but not limited to lacrosse, field hockey, soccer, volleyball, basketball, softball, tennis. Whether you feel your daughter is athletically inclined or not, she will thrive. Through our Healthier4Me program, we integrate discussion and lessons that focus on self-esteem, respect, nutrition, teamwork, leadership, and so much more. Our passion and mission is to ensure every Game On! Sports girl develops a deep sense of what it means to feel empowered, confident, proud, and GIRLSTRONG!

**Ages:** Girls 5– 14

**Camp Dates:**

Session 1: June 5– 9  
Session 2: June 12– 16

**Cost:** \$300

For additional information and to register go to [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) or by phone at 435-657-3240! Spots are limited!

## REAL RELATIONSHIPS

Most people know that quality relationships are good for your health and well-being, but many are at a loss in knowing how to develop lasting relationships. Come to a course taught by life coach Lisa Remund where you will learn tools and techniques that teach you how to listen to your own wisdom, speak your truth, and express your needs and wants in an efforts to have relationships. Investing in the relationship with yourself, those you live with, extended family and friends, and your community will give you the clarity and self-assurance to create strong loving connections that will change your life for the better.

**Class Dates:** Thursdays April 20- May 10

**Time:** 6:30- 7:30pm

**Cost:** \$45

**Ages:** 18 and up

Class taught at the Rec. Center

## TENNIS

### 1<sup>st</sup>-3<sup>rd</sup> Grade:

Monday 3:15-4:00pm and Friday 4:30-5:30pm  
Dates: April 21, 24, 28, May 1, 5, 8, 12, 15, 19, 22  
Cost: \$160 for 10X

### 4<sup>th</sup>-9<sup>th</sup> Grade:

Monday 4:00-5:30pm and Wednesday 4:00-5:30pm  
Dates: April 19, 24, 26, May 1, 3, 8, 10, 15, 17, 22, 24  
Cost: \$264 for 11X

\*\*Registration opens March 28th at 10:00am. Spots are limited!!

## ADULT SOFTBALL

Adult softball signups begin March 1st and run thru April 16th. Men's league will play Monday nights beginning May 1st, Co-Ed league will play Wednesday nights beginning May 3rd. Game times for both leagues will most likely be 6:30, 7:30, 8:30, or 9:30pm, but will depend upon the number of teams that register to play. Register online or at the Rec. Center and must pay the non-refundable entry fee to enter the league. Space is limited in each league.

**Men's League Cost:** \$500

Anyone who is interested in playing but does not have a team call Taylor at 435-657-3240 and get your name on the "Free Agent" list which will be given to team managers.

## WHS GIRLS BASKETBALL CLINIC



Wasatch High School Girls Basketball Skills Development Spring Clinic will be held April 10th– 13th. Camp will be held at Rocky Mountain Middle School Gyms. Clinic is designed to elevate all athletes' basketball skills, regardless of starting point. Our clinic includes Guards/Post skill development, dribbling skills, shooting skills, passing skills, defensive skills, agility, and lots of fun! Register day of camp or online at

[www.myschoolfees.com](http://www.myschoolfees.com)

Contact Coach Hull for more information  
435-654-0640 ext. 3753

**Grades** K– 3rd 4:00– 5:00pm (open to boys and girls)

**Grades** 4th– 8th 5:15– 6:45pm

**Grades** 9th - 12th 7:00– 8:30pm

**Cost:** 4th- 12th \$ 70

K– 3rd \$ 45