



# Recreation Connection

**Wasatch Recreation Center**

**345 West 600 South, Heber**

**435-657-3240**

**[www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)**

**Hours:**

**Mon -Thurs 5:30 am— 10:00 pm**

**Friday—5:30 am—8:00pm**

**Saturday 7:00 am—8:00 pm**

**Closed Sunday**

## January 2023

### E-NEWSLETTER

No more digging through your students backpack. Get your issue of the Recreation Connection as soon as it is available. Parks & Recreation has made the newsletter available in multiple digital locations. Just email: [kgeary@wasatch.utah.gov](mailto:kgeary@wasatch.utah.gov) and put e-newsletter in the subject line to be added to our mailing list and you will receive the next issue of the Recreation Connection directly to your email.

Parks and Recreation would like to give a special thank you to all those who have volunteered their time to our programs. Without you, our programs aren't possible!

## GAME ON! SPORTS 4 GIRLS

Join Game On! Sports 4 Girls for the Spring session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every 1-3 weeks. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play – no sandals, bare feet or boots allowed.

**Schedule:** Wednesdays April 12– May 10

**Time:** 4:00– 5:00pm at the Rec. Center

**Cost:** \$72

For girls in K– 4th grade

## VOLLEYBALL

### \*\* Limited Spots Available!

Volleyball will begin on January 5 and run through March 9, 2023. The Stingers program is for all 6<sup>th</sup> – 8<sup>th</sup> graders who are interested in developing their volleyball skills and also playing competitively in matches and tournaments. Practice days and times are subject to change but are currently set for Tuesdays and Thursdays from 4:00 – 5:30 pm. Players will be divided into grades, depending on the number of registration then divided into teams within their grade.

The cost is \$260 which includes:



*90 min practice sessions 2 days per week January 5 – March 9*

*Tournament participation fees for to 2 tournaments*

*AAU club fees and individual player fees*

For Uniforms this year we will be using the same Jersey as last year. If your child needs a Jersey the cost will be an additional \$20. Jersey orders will be taken during the registration process, so please order at that time. Spunks or shorts will be up to you to get on your own. Space is limited for the Stingers Club program due to court space, coaching staff, and team placement, so register early!

Parents we are always in need for coaches, if you feel like you could help out please contact Steve at the Rec Center.

## BOYS LACROSSE CLINIC

Come learn the skills and drills of Lacrosse

Session runs Tuesday and Thursday February 21 to March 9 2023.

Clinics are for Boys 1<sup>st</sup> – 4<sup>th</sup> grade, and Boys 5<sup>th</sup> – 8<sup>th</sup> grade.

Boys 5<sup>th</sup> – 8<sup>th</sup> grade 3:30 Pm to 4:30 Pm.

Boys 1<sup>st</sup> – 4<sup>th</sup> grade 4:30 Pm to 5:30 Pm.

Some equipment will be provided, but please bring your own stick and helmet if you have them

Cost for Clinic is \$40. (Clinic will be held at the Rec Center).

## GIRLS LACROSSE CLINIC

Come learn how to play Girls Lacrosse! We will work on the fundamentals of how to cradle, pass & catch, and how to shoot & play defense! This clinic will be taught by the Wasatch High School Girls Lacrosse team! Participants will need to provide a Mouth Guard, Girls lacrosse stick and goggles. (Some equipment will be available to borrow)

Tuesday's & Thursday's 6:00 to 7:00 at the Rec Center.

February 21<sup>st</sup>- March 30<sup>th</sup> (Skip March 14<sup>th</sup>)

K-8<sup>th</sup> Grade

Cost \$60

## PRINCESS PARTY

Calling all Princesses ages 3-10! You are cordially invited to attend our Annual Princess Tea Party! Come enjoy music, dancing, storytelling, crafts and treats with Miss Wasatch County and her royalty.

The party will be held Saturday, February 11th from 10:00-11:30 am or 12:30-2:00 pm. This event will take place at the Wasatch Recreation Center. Register online for \$15 per child.

Wear your favorite princess gown and join us for a magical experience.



**SKIJORING UTAH**  
**JANUARY 27-28, 2023**  
**GET YOUR TICKETS NOW!**

Purchase Tickets at: [www.wasatchcountyevents.com](http://www.wasatchcountyevents.com)

GYMNASTICS
------------

February Gymnastics Class Schedule 2023  
(February 1- February 23)  
All classes begin on their respective days in the session  
**Limited spots still available in January classes**

Age	Level	Days, Times & Cost
Mommy or Daddy & Me- Boys and girls 2-3 years old	Introductory	<b>Wednesday</b> 9:00- 9:35am, 9:45- 10:20am <b>Thursday</b> 9:00- 9:35am, 9:45- 10:20am <b>COST: \$48</b>
Preschool- Boys and girls 3-5 years old	Introductory	<b>Wednesday</b> 10:30- 11:20am, 4:00-4:50pm or <b>Thursday</b> 10:30- 11:20am, 5:10- 6:00pm <b>COST: \$75</b>
Kindergarten- Boys and girls 5-6 years old	Introductory	<b>Wednesday</b> 11:30am- 12:30pm, 4:00- 5:00pm, 5:00- 6:00pm, or <b>Thursday</b> 11:30am- 12:30pm, 4:00- 5:00pm, <b>COST: \$85</b>
Girls- 6-8 yrs. old	Beginning	<b>Wednesday</b> 4:00- 5:00pm, 5:00- 6:00pm or <b>Thursday</b> 4:00- 5:00pm, 5:00- 6:00pm <b>COST: \$85</b>
Girls- 8-12+ yrs. old	Intermediate	<b>Thursday</b> 4:00- 5:00pm <b>COST: \$85</b>
Boys- 6-12+ yrs. old	Beginning	<b>Wednesday</b> 6:00- 7:00pm <b>COST: \$85</b>
Boys Intermediate/Gold- 7-14 yrs. old	For those previously enrolled in class	<b>Wednesday</b> 7:00- 8:00pm <b>COST: \$85</b>

Spring Art classes coming soon!!

Class information will be posted on our website as well as included in the February Recreation Connection.

## Winter Golfing in Wasatch County

The Wasatch Rec Center has 2 golf simulators open to the public! Use your membership or pay an entry fee to get in the Rec Center.

The golf simulators are an additional \$20 per person to use. Anyone under 18 years old must be with an adult to play.

Keep up your golf game all winter long!

The golf simulators are an additional \$20 per person to use.  
Anyone under 18 years old must be with an adult to play.

Keep up your golf game all winter long!

# SPRING SOCCER

**Spring Soccer registration** will be February 1– March 19. The cost is \$45 and is open to all children ages 3 -12 years old. Registration may not be available after March 19 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee.

**Requests** (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 19.

**Games:** Spring Soccer games will be played on Tuesdays and Saturdays, April 15 –May 9. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and U6 games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child's coach will call with information regarding the team and game time. If you haven't heard from a coach by April 14 call 657-3240 for the information.

**Uniform:** Reversible soccer shirts and shin guards are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

**Volunteer Coaches** are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

**Soccer Referees:** Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

## CERAMICS PAINTING CLASS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on March 23, April 20 from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) to reserve your spot.

Are you following us on Facebook and Instagram? Find us at [wc\\_parksandrec](#) and make sure to tag us in your posts and stories!




