



# Recreation Connection

Wasatch Recreation Center  
345 West 600 South, Heber  
435-657-3240  
www.wasatchparksandrec.com  
Open Thanksgiving 7am-12pm

## Fall/Winter Hours:

**Monday-Thursday** 5:30am – 10:00pm  
**Friday** 5:30am – 8:00pm  
**Saturday** 7:00am – 8:00pm  
**Closed Sunday**

**November 2023**



Follow us on Facebook and Instagram!!

## BASKETBALL

### Girls Jr. Jazz

For all 4<sup>th</sup>-8<sup>th</sup> grade girls. **SPOTS ARE LIMITED!** Register Online Oct. 2nd - Dec. 3rd (or until full). Play will begin on Saturday, January 6<sup>th</sup> and end February 17<sup>th</sup>. **All Games will be played on Saturdays at the Rec Center from 9:30am-11:00am.** Cost is \$45.00. A jersey can be ordered for \$15 when registering. **All Registered players please show up at the Rec Center on Jan 6<sup>th</sup> at 9:30am for fundamental day! You will not hear from a coach before fundamental day.**

### Boys Jr. Jazz

For all 5<sup>th</sup>-8<sup>th</sup> grade boys. **SPOTS ARE LIMITED!** Register Online Oct. 2nd - Dec. 3rd (or until full). Play will begin on Saturday, January 6<sup>th</sup> and end February 17<sup>th</sup>. **All Games will be played on Saturdays at the Rec Center from 8:00am-9:30am.** Cost is \$45.00. A jersey can be ordered for \$15 when registering. **All Registered players please show up at the Rec Center on Jan 6<sup>th</sup> at 8:00am for fundamental day! You will not hear from a coach before fundamental day.**

**\*\*New Jr. Jazz jersey color scheme this year. If you would like the new jersey please order one at time of registration! All previous jerseys will still be allowed.**

### Expanded Jr. Jazz

2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> grade boys. **SPOTS ARE LIMITED!** Register Online Oct. 2nd -Dec. 3rd (or until full). Play will begin on Wednesday January 10th and end February 14th at the Rec Center. **All grades will play individually, not together.**

2<sup>nd</sup>-3<sup>rd</sup> grade girls. **SPOTS ARE LIMITED!** Register Online Oct. -Dec. 4<sup>th</sup> (or until full). Play will begin on Wednesday January 4<sup>th</sup> and end February 14th at the Rec Center. **Both 2<sup>nd</sup> and 3<sup>rd</sup> grade girls will be combined.**

Cost for Expanded Jr. Jazz is \$45.00. All games will be played on Wednesdays at the Rec. Center. A jersey can be ordered for \$15 when registering. **All registered expanded Jr. Jazz players should be contacted by a coach prior to games starting on January 10<sup>th</sup>! If not please contact the Rec. Center 435- 657-3240.**

### High School Age Basketball League

#### **REGISTER ONLINE!! SPOTS ARE LIMITED!**

All Boys in 9-12 grades that are not playing for Wasatch High School Basketball can play in this league. Registration is \$65.00, which includes a jersey. **Register online or at the Rec Center Oct. 2nd -Nov. 12<sup>th</sup> (or until full).** Games will start Tuesday, November 28th. All games will be played on Tuesdays at the Rec Center.

## CERAMICS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on November 9th, November 16th, December 7th, December 14th from 4:30-5:15pm. Cost is [\\$11](#) for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) to reserve your spot.

Come out and see the best Rodeo in Utah!  
Ram Wilderness Circuit Finals Rodeo  
Nov. 3rd- 4th

Nov. 3<sup>rd</sup> Start Time 7:30 PM  
Nov. 4<sup>th</sup> Matinee Start Time 1:00 PM  
Nov. 4<sup>th</sup> Evening Start Time 7:30 PM



**\*\*Free Kids Pass (12-Under) with purchase of an adult pass Saturday Matinee Only**

## SKI & SNOWBOARD SCHOOL



**SPACES ARE LIMITED!!!** Ski & Snowboard School will be held at Sundance on Saturday's Jan 6, 13, 20, 27, Feb 3. The bus will leave the Wasatch County Rec. Center Saturdays at 12:30pm sharp! The bus will return by 5:00pm. The cost is \$575.

Rentals for the five weeks are an additional \$150.  
(Helmets are highly recommended, but are not included with the rental.)

**Fitting night is TBD.**

Sundance requires that your child be at least 8 years old for ski lessons and 9 years old for snowboarding lessons. Parks and Rec. is unable to make exceptions to this rule.



**MUST SIGN UP AT THE REC CENTER!  
SIGN UPS OPEN NOVEMBER 14TH AT 10AM!  
SIGN UPS END DEC 3rd or until FULL!  
SPACES ARE LIMITED AND WILL FILL!**

## BALLET BASICS

Join Primary Ballet Academy ([primaryballet.com](http://primaryballet.com)) for a fun introductory ballet class. Kids will learn basic ballet concepts, coordination, rhythm, self-expression, and joy through dance. Sign-up today at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)

**Dates:** November 7th – 28th

**Ages:** 5-11

**Time:** Ages 5-8 Tuesdays 6:00– 7:00pm

Ages 9-11 Tuesdays 7:00– 8:00pm

**Cost:** \$40

HAVE FAMILY VISITING FOR THE HOLIDAYS? ALL NON-RESIDENTS GET IN THE REC. CENTER FOR RESIDENT RATE!



## GYMNASTICS

December 6– 21  
\*3 week session  
All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
Preschool Boys and girls 3-5 years old	Introductory	<b>Wednesday</b> 4:00-4:50pm, 5:00- 5:50pm or <b>Thursday</b> 4:00- 4:50pm, 5:00- 5:50pm <b>COST: \$56</b>
Kindergarten Boys and girls 5-6 years old	Introductory	<b>Wednesday</b> 4:00- 5:00pm, 5:00- 6:00pm <b>Thursday</b> 4:00- 5:00pm, 5:00- 6:00pm <b>COST: \$64</b>

## SPEED & AGILITY CLINIC

Wasatch PT is putting on a speed & agility clinic . The clinic is designed to help young athletes develop the physical skills and athletic abilities they need to succeed in a wide range of sports. We'll focus on improving strength, agility, and speed through a variety of exercises and drills. This clinic will be held at the Wasatch PT Sports Performance facility. Spots are limited, sign up today!

**Ages:** 11-15

**January Class:** Tuesday/ Friday January 5<sup>th</sup>—January 30<sup>th</sup>

**February Class:** Tuesday/ Friday February 6<sup>th</sup>– March 1<sup>st</sup>

**Time:** 4:00-5:00pm

**Cost:** \$95

Location: Wasatch PT Sports Performance facility  
(476 N Main St.)

For additional information and to register go to  
[www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) or by phone at 435-657-3240

## ULTIMATE FRISBEE OPEN FIELD

Come enjoy one of the fastest growing team sports in the country! Ultimate Frisbee is a fun and exciting team sport that provides a positive environment where you can learn and develop new skills and improve your cardio fitness. It combines the athleticism of running and quick changes of direction with the skill of throwing a disc that flies around the field like nothing else. Ultimate is easy to learn, accessible to people of all fitness levels, and has a strong emphasis on sportsmanship and fair play. Everyone 5<sup>th</sup> grade and older is invited to come play, the only cost is the Recreation Center entry fee which is \$3/ youth or \$5/adult.

Grab a few friends and come play ULTIMATE FRISBEE, all skill levels invited, Saturdays from 10am-12pm on Oct 28, Nov 4, 11, 18, Dec 2 and 9.



## GINGERBREAD HOUSE



Come and decorate your own Gingerbread House for the holidays.  
All materials will be provided.

Cost \$20/ House

For ages 7 & up (Younger children may register if parent stays to assist child)

Space is limited

**Saturday December 9th**

**10:30am-12:00pm**

## BOONE BROTHERS FOOTBALL CAMP

Heber Valley resident and former professional football player Aaron Boone and his brothers, Jesse, Jason and Jonathan Boone are putting on a Football Camp for 4th- 7th graders.

Wasatch Recreation Center Saturday Nov 11, 2023

9am - 2pm \$29 to register

Non-contact camp, no helmets or pads needed

Learn more about the Boone Brothers Non-profit Foundation at <https://boonebrothersfoundation.com/>

## STINGERS CLUB VOLLEYBALL

Volleyball will begin on January 4 and run through March 7, 2024. The Stingers program is for all 6<sup>th</sup> – 8<sup>th</sup> graders who are interested in developing their volleyball skills and also playing competitively in matches and tournaments. Practice days and times are subject to change but are currently set for Tuesdays and Thursdays from 4:00 – 5:30 pm. Players will be divided into grades, depending on the number of registration then divided into teams within their grade.

**The cost is \$260 which includes:**

*90 min practice sessions 2 days per week January 4 – March 7*

*Intra/inter Squad Scrimmages, (when friendly head to head matches can be arranged)*

*Tournament participation fees for to 2 tournaments*

*AAU club fees and individual player fees*



For Uniforms this year we will be using the same Jersey as last year. If your child needs a Jersey the cost will be an additional \$20. Jersey orders will be taken during the registration process, so please order at that time. Spunks or shorts will be up to you to get on your own. Space is limited for the Stingers Club program due to court space, coaching staff, and team placement, so register early!

Parents we are always in need for coaches, if you feel like you could help out please contact Steve at the Rec Center.

### TRACK COACH

Wasatch County Parks and Recreation is looking for a new track coach for next years track club. If interested please contact Taylor for more information at 435-657-3240.

### HEBER VALLEY 7TH ANNUAL COMMUNITY CLOTHING & TOY EXCHANGE

WHO: EVERYONE

WHERE: WASATCH COUNTY REC. CENTER 345 W 600 S #500, HEBER CITY, UT

WHEN: DECEMBER 1ST 10-6 DROP OFF YOUR GENTLY USED CLOTHING (ALL SIZES) & TOYS

PLEASE JOIN US DECEMBER 2ND 10-5 FOR THE EXCHANGE

FOR MORE INFORMATION PLEASE CONTACT SARIAH 435-714-2792 OR MICHAELA 660-868-1338