



# RECREATION CONNECTION

**Wasatch Recreation Center**  
**345 West 600 South, Heber**  
**(435) 657-3240**  
**www.wasatchparksandrec.com**

**Hours:**  
**Monday through Friday 5:30 a.m.—8:00 p.m.**  
**Saturday: 7:00 a.m.– 5:00 p.m.**  
**CLOSED Sunday**

**September 2023**

## FALL SOCCER 2023

**Fall Soccer registration** will be May 22-Aug 20. The cost is \$45 and is open to all children ages 3 -12 years old. Registration may not be available after August 20 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee. Please register your child according to their grade as of Fall 2023.

**Requests** (read carefully!) Requests will be taken for siblings in all age groups, and for children in Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child NOTE: the requested player must also request to be with your child. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after Aug 20.

**Registration includes:** 2 player clinics (dates TBD) and 8 League games.

**Games:** Fall soccer games will be played on Tuesdays and Saturdays, Sept 9 – Oct 3. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (U6 game times are slightly different, with 45 min between games) Game locations will be determined after registration closes.

**Uniform:** Reversible soccer shirts are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

**Volunteer Coaches** are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment. During the registration process, please mark "yes" to the question "would you like to coach?" if you are interested in coaching your child's team.

**Soccer Referees:** Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended. To be a referee or for any additional information, call Kylee at 435-657-3240.

## FLAG FOOTBALL

For youth in grades 2-6 for the 2023/2024 school year. This league will give participants an exciting opportunity to play 7 on 7, non-contact flag football. Register June 1st – August 27th at the Rec Center or Online. League starts on September 9<sup>th</sup> and will run through October 3<sup>rd</sup>. Games will be played on Tuesday evenings at 5 or 6 pm and Saturday mornings at 9 or 10 am. Registration cost is \$45. Players will wear the reversible black or gold jersey that is also used for soccer. Volunteer coaches are always needed and appreciated. Jerseys are sold at the Rec. Center for \$15.00.



## SPEED & AGILITY CLINIC

Wasatch PT is putting on a speed & agility clinic . The clinic is designed to help young athletes develop the physical skills and athletic abilities they need to succeed in a wide range of sports. We'll focus on improving strength, agility, and speed through a variety of exercises and drills. This clinic will be held at the Wasatch PT Sports Performance facility. Spots are limited, sign up today!

**Ages:** 11-15

**October Class:** Tuesday/ Friday October 3<sup>rd</sup> – October 27<sup>th</sup>

**November Class:** Tuesday/ Friday November 3<sup>rd</sup>– December 1<sup>st</sup>

**Time:** 4:00-5:00pm

**Cost:** \$95

Location: Wasatch PT Sports Performance facility  
(476 N Main St.)

For additional information and to register go to [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) or by phone at 435-657-3240

## GAME ON! SPORTS 4 GIRLS

Join Game On! Sports 4 Girls for the Fall session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every 1-3 weeks. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play – no sandals, bare feet or boots allowed.

**Schedule:** Wednesdays October 4– November 15  
(No class October 18)

**Time:** 4:00– 5:00pm at the Rec. Center

**Cost:** \$72

For girls in K– 4<sup>th</sup> grade

### **TRACK COACH:** Wasatch County Parks and

Recreation is looking for a new track coach for next years track club. If interested please contact Taylor for more information at 435-657-3240.

## WHS GIRLS BASKETBALL FALL CLINIC

Clinic is designed to elevate all athletes' basketball skills, regardless of starting point. Our clinic includes **Guards/Post skill development**, dribbling skills, shooting skills, passing skills, defensive skills, agilities, and lots of fun!

Sign up at [www.myschoolfees.com](http://www.myschoolfees.com). Camp is held at Rocky Middle School Gyms.

Questions contact Coach Hull  
435-654-0640 ext. 3753

**K- 3<sup>rd</sup> Grade- (Boys may attend this session) Cost: \$80**

Monday & Thursday Times: 4:00- 5:00pm

Saturday Time: 9:00- 10:00am

September 11<sup>th</sup>, 14<sup>th</sup>, 16<sup>th</sup>, 18<sup>th</sup>, 21<sup>st</sup>, & 23<sup>rd</sup>

**4<sup>th</sup>- 8<sup>th</sup> Grade- Cost: \$120**

Monday & Thursday Times: 5:15- 6:45pm

Saturday Time: 10:15- 11:45am

September 11<sup>th</sup>, 14<sup>th</sup>, 16<sup>th</sup>, 18<sup>th</sup>, 21<sup>st</sup>, & 23<sup>rd</sup>

## GYMNASTICS

October Session: September 27– October 26

\*No class October 18 & 19

All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
Preschool Boys and girls 3-5 years old	Introductory	<b>Wednesday</b> 4:00-4:50pm, 5:00– 5:50pm or <b>Thursday</b> 4:00– 4:50pm, 5:00– 5:50pm <b>COST: \$75</b>
Kindergarten Boys and girls 5-6 years old	Introductory	<b>Wednesday</b> 4:00– 5:00pm, 5:00– 6:00pm <b>Thursday</b> 4:00– 5:00pm, 5:00– 6:00pm <b>COST: \$85</b>

## BOONE BROTHERS SKILL BUILDING FOOTBALL CAMP

Heber Valley resident and former professional football player Aaron Boone and his brothers, Jesse, Jason and Jonathan Boone are putting on a Football Camp for 4th, 5th and 6th graders.

Wasatch Recreation Center Saturday Nov 11, 2023  
9am - 2pm \$29 to register  
Non-contact camp, no helmets or pads needed

Learn more about the Boone Brothers Non-profit Foundation at <https://boonebrothersfoundation.com/>

## BALLET BASICS

Join Primary Ballet Academy ([primaryballet.com](http://primaryballet.com)) for a fun introductory ballet class. Kids will learn basic ballet concepts, coordination, rhythm, self-expression, and joy through dance. Sign-up today at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)

**Dates:** November 7th – 28th

**Ages:** 5-11

**Time:** Ages 5-8 Tuesdays 6:00– 7:00pm

Ages 9-11 Tuesdays 7:00– 8:00pm

**Cost:** \$40

## ART CLASSES

**Elementary:** This class is taught by Bailey Tillotson with [theartroom.co](http://theartroom.co). In the October Session we will be unleashing our creative side with some fall themed art pieces using water color and acrylic paint. Projects will include a Fall Landscape, Scarecrow, Spooky Pumpkin and Favorite Halloween Costume. The Camp will be held on Tuesdays at the Rec Center.

**Advanced:** This is a 6 week drawing class that will meet once a week for 1.5 hours and each student will receive a drawing pad and pencils + have more individual attention from the instructor Bailey Tillotson to work on their skills. We will go over all the need to know techniques. This class is perfect for anyone that loves to draw and wants to become better.

**Days and Times:** Tuesdays 10/3– 11/14

**Cost:**

Elementary: \$70

Elementary: 4:00– 5:00pm

Advanced: \$300

Advanced: 5:00– 6:30pm

## PARENT WORKSHOPS

Guiding Good Choices Parent Workshops are for parents or caregivers with children ages 9-17. Four two hour sessions that will help strengthen family bonds, manage family conflict, develop clear family guidelines and expectations for behavior, and promote health and wellbeing. For more information contact Audra Rhodes at [arhodes@timpv.com](mailto:arhodes@timpv.com). Register today at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)

When: Wednesdays 10/25– 11/15

Time: 6:30– 8:30pm

Cost: \$10

## FUTSAL

A fun indoor 5 vs 5 play beginning November 2nd. Games day options are: Thursday or Friday evenings beginning at 5pm, or Saturday mornings beginning at 9am. Each age group will be given one of the day options above to play, with teams playing one or two games per day. For youth in 1st– 8th grade. **Registration cost is \$45.** Players will wear the reversible black or gold jersey that is also used for soccer. **Registration will be from August 21st– October 22nd.** Register at the Rec. Center or online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com)

## CRAFT NIGHT

Come join us for craft night at the Rec Center where we will be celebrating the fall season by painting fall themed pieces. In October we will draw and watercolor a Sun Flower (\$30), and in November we will watercolor a beautiful + simple fall landscape (\$30). When: October 17<sup>th</sup>, 2023 and November 14<sup>th</sup>, 2023 from 7:00– 9:00pm at the Wasatch Co. Rec Center in the East Classroom. Register online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) or by phone at 435-657-3240. Sign up today!

### October Class:

We will be painting a beautiful Sun Flower. This is perfect for anyone wanting to dip their toe into watercolor. I'll be there to teach you from start to finish and will even have an outline for those that don't love drawing. Taught by Bailey Tillotson with [theartroom.co](http://theartroom.co)

Price: \$30

Date/ Time: October 17<sup>th</sup>, 7:00-9:00 PM

### November Class:

We will be painting this Beautiful+ Simple fall landscape. All skill levels are welcome. Come with your girlfriends or for a fun date night. This 2hour workshop will be taught by Bailey Tillotson with [theartroom.co](http://theartroom.co)

Price: \$30

Date/ Time: November 14<sup>th</sup>, 7:00-9:00 PM

Registration: 8/31/ 2023- 11/03/2023

Ages: 16+

## HUNTER SAFETY

A Hunter Safety class will be offered on Mondays starting, November 6 and run through December 18 2023 from 6 – 8 pm. Class will be held at the Wasatch Co. Rec Center. East Class Room. Shoot day will be Saturday December 16. Please keep these days open.

To register for the class you must:

**1st** - You must register at the Rec Center for the Hunter Safety Class Cost is (\$25).

**2nd** - You will need to Register on line at Utah division of wildlife Recourses, Hunter Safety course in person class, [Wasatch Rec Center with Ed Mason](http://Wasatch Rec Center with Ed Mason), you will need class number and customer ID number from your Voucher to register for the class on line at the DWR web site.

**3rd** –You Must purchase a Hunter Education Voucher from Sportsman Ware house or Timberline or a licensed agent or online at [wildlifeutah.gov](http://wildlifeutah.gov) (\$10). We prefer you do not buy on line.

## CERAMICS PAINTING

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on September 14th, October 19th, from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) to reserve your spot.