



# Recreation Connection

**Wasatch Recreation Center**

**345 West 600 South, Heber**

**435-657-3240**

**www.wasatchparksandrec.com**

**Hours:**

**Mon -Thurs 5:30 am— 10:00 pm**

**Friday—5:30 am—8:00pm**

**Saturday 7:00 am—8:00 pm**

**Closed Sunday**

## January 2024

### E-NEWSLETTER

No more digging through your students backpack. Get your issue of the Recreation Connection as soon as it is available. Parks & Recreation has made the newsletter available in multiple digital locations. Just email: [kgeary@wasatch.utah.gov](mailto:kgeary@wasatch.utah.gov) and put e-newsletter in the subject line to be added to our mailing list and you will receive the next issue of the Recreation Connection directly to your email.

Parks and Recreation would like to give a special thank you to all those who have volunteered their time to our programs. Without you, our programs aren't possible!

## BOYS LACROSSE CLINIC

Come learn the skills and drills of Lacrosse

Session runs Mondays and Wednesdays February 26 & 27 March 4 & 6 2024.

Clinics are for Boys 1<sup>st</sup> - 4<sup>th</sup> grade, and Boys 5<sup>th</sup> - 8<sup>th</sup> grade.

Girls 5<sup>th</sup> - 8<sup>th</sup> grade 3:30 Pm to 4:30 Pm.

Girls K - 4<sup>th</sup> grade 4:30 Pm to 5:30 Pm.

Some equipment will be provided, but please bring your own stick and Helmet if you have them

Cost for Clinic is \$40. (Clinic will be held at the Rec Center).

## GIRLS LACROSSE CLINIC

Come learn the skills and drills of Lacrosse

Session runs Tuesday and Thursday February 6 & 8 February 13 & 15 2024.

Clinics are for Girls K - 4<sup>th</sup> grade, and Girls 5<sup>th</sup> - 8<sup>th</sup> grade.

Girls 5<sup>th</sup> - 8<sup>th</sup> grade 4:00 Pm to 5:00 Pm.

Girls K - 4<sup>th</sup> grade 5:00 Pm to 6:00 Pm.

Some equipment will be provided, but please bring your own stick and goggles if you have them

Cost for Clinic is \$40. (Clinic will be held at the Rec Center).

## ART CLASS

We have planned engaging projects that will introduce your children to a variety of art mediums, including watercolor, acrylics, crayons, and markers. These projects are specifically designed for children aged 5-12 years old. I will be present throughout the class to assist them with step-by-step guidance. Taught by Bailey Tillotson with Kreative Haven.

**Feb Class:** Tuesdays from 4-5pm

Dates: 2/6, 2/13, 2/20, 2/27

Price:\$70

**March Class:** Tuesdays from 4- 5pm

Dates: 3/5/, 3/12, 3/19, 3/26

Price: \$70

## Wasatch Recreation Center Reservation Policy

Facility reservations (other than the party room or classrooms) may be made up to 7 days in advance by Wasatch County residents, 5 days in advance for non-residents, and a minimum of 2 hours prior to desired usage. Reservations being made seven days in advance will only be taken after 8am. Cancellations must be made 24 hours prior to reservation time in order to obtain a refund or credit. For memberships, reservations, and daily fee purposes, a resident is defined as someone who lives or owns property within the boundaries of Wasatch County and can verify the address (including zip code) of the home or property. All others are considered non-residents.

## PRINCESS TEA PARTY

Calling all Princesses ages 3-10! You are cordially invited to attend our Annual Princess Tea Party! Come enjoy music, dancing, storytelling, crafts and treats with Miss Wasatch County, Miss Heber Valley and their royalty.

The party will be held Saturday, February 10th from 10:00-11:30 am or 12:30-2:00 pm. This event will take place at the Wasatch Recreation Center.

Register online for \$15 per child.

Wear your favorite princess gown and join us for a magical experience.

## GAME ON! SPORTS 4 GIRLS

Join Game On! Sports 4 Girls for the Spring session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every 1-3 weeks. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play - no sandals, bare feet or boots allowed.

**Schedule:** Wednesdays March 6- April 3

**Time:** 5:00- 6:00pm at the Rec. Center

**Cost:** \$72

For girls in K- 4rth grade



**SKIJORING UTAH**  
FEBRUARY 16-17, 2024  
GET YOUR TICKETS NOW!

Purchase Tickets at: [www.wasatchcountyevents.com](http://www.wasatchcountyevents.com)

# SPRING SOCCER

**Spring Soccer registration** will be February 1– March 24. The cost is \$45 and is open to all children ages 3 - 12 years old. Registration may not be available after March 24 if teams are full, so sign-up early! If late registration is available, there is an additional \$5 late fee.

**Requests** (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 24.

**Games:** Spring Soccer games will be played on Tuesdays and Saturdays, April 20 –May 14. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and U6 games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child's coach will call with information regarding the team and game time. If you haven't heard from a coach by April 19 call 657-3240 for the information.

**Uniform:** Reversible soccer shirts and shin guards are available to purchase at The Rec Center for \$15. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

**Volunteer Coaches** are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

**Soccer Referees:** Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

## HUNTER SAFETY

A Hunter Safety class will be offered on Mondays starting, February 12 and run through March 25 from 6 – 8 pm. Class will be held at the Wasatch Co. Rec Center. East Class Room. Shoot day will be Saturday March 23. Please keep these days open. Cost \$25.

1<sup>st</sup> - You will need to Register on line at Utah division of wildlife Recourses, Hunter Safety course in person class, Wasatch Rec Center with Ed Mason.

2<sup>nd</sup> –You Must purchase a Hunter Education Voucher from Sportsman Ware house or Timberline or a licensed agent or online at [wildlifeutah.gov](http://wildlifeutah.gov) (\$10).

3<sup>rd</sup> - You must then register through the Wasatch Rec Center for the Hunter Safety Class  
Cost is \$25.

## SPEED & AGILITY CLINIC

Wasatch PT is putting on a speed & agility clinic . The clinic is designed to help young athletes develop the physical skills and athletic abilities they need to succeed in a wide range of sports. We'll focus on improving strength, agility, and speed through a variety of exercises and drills. This clinic will be held at the Wasatch PT Sports Performance facility. Spots are limited, sign up today!

**Ages:** 11-15

**February Class:** Tuesday/ Friday February 6<sup>th</sup>– March 1<sup>st</sup>

**Time:** 4:00-5:00pm

**Cost:** \$95

Location: Wasatch PT Sports Performance facility  
(476 N Main St.)

For additional information and to register go to [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) or by phone at 435-657-3240

## GYMNASTICS

February 1-22  
**\*4 Weeks Thursdays Only**

Age	Level	Days, Times & Cost
Preschool Boys and girls 3-5 years old	Introductory	<b>Thursday</b> 4:00–4:50pm, 5:00–5:50pm <b>COST: \$75</b>
Kindergarten Boys and girls 5-6 years old	Introductory	<b>Thursday</b> 4:00–5:00pm, 5:00–6:00pm <b>COST: \$85</b>



Jordan World Circus will be at the Wasatch County Event Complex in Heber City, Utah Jan. 31<sup>st</sup> and Feb. 1<sup>st</sup> at 6:30 pm  
Purchase tickets online at [jordanworldcircus.com](http://jordanworldcircus.com) or at the gate!

## CERAMICS PAINTING CLASS

The Rec Center is offering ceramics painting classes for ages 5 and older. Classes are offered on January 18, February 22 from 4:30-5:15pm. Cost is \$11 for the class and includes all materials for your project. These classes will fill quickly so call 435-657-3240 to get registered or register online at [www.wasatchparksandrec.com](http://www.wasatchparksandrec.com) to reserve your spot.

## TRACK COACH

Wasatch County Parks and Recreation is looking for a new track coach for next years track club. If interested please contact Taylor for more information at 435-657-3240.