# Recreation Connection

March 2026

**Wasatch Recreation Center**
**345 West 600 South, Heber**
**435-657-3240**
**Mon –Thurs 5:30 am— 10:00 pm**
**Friday—5:30 am—8:00pm**
**Saturday 7:00 am—8:00 pm**
**Closed Sunday**

**www.wasatchparksandrec.com**

## Spring Soccer

**Spring Soccer registration** will be January 12– March 22. The cost is $48 and is open to all children ages 3 -12 years old. Registration may not be available after March 22 if teams are full, so sign-up early! If late registration is available, there is an additional $5 late fee.

**Requests** (read carefully!) Requests will be taken for siblings in all age groups, and for children in the Tiny Tots, 5 & 6 yr old, and boys and girls 1st & 2nd grade divisions according to these stipulations; you may make ONE request per child (multiple requests will result in NONE of the requests being honored)—NOTE: the requested player must also request to be with your child or the request will not be honored. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated and no requests will be taken after March 22.

**Games:** Spring Soccer games will be played on Tuesdays and Saturdays, April 11 –May 5. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (Tiny Tots and 5 & 6 yr old games are Tuesdays at 5:00, 5:45 or 6:30pm and Saturdays at 9:00, 9:45 or 10:30am) Your child's coach will call with information regarding the team and game time. If you haven't heard from a coach by April 10 call 435-657-3240 for the information.

**Uniform:** Reversible soccer shirts and shin guards are available to purchase at The Rec Center. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

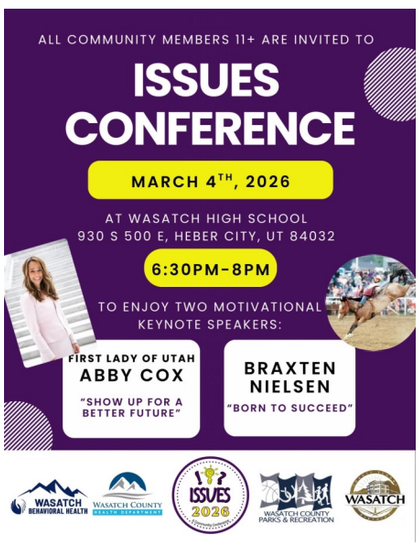
**Volunteer Coaches** are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment.

**Soccer Referees:** Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended.

## Dance for Athletes

Dance for Athletes is a great team bonding experience with emphasis on improving important skills that will enhance every athlete's performance! This class will focus on improving footwork, balance, and flexibility, increase endurance, muscle memory, and coordination. Join us for a fun combination of dance technique conditioning while learning beginning-intermediate hip hop combos that will help athletes improve in their primary sport while building discipline and confidence. Classes will be held at Intensity dance Team Studios, 155 N Main St. Heber City UT.

| | | | |
|---|---|---|---|
| Dates: | April 13- May 6 | Dates: | April 13- May 6 |
| Days: | Monday's from 6 -7:00pm | Days: | Wednesday's from 7-8:00pm |
| Cost: | $45.00 | Cost: | $45.00 |
| Ages: | 5-7 yrs. Old | Ages: | 8-12 yrs. Old |




## Youth Baseball & Softball

****Spots are limited in every division**

**Youth Boys Baseball: Registration starts February 2nd!!**
Wasatch County Youth Baseball is for all boys, pre-school - 9th Grade in the ***2025 – 2026 school year***.

| Division | Grade | Fee | Play Days | | Skills Evaluation Night |
|---|---|---|---|---|---|
| T-Ball (boys & girls) | 4yrs & K | 48.00 | M & W | June 1– 24 | Contacted by coach prior to 1st game |
| Coach Pitch | 1, 2, 3 | 48.00 | M & W | June 1- 24 | Contacted by coach prior to 1st game |
| AA | 3, 4 | 68.00 | M & W | April 27 - Mid June | **Wed. April 15 5:00pm Vets West** |
| AAA | 5, 6 | 68.00 | T & TH | April 28 - Mid June | **Thur. April 16 5:00pm Vets West** |
| MAJORS | 7, 8, 9 | 68.00 | T & TH | April 29 - Mid June | **Fri. April 17 5:00pm Vets West** |

**Registration Deadline: T-Ball & Coach Pitch May 3rd**
**Registration Deadline: AA, AAA, Majors is April 12th**

Everyone does skills evaluation for AA, AAA, Majors, even if you played last year! Boys in "Majors" cannot be affiliated on a High School Team. Skills evaluation nights are held at the Vets West at 600 South 600 West, Heber. Participants must be registered through Parks and Rec to attend skills evaluation night. If you have a 3rd grader, he can play either coach pitch or AA. Hats and jerseys will be provided, but participants must provide their own baseball pants if desired. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

**Youth Girls Softball: Registration starts February 2nd!!**
Wasatch County Youth Softball is for all girls, pre-school - 9th Grade in the ***2025 – 2026 school year***.

| Division | Grade | Fee | Play Days | | Skills Evaluation Night |
|---|---|---|---|---|---|
| T-Ball (Boys & Girls) | 4yrs & K | 48.00 | M & W | June 1- 24 | Contacted by coach prior to 1st game |
| Coach Pitch | 1, 2, 3 | 48.00 | T & TH | June 2- 25 | Contacted by coach prior to 1st game |
| Beg. Fast Pitch | 3, 4, 5 | 68.00 | T & TH | April 28- June | **Wed. April 15, 5:00pm Vets West** |
| Fast Pitch | 6, 7, 8, 9 | 68.00 | T & TH | April 29- June | **Thur. April 16, 5:00pm Vets West** |

**Registration Deadline: T-Ball & Coach Pitch May 3rd**
**Registration Deadline: Beginning Fast Pitch & Fast Pitch is April 12th**

Everyone does skills evaluation for Beg. Fast Pitch & Fast Pitch, even if you played last year! Girls in "Fast Pitch" cannot be affiliated on a school team. Skills evaluations are held at the Vets West at 600 South 600 West, Heber. If you have a 3rd grader, she can play either coach pitch or Beg. FP. Participants must be registered through Parks and Rec. to attend skills evaluation night. Hats and jerseys will be provided. Spots are limited in each division so sign up as soon as possible. Times and dates are subject to change due to the number of participants!!!

# GYMNASTICS

March Session: March 5– March 26
*Thursday's only
All classes begin on their respective days in the session

| Age | Level | Days, Times & Cost |
|---|---|---|
| Preschool<br>Boys and girls 3-5 years old | Introductory | **Thursday** 4:00– 4:50pm, 5:00– 5:50pm<br>**COST: $75** |
| Kindergarten<br>Boys and girls 5-6 years old | Introductory | **Thursday** 4:00– 5:00pm, 5:00– 6:00pm<br>**COST: $85** |

# Game On! Sports 4 Girls Camp

At Game On! Sports 4 Girls, girls of all skill levels will learn and play multiple sports daily in an empowering warm, and FUN environment. We will offer campers daily exposure to a wide range of sports including but not limited to lacrosse, field hockey, soccer, volleyball, basketball, softball, tennis, pickleball, and more. Whether you feel your daughter is athletically inclined or not, she will thrive. Through our Healthier4Me program, we integrate discussion and lessons that focus on self-esteem, respect, nutrition, teamwork, leadership, and so much more. Our passion and mission is to ensure every Game On! Sports girl develops a deep sense of what it means to feel empowered, confident, proud, and GIRLSTRONG!

**Ages:** Girls 5– 14
***Camp Dates:***
Session 1: June 8– 12
Session 2: June 15– 19
**Cost:** $325

For additional information and to register go to www.wasatchparksandrec.com or by phone at 435-657-3240! Spots are limited!

# Intro to Sports Camp

Let's be honest, your kids just want to have fun and make friends. Many don't know what sports they enjoy or even know what they are good at! This camp is to give an introduction to multiple sports such as soccer, basketball, handball and flag football. We strive to create an environment where your kids can learn to try and become comfortable at failing, learn skills to make new friends, and find out what really interests them! This is for girls and boys ages 4-10! Camp will be held at the Rec. Center.

**Camp Dates: March 16th, 18th, 23rd, 25th**
Ages 4-5: 5pm-6pm
Ages 6-7: 6pm – 7pm
Ages 8-10: 7pm - 8pm
**Cost:** $60

# Adult Softball

Adult softball signups begin February 2nd and run thru April 12th. Men's league will play Monday nights beginning April 27th, Co-Ed league will play Wednesday nights beginning April 29th. Game times for both leagues will most likely be 6:30, 7:30, 8:30, or 9:30pm, but will depend upon the number of teams that register to play. Register online or at the Rec. Center and must pay the non-refundable entry fee to enter the league. Space is limited in each league.

**Men's League Cost**: $500
**Co-Ed League Cost:** $450

Anyone who is interested in playing but does not have a team call DJ or Kylee at 435-657-3240 and get your name on the "Free Agent" list which will be given to team managers.

# Track Club

Will practice from 4:30-5:30pm starting April 20th. The season ends the middle part of June. Most meets and practices will be Monday's and Wednesday's (subject to change). The first practice will be held at the Rec. Center and a schedule will be handed out then. Transportation is **NOT** provided by the Recreation Department.

**Register online**
www.wasatchparksandrec.com **March 2nd-April 6th or at the Rec. Center** Track club is for 1st-8th grade
Cost $55 (includes team shirt and meet participation fees)

# WHS Girls Basketball Clinic

Wasatch High School Girls Basketball Skills Development Spring Clinic will be held April 13th– 16th. Camp will be held at Rocky Mountain Middle School Gyms. Clinic is designed to elevate all athletes' basketball skills, regardless of starting point. Our clinic includes Guards/Post skill development, dribbling skills, shooting skills, passing skills, defensive skills, agilities, and lots of fun! **To register scan the QR code!**

**Grades** K– 3rd 4:00– 5:00pm (open to boys)
**Grades** 4th– 8th 5:15– 6:45pm
**Grades** 9th - 12th 7:00– 8:30pm

**Cost:** 4th- 12th $ 75
K– 3rd $ 50

# Miss Wasatch County & Miss Heber Valley Teen 2026

The Miss Wasatch County Scholarship Organization is excited to continue the Teen title program! We are looking for young women age 14-18 (born October 1st, 2008 thru September 1st, 2013) who are interested in becoming Miss Wasatch County's & Miss Heber Valley's Teen, to attend orientation on May 5th at 7pm at the Wasatch County Recreation Center. Our competition will be held June 13th, 2026. Miss Wasatch County's & Miss Heber Valley's Teen will represent our great & growing community throughout their year of service by advocating their Community Service Initiative, fulfilling the role of spokesperson, being a role model to everyone around them & enriching Wasatch County. They will also compete for Miss Utah's Teen next March 2027. Contestants will be trained in public speaking, interview skills, modeling & poise with a strong emphasis on personal & professional growth. Training is provided by experienced specialists who have successfully coached the past 5 titleholders to achieve Top 15 & Top 5 placements at the Miss Utah Competition. This elite mentorship will equip you with the confidence, polish & skills necessary to excel in high-level competitive & professional environments. Scholarships are awarded to Miss Wasatch County's & Miss Heber Valley's Teen & their attendants with other scholarship opportunities to all contestants.

Apply online at wasatchcounty.activityreg.com. There is a non-refundable $50 registration fee, which covers the national Miss America registration fee. If registration meets capacity, priority will be given to those girls who are closer to maximum age for the program. Must live in or attend school in Wasatch County. Please attend our orientation meeting on Tuesday, May 5th at 7:00pm for information about workshop schedules, requirements, & how to prepare for the competition. Parents are requested to attend & bring an interested friend! Please direct all questions to the program directors Aja Phillips or Giuliana Willis at: misswasatchcounty@gmail.com

# Miss Wasatch County & Miss Heber Valley 2026

The Miss Wasatch County Scholarship Organization is looking for young women ages 18-28, (born October 1st, 1998 thru September 1st, 2009) who are interested in becoming the next Miss Wasatch County & Miss Heber Valley, to attend Orientation on May 5th at 7pm, at the Wasatch County Recreation Center. The competition will be held June 13th 2026. Miss Wasatch County & Miss Heber Valley both represent our great & growing community throughout their year of service by advocating their Community Service Initiative, fulfilling the role of spokesperson, being role models to everyone around them & enriching Wasatch County. They will also compete for the Miss Utah title next June 2027. Contestants will be trained in public speaking, interview skills, modeling & poise with a strong emphasis on personal & professional growth. Training is provided by experienced specialists who have successfully coached the past 5 titleholders to achieve Top 15 & Top 5 placements at the Miss Utah Competition. This elite mentorship will equip you with the confidence, polish & skills necessary to excel in high-level competitive & professional environments. Scholarships are awarded to Miss Wasatch County, Miss Heber Valley, & their royalty to any school of their choice, with other scholarship opportunities to all.

Register online at wasatchcounty.activityreg.com There is a NON-Refundable $50 registration fee, which covers the National Miss America registration fee. Interested Contestants must live in or attend school in Wasatch County. Please attend our orientation meeting on Tuesday, May 5th at 7:00pm for information about workshop schedules, requirements, & how to prepare for the competition. Parents are welcome to attend & bring an interested friend! Please direct all questions to the program directors Aja Phillips or Giuliana Willis at: misswasatchcounty@gmail.com