Recreation Connection

September 2026

www.wasatchparksandrec.com

Wasatch Recreation Center
345 West 600 South, Heber
435-657-3240

Summer Hours:
Monday- Friday 5:30 a.m.—8:00 p.m.
Saturday 7:00 a.m.—5:00 p.m.
CLOSED SUNDAYS

Fall Soccer 2026

Fall Soccer registration will be May 11-Aug 16. The cost is $48 and is open to all children ages 3 -12 years old. Registration may not be available after August 16 if teams are full, so sign-up early! If late registration is available, there is an additional $5 late fee. Please register your child according to their grade as of Fall 2026.

Requests (read carefully!) Requests will be taken for siblings in all age groups, and for children in Tiny Tots, U6, and U8 divisions according to these stipulations: For Tiny Tots, U6, and U8, you may make ONE request per child NOTE: the requested player must also request to be with your child. The request must be for a child and not a coach. Please realize we cannot guarantee that all requests can be accommodated, and no requests will be taken after Aug 17.

Registration includes: 8 League games.

Games: Fall soccer games will be played on Tuesdays and Saturdays, Sept 12 – Oct 6. Game times are 5 or 6 pm on Tuesdays, and 9 or 10 am on Saturdays. (U6 game times are slightly different, with 45 min between games) Game locations will be determined after registration closes.

Uniform: Reversible soccer shirts are available to purchase at The Rec Center. The only uniform requirement is that players wear shin guards during the games and a black or yellow shirt depending on the schedule. Cleats are not required.

Volunteer Coaches are needed to make this program a success. The registration fee will be reimbursed at the end of the season for all coaches who return their equipment. During the registration process, please mark "yes" to the question "would you like to coach?" if you are interested in coaching your child's team.

Soccer Referees: Sign up at the Rec Center to be a soccer referee. Referee certification or previous competitive soccer play is highly recommended. To be a referee or for any additional information, call Maclee at 435-657-3240.

Flag Football

For youth in grades 2-6. This league will give participants an exciting opportunity to play 7 on 7, non-contact flag football. Register June 1st – August 30th at the Rec Center or Online. League starts on September 12th and will run through October 6th. Games will be played on Tuesday evenings at 5 or 6 pm and Saturday mornings at 9 or 10 am. Registration cost is $48. Players will wear the reversible black or gold jersey that is also used for soccer. Volunteer coaches are always needed and appreciated.

Game ON! Sports 4 Girls

Join Game On! Sports 4 Girls for the Fall session of our trademark Multi-Sport Class!

A great way to expose and introduce your daughter to team sports! Explore and learn a different sport every week. We may cover basketball, soccer, tennis, softball, lacrosse, volleyball, and more in a FUN, nurturing and positive environment! From our years dedicated to working with girls, we have the unique games and expertise to help each of your daughters to grow a person and an athlete. As always, attention to teamwork, sportsmanship, self-esteem, respect, giving, and goal setting are incorporated into our program as well. Please come dressed ready to play – no sandals, bare feet or boots allowed.

Schedule: Wednesdays October 7– November 11
(No class October 14)
Time: 4:00– 5:00pm OR 5:00-6:00pm
at the Rec. Center
Cost: $84
For girls in K– 4th grade

Deer Creek Girls Basketball Fall Clinic

Clinic is designed to elevate all athletes' basketball skills, regardless of starting point. Our clinic includes **Guards/Post skill development,** dribbling skills, shooting skills, passing skills, defensive skills, agilities, and lots of fun! Camp is held at Deer Creek High School.

K- 3rd Grade- (Boys may attend this session) Cost: $35
Friday times: 4:00- 5:30pm
Saturday time: 9:00- 10:30am
October 2nd and 3rd

4th- 8th Grade- Boys may attend this session) Cost: $50
Friday time: 6:00– 8:00pm
Saturday time: 11:00am– 1:00pm
October 2nd and 3rd

Pickleball Camp

Whether you're brand new to pickleball or have played a little before, this camp is a great way to improve your game. Campers will learn the fundamentals of pickleball through drills, games, and plenty of match play with others their age.

Mondays and Wednesdays starting October 19th through October 28th. 5pm-6pm at the rec center.

Open to **ages 9–14**. Please bring a paddle if you have one; paddles will be available for those who need one. Camp will be held at the Recreation Center.

These camps fill quickly every year. If the session reaches capacity and a waitlist forms, we will do our best to open an additional session.

October 19, 21, 26, 28

5:00-6:00 — 9-10 yr olds

6:00-7:00 — 11-12 yr olds

7:00-8:00 — 13-14 yr olds

Princess Party

You're Invited to a Royal Princess Party!

Calling all princesses ages **3–10**! Join us for a magical morning or afternoon filled with **crafts, games, storytime, enchantment, and royal fun**. Be sure to wear your **most fabulous princess dress** as you step into an unforgettable fairy tale experience!

Date: Saturday, September 12

Choose Your Royal Party Time:

- **Party One:** 10:00–11:30 AM (Class size 30)
- **Party Two:** 12:30–2:00 PM (Class size 30)

Location: Wasatch County Rec Center

$15 per princess. Registration is required. Reserve your princess's spot today at **MissWasatchCounty.org**. Space is limited, so don't wait!

We can't wait to welcome you for an enchanting day fit for royalty!

Futsal

A fun indoor 4 vs 4 beginning November 4th Games will be Wednesday, Thursday, and possibly Friday depending on the amount of players we have registered, and games will begin at 5PM. For youth in the 1st-8th grade. Registration cost is $48. Players will wear reversible black or gold jersey that is also used for soccer. Registration will be from August 24th - October 26th . Register at the Rec. Center or at www.wasatchparksandrec.com

Ceramics Painting

The Rec Center is offering ceramics painting class for ages 5 and older. Class is offered on September 22nd, October 20th, October 27th, November 10th, November 17th, December 8th, December 15th from 4:30-5:15pm. Cost is $11 for the class and includes all materials for your project.

Intro to Sports Camp

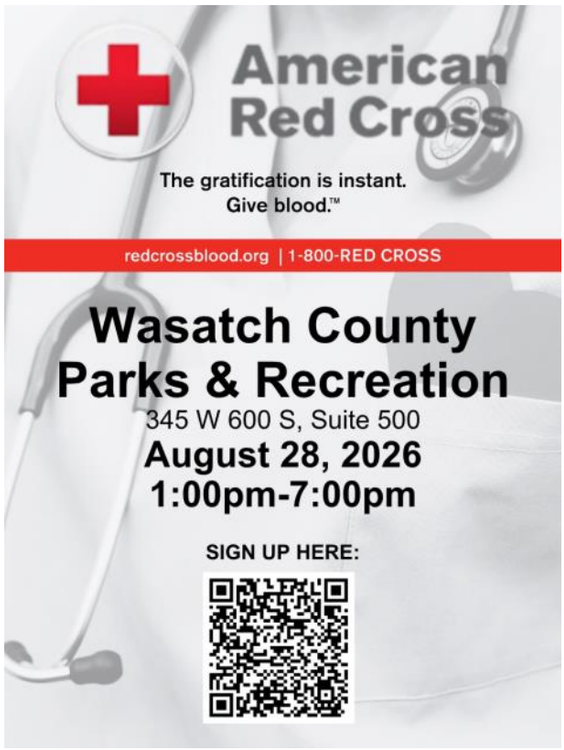
This camp introduces kids to a variety of sports, including **soccer, volleyball, kickball, and flag football**. Throughout the week, participants will learn basic skills, play games, and get a chance to try each sport in a fun, low-pressure environment.

The **4–5-year-old group** will focus primarily on active play. Their games and activities will loosely resemble each sport while emphasizing movement, coordination, following directions, and playing with other kids rather than learning the rules of the game.

This camp is a great opportunity for kids to stay active, try new sports, and discover what they enjoy. Open to **ages 4–10**. Camp will be held at the Recreation Center.

November 2, 4, 9, 11

5:00-6:00 — 4-5 yr olds

6:00-7:00 — 6-7 yr olds

7:00-8:00 — 8-10 yr olds