May 2026 Recreation Connection

www.wasatchparksandrec.com

Wasatch Recreation Center
345 West 600 South, Heber
435-657-3240

Summer hours:

Monday – Friday	5:30am- 8:00pm
Saturday	7:00am- 5:00pm
Closed Sunday	

Basketball Camp

This camp will be put on by Hayden Peterson based out of Kamas UT. We focus on basketball fundamentals and development of individual skills while also incorporating games and competitions for fun! Camp will be held at Rec. Center.

Schedule (July 6,7,8)

K– 3rd Grade	9:00 am-	10:00 am	$60
4th– 8th Grade	10:15 am-	11:15 am	$60

Soccer Camp

This soccer camp is meant for all levels of play and is going to focus on helping your child have fun! Coached and led by experienced soccer players that have played from high school to college. Camp will be held at Rec. Center.

Camp Dates: June 1st – June 4th

Ages 5-6: 9:00am-9:45am	$60
Ages 7-8: 10:00am-10:50am	$60
Ages 9-11: 11:00am-12:00pm	$60

Mini Cheer Clinic

Join Miss Wasatch County in cheering for heart health!

This fun clinic will start with a warmup, teach a short cheer and dance routine, ending with a performance for all parents—perfect for all skill levels! All proceeds benefit the American Heart Association's Go Red for Women movement and Miss America's Scholarship Foundation.

Drew Russell, Miss Wasatch County 2025, is a 4th-year member and Captain of the University of Utah Spirit Team. She grew up dancing competitively in all styles at Utah Arts Collective in Heber before trying out for the Utah Spirit Team to continue performing and inspiring others through movement. Drew is honored to use her platform and passion to support causes that empower women and strengthen communities.

DATE: Saturday, May 9th 2026
LOCATION: Wasatch County Rec Center
COST: $27
MAX: 30 participants in each class
AGES & TIMES: 7-10 yrs old (10:00am-11:30am), 11-14 yrs old (11:30am-1:00pm)

Youth Baseball & Softball

We are still taking registration for our T-ball & Coach Pitch programs Please register your child in their current grade.
Registration deadline for these divisions is May 3rd.

Spots are limited!!

Baseball:

T-ball: (co-ed) Ages 4yrs.—Kindergarten play Mon & Wed. June 1-24 COST:$48

Coach Pitch (boys) grades 1,2,3 play Mon. & Wed. June 1-24 COST:$48

Softball:

Coach Pitch (girls) grades 1,2,3 play Tues & Thurs. June 2-25 COST: $48

Register online or at the Rec. Center

Summer Chess Camp

PowerChess Camp is designed to be engaging and interactive, featuring hands-on learning, multimedia presentations, group instruction, and in-class tournament. Registration opens March 18th. Register online today at www.wasatchparksandrec.com

PowerUp Intro:

Dates: June 15th-18th

Ages: 6-13

Time: 9AM - 12PM

Cost: $205

PowerChess Tournament/Mini Master:

Dates: June 15th-18th

Ages: 6-13

Time: 1PM - 4PM

Cost: $205

Art Class

This art class guides kids through the exciting process of creating their own acrylic painting on stretched canvas. Students learn foundational techniques such as brush control, blending, layering, and creating texture while developing essential artistic skills like color mixing, composition, and creative expression. The class focuses on building confidence, strengthening technique, and helping each child bring their unique vision to life in a fun and supportive environment.

Dates: May 23rd, May 30th, June 6th, June 13th
Time: 9:00-11:30 AM
Price: $65.00
Ages: 6-12

Game On! Sports 4 Girls Camp

At Game On! Sports 4 Girls, girls of all skill levels will learn and play multiple sports daily in an empowering warm, and FUN environment. We will offer campers daily exposure to a wide range of sports including but not limited to lacrosse, field hockey, soccer, volleyball, basketball, softball, tennis, pickleball, and more. Whether you feel your daughter is athletically inclined or not, she will thrive. Through our Healthier4Me program, we integrate discussion and lessons that focus on self-esteem, respect, nutrition, teamwork, leadership, and so much more. Our passion and mission is to ensure every Game On! Sports girl develops a deep sense of what it means to feel empowered, confident, proud, and GIRLSTRONG!

Ages: Girls 5– 14
Camp Dates:
Session 1: June 8– 12
Session 2: June 15– 19
Cost: $325

For additional information and to register go to www.wasatchparksandrec.com or by phone at 435-657-3240! Spots are limited!

Ballet Camp

Join Primary Ballet Academy for ballerina summer camps! Kids will learn basic ballet concepts, coordination, rhythm, self-expression, and joy through dance. Camps will also include fun dance games and crafts. Camps held at Rec. Center. Spots are limited, register today at www.wasatchparksandrec.com!

Dates:

Session 1: June 1 and June 3
Session 2: June 29 and July 1

Time:

3-4 yr olds:	9:15-10:00am
5-6 yr olds:	10:00-11:30am
7-8 yr olds:	10:00-11:30am

Cost:

3-4 yr olds:	$25
5-6 yr olds:	$35
7-8 yr olds:	$35

GYMNASTICS

May Session: May 7– May 28
*Thursday's only
All classes begin on their respective days in the session

Age	Level	Days, Times & Cost
Preschool Boys and girls 3-5 years	Introductory	**Thursday** 4:00– 4:50pm, 5:00– 5:50pm **COST: $75**
Kindergarten Boys and girls 5-6 years	Introductory	**Thursday** 4:00– 5:00pm, 5:00– 6:00pm **COST: $85**

Challenger Sports Soccer camp

Challenger Sports Foundational Skills Soccer Camp -
Bringing International Coaches To Your Field!

Coached by our team of international and US-based staff, our week-long half day and full day soccer camps improve your child's soccer skills whilst providing a unique cultural experience.
Formerly known as International Soccer Camps, and rooted in British training methodology, these camps introduce our international training tactics to campers across the U.S and Canada. Our curriculum and coaching foundation meets engaging delivery for an all-around positive experience.
Camps are designed for all ages and ability levels, from beginner to advanced players- we use age appropriate practices to help players develop at their own pace, learn brand new skills and become an all-round better player… while having an amazing time with our international coaching staff!
Includes an educational approach that uses soccer to teach the core values of responsibility, integrity. respect, sportsmanship and leadership.

Camp Dates: June 22nd– June 26th
Ages:

	3-5 year old:	8:00- 8:45am
Half Day AM	5-12 year old:	9:00am- 12:00pm
Half Day PM (Mon-Thurs only)	5-12 year old:	1:00pm– 3:00pm

Cost:

	3-5 year old:	$145
Half Day AM	5-12 year old:	$240
Half Day PM (Mon-Thurs only)	5-12 year old:	$170

Camp will be held at Veterans Memorial Park Soccer Fields: 528 S 300 W Heber City, UT 84032

Speed & Agility Clinic

Speed & Agility Clinic Wasatch PT is putting on a speed & agility clinic. The clinic is designed to help young athletes develop the physical skills and athletic abilities they need to succeed in a wide range of sports. We'll focus on improving strength, agility, and speed through a variety of exercises and drills. This clinic will be held at the Wasatch PT Sports Performance facility. Spots are limited, sign up today!

Ages:11-15

Tuesday/Thursday June 2nd – July 30th

Time: 10am-11am **Price:** $200

Science Camp

It's time to BLAST OFF with Mr. Welling, the Wasatch High school physics teacher. Every day the kids will be building and launching off different types of rockets. Rocket science has never been so much fun. This program allows young minds to be rocket engineers and expand their creativity in a fun and safe environment. **please bring a 2-liter bottle for a Rocket you will be building**

Dates/ Times:
June 23rd– 25th 10:00-11:30AM OR 1:00-2:30PM
June 29th– July 1st 10:00-10:30AM OR 1:00-2:30PM

Ages: 7-14
Cost: $36

Birdhouse Painting

Come enjoy a fun hands-on activity for the afternoon and paint premade birdhouses! For kids 5 -14 years old, younger kids welcome if accompanied by an adult. Cost: $10 which includes all supplies necessary. Thursday July 9th at 3:00-4:00pm at the Rec. Center

Guitar Class

This is a beginning guitar class to learn basic chords and finger placement. Taught by Russ Lee of "Lee Music". Ages 8 & older. Bring your own guitar. The cost will be $60. Held June 8 – 11, Monday - Thursday from 1:00 pm -1:45 at the Rec Center classrooms. Bring your own guitar.

Mini Cheer

Registration for Mini Cheer is open April 20– June 14!! Open to everyone in grades 1st– 6th **(register for the grade you will be in next school year 2026/2027).** Do you want to cheer in this years Fair Days and Swiss Days Parade? Join our program today! Girls will practice twice a week throughout the summer learning cheers to perform in our local parades. Registration includes t-shirt, pom-poms, and hair bow. Participants are responsible for getting their own black shorts or spanx.

Program Dates: June 16– September 5.

Cost: $90.00

Spots are limited! Sign-up today at www.wasatchparskandrec.com.

Volleyball Clinic

The Wasatch Rec Center is offering a Volleyball Clinic for players in 3rd-8th grade. The clinic will be conducted By Sydney Holmes and Stacy Wade. The 4-day clinic will be held at the Wasatch Rec Center June 15 – June 18 Monday – Thursday. Time – 3rd – 5th grade 8:30 – 9:30 am, 6th – 8th grade 9:45 – 11:00 Cost for the Clinic $60. Players will develop all aspects of their volleyball skills to prepare them for playing at all levels.

Youth PickleBall Camp

Calling any youth to come play pickleball! Come learn basics and get plenty of time playing matches with new friends your age! For youth ages 7- 14. Please bring a paddle if you have one, if not one will be provided for you. Camp will be held at the Rec Center. Sign up today!

Camp Dates:
Session 1: June 8th -11th
Session 2: June 22nd -25th

Ages 7-8: 9am-10am
Ages 9-11: 10am - 11am
Ages 12-14: 11am - 12pm
Cost: $65

Intro to Sports

Let's be honest, your kids just want to have fun and make friends. Many don't know what sports they enjoy or even know what they are good at! This camp is to give an introduction to multiple sports. We strive to create an environment where your kids can learn to try and become comfortable at failing, learn skills to make new friends, and find out what really interests them! This is for girls and boys ages 4-10! Camp will be held at the Rec. Center.
Camp Dates: June 15th – 18th
Ages 4-5: 9am-10am
Ages 6-7: 10am – 11am
Ages 8-10: 11am - 12pm
Cost: $60