

WASATCH COUNTY PARKS AND RECREATION TRACK AND FIELD CLUB 2026

UPDATED: 5/20/2026



Welcome to Wasatch Track Club! We are looking forward to a great season filled with fun times as we learn the fundamentals of Track & Field; enjoy participating in track meets, and getting to know each other. Wasatch Track will introduce participants to all events throughout the course of the season. The goal is to introduce the kids to as many events as possible so they can learn where their interests are. Also please remember to act responsibly as you are representing yourself, your family, & your community.



DATE	TIME	LOCATION	EVENT
April 20 th Monday	4:30- 5:30 PM	Rec Center	Practice 1
April 22 nd Wednesday	4:30- 5:30 PM	Rec Center	Practice 2
April 27 th Monday	4:30- 5:30 PM	Vet's East Park	Practice 3
April 29 th Wednesday	4:30- 5:30 PM	Vet's East Park	Practice 4
May 4 th Monday	4:30- 5:30 PM	Vet's East Park	Practice 5
May 6 th Wednesday	4:30- 5:30 PM	Vet's East Park	Practice 6
May 11 th Monday	4:30- 5:30 PM	Vet's East Park	Practice 7
May 13 th Wednesday	4:30- 5:30 PM	Vet's East Park	Practice 8
May 18th Monday	5:00 PM Field Events start 5:30 PM Running Events Start	Wasatch High School, 200 E. 600 S. Heber City	MEET
May 20 th Wednesday	4:30- 5:30 PM	Vet's East Park	Practice 9
May 28th Thursday	5:00 PM Field Events start 5:30 PM Running Events Start	Orem High School, 175 S. 400 E, Orem	MEET
June 1 st Monday	4:30- 5:30 PM	Vet's East Park	Practice 10
June 3rd Wednesday	5:00 PM Field Events start 5:30 PM Running Events Start	Provo High School 1199 Lakeshore Dr, Provo	FINAL MEET
June 11 th Thursday	10:00 AM	Vet's East Park	Awards/ Treats Day!

Transportation is **NOT** provided. Each Participant is responsible to get to meets and practices on their own. Please drop off and pick your child up ON TIME. When track practice ends, the coaches will be leaving so there will be nobody there with your child. Make sure that your child is prepared for the weather as track practices and meets are held in all kinds of weather. Please send jackets, warm clothes, sun block, etc. Finally, make sure that your child has snacks and plenty of water at track meets and a full water bottle at every practice.
Contact Information: DJ at Parks and Recreation (435) 657-3240

WASATCH COUNTY PARKS AND RECREATION TRACK AND FIELD CLUB 2026



Transportation is **NOT** provided. Each Participant is responsible to get to meets and practices on their own. Please drop off and pick your child up **ON TIME**. When track practice ends, the coaches will be leaving so there will be nobody there with your child. Make sure that your child is prepared for the weather as track practices and meets are held in all kinds of weather. Please send jackets, warm clothes, sun block, etc. Finally, make sure that your child has snacks and plenty of water at track meets and a full water bottle at every practice.
Contact Information: DJ at Parks and Recreation (435) 657-3240