



## Wasatch County Parks and Recreation

### Track and Field Club 2024: **UPDATED 5/22/2024**



Welcome to Wasatch Track Club! We are looking forward to a great season filled with fun times as we learn the fundamentals of Track & Field; enjoy participating in track meets, and getting to know each other. Wasatch Track will introduce participants to all events throughout the course of the season. The goal is to introduce the kids to as many events as possible so they can learn where their interests are. Also please remember to act responsibly as you are representing yourself, your family, & your community.

DATE	TIME	LOCATION	EVENT
April 22 <sup>nd</sup> Monday	4:30- 5:30 PM	Rec Center	Practice
April 24 <sup>th</sup> Wednesday	4:30- 5:30 PM	Rec Center	Practice
<b>April 29<sup>th</sup> Monday</b>	<b>4:30- 5:30 PM</b>	<b>High School Track</b>	(Optional Practice) Little Buzzers Fundraiser \$10 First Participant \$5 Each Additional Participant
May 1 <sup>st</sup> Wednesday	4:30- 5:30 PM	High School Track	Practice
May 6 <sup>th</sup> Monday	4:30- 5:30 PM	High School Track	Practice
May 8 <sup>th</sup> Wednesday	4:30- 5:30 PM	Rec Center	Practice
May 13 <sup>th</sup> Monday	4:30-5:30 PM	Rec Center	Practice
May 15 <sup>th</sup> Wednesday	4:30- 5:30 PM	High School Track	Practice
<b>May 20<sup>th</sup> Monday</b>	5:00 PM Field Events 5:30 PM Running Events	<b>Wasatch High School, 200 E. 600 S.</b>	<b>MEET</b>
May 22 <sup>nd</sup> Wednesday	4:30- 5:30 PM	Rec Center	Practice
<b>May 29<sup>th</sup> Wednesday</b>	5:00 PM Field Events 5:30 PM Running Events	<b>Mountain View High School 665 Center St., Orem</b>	<b>MEET</b>
<b>June 3<sup>rd</sup> Monday</b>	5:00 PM Field Events 5:30 PM Running Events	<b>Provo High School 1199 Lakeshore Dr, Provo</b>	<b>FINAL MEET</b>
June 12 <sup>th</sup> Wednesday	10:00 AM	Rec Center	Awards/ Treats Day!

Transportation is **NOT** provided. Each Participant is responsible to get to meets and practices on their own. Please drop off and pick your child up ON TIME. When track practice ends, the coaches will be leaving so there will be nobody there with your child. Make sure that your child is prepared for the weather as track practices and meets are held in all kinds of weather. Please send jackets, warm clothes, sun block, etc. Finally, make sure that your child has snacks and plenty of water at track meets and a full water bottle at every practice. **Contact Information:** DJ at Parks and Recreation (435) 657-3240