

EHS - NCDHHS - Environmental Health

FDPD - NCDA&CS Food & Drug Protection Division regulates products with <2% Meat

MPID - NCDA&CS Meat & Poultry Inspection Division regulates products with >2% Meat

	Food Item	Agency		Justification
		EHS	NCDA&CS	
Bakery Products				
1	Apple dumplings, Apple fries		X	FDPD Bakery Regulations, Bakery/Confectionery Items
2	Baked fruit		X	
3	Cheesecake		X	
4	Displayed bakery goods (focaccia or bread in sleeve)		X	
5	Fruit pies with cut fruit baked inside		X	
6	Pancakes/Crepes/Waffles w/ or w/o commercially prepared (canned or frozen) fruit filling or topping		X	
7	Quiche (sold in whole form)	X	X	EHS – Retail with >2% meat or in permitted food est. FDPD – Wholesale & Retail w/ <2% meat MPID - Wholesale
8	*TCS Filled Crepes	X	X	EHS - Retail/Prepared for immediate consumption FDPD - Wholesale MPID - Wholesale
9	*TCS Filled Pies	X	X	
Confectionary Products				
10	Fried butter/candy/cake		X	FDPD Bakery Regulations Bakery/Confectionery Items
11	Intact fruit with chocolate		X	
12	Ice cream or frozen yogurt, w/ or w/o fresh cut fruit	X	X	EHS - In permitted food establishment
13	Milkshakes, Banana splits	X	X	FDPD - non-permitted food est.
Beverages				
14	Coconut water/Lemonade/Limeade/Orangeade		X	G.S. 130A-250(8) Beverage Exemption
15	Non-TCS* beverage in single service container		X	
16	Snow cones/Shaved ice		X	G.S. 130A-250(11)
17	Pressed apple juice	X		G.S. 130A-247(4) Required by G.S. Single Service Containers (Unpackaged)
18	*TCS beverages made from raw fruits and vegetables	X		
19	Wheatgrass or sugar cane juice	X		
Other				
20	Avocado bites / Roasted corn	X		Heat-Treated Plant Food
21	Bacon, battered deep fried or chocolate covered	X		EHS - Retail/Prepared for Immediate Consumption
22	Boiled peanuts	X	X	EHS - In permitted food establishment FDPD - non-permitted food est.
23	Hoop cheese	X	X	
24	Fried pickles	X	X	
25	Nacho cheese and chili dispensers	X	X	EHS - Dispenser w/ reusable components FDPD/MPID - Commercially packaged
26	Pork skins	X	X	EHS – Pork skin meat/FDPD – Pellets/MPID – If sold at secondary location
27	Roasted nuts		X	FDPD - non-permitted food est.
28	Smoothie bowls made w/ or topped w/ fresh fruit (including sliced berries) or fruit that was prepared, frozen, and then blended into smoothie bowl. End product may or may not be TCS.*	X		**RTE portioned fruit

Food Item		Agency		Justification
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Other Cont.				
29	Bowl of commercially frozen fruit pieces that is thawed and cut up/prepped prior to service.	X		**RTE portioned fruit
30	Bowl of commercially frozen fruit pieces that is thawed and served with no further prep aside from portioning into a bowl. Whole, washed/unwashed, berries.		X	
31	Smoothie bowls made w/non-TCS, * commercially frozen, whole/chunk/pureed fruit that yields a non-TCS* product and is/is not topped with non-TCS* foods that require no prep except for dispensing (i.e. granola, honey, whipped cream).		X	G.S. 130A-250(8) Beverage Exemption
32	All **RTE cut fruit Unless on top of a frozen dessert, inside of a non-TCS* beverage, used on the top or perimeter of a cake, placed on top of a tart, or baked inside of a pie.	X		**RTE portioned fruit
33	*TCS fruit (whole, half or quarter) and cut bananas		X	FDPD - Requires additional processing by consumer prior to consumption

*TCS: Time/temperature control for safety

**RTE: Ready-to-eat

Revised: December 2020